



GENERAL SOP FOR RECOVERY MOVEMENT CONTROL ORDER (RMCO)

EFFECTIVE DATE: 29 APRIL 2021

Unofficial Translation



Effective Period

24 hours

Permitted Hours for Activities

According to the relevant sector's SOP

Movement of Residents

With Conditions

Permitted Activities

- All sectors and activities except those on the List of Prohibited Activities (Negative List).

Unauthorized Activities

- List of Prohibited Activities (Negative List).
- Movement to MCO, CMCO & EMCO areas except to obtain medical treatment, emergency and funeral matters with the permission of the RMP.

Standing Orders

- Regulation 17 P.U. (A) 98/2021
- Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021
- Subject to conditions issued by the NSC and MOH
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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Areas Involved	PERLIS, PERAK, MALACCA, PAHANG, TERENGGANU, F.T. PUTRAJAYA, F.T. LABUAN, NEGERI SEMBILAN (EXCEPT FOR THE SEREMBAN DISTRICT) AND KEDAH (EXCEPT FOR THE KUALA MUDA DISTRICT)
Effective Period	29 April 2021 (from 12:01 am) until 17 May 2021 (11:59 pm)
Movement Control	<ul style="list-style-type: none"> Movement within RMCO areas is ALLOWED. Movement to other CMCO areas, Movement Control Order (MCO), Conditional Movement Control Order (CMCO) and Enhanced Movement Control Order (EMCO) areas are NOT ALLOWED except with PERMISSION from the RMP. The number of passengers in private vehicles is in accordance with the vehicle's capacity. However, high risk individuals and children are not encouraged to go out to public, open and congested areas. The number of people permitted in vehicles transporting essential goods and services and the economic / industrial supply chain is dependent on the commercial vehicle registration license. The movement of private, Government department or private company vehicles for the purpose of traveling to and from work or to conduct official government business is dependent on the seating capacity of the vehicle. Activities and services at all airports and ports are ALLOWED to operate. Public transportation services such as bus stops, express buses, LRT/MRT/ERL/monorail, ferries, airplanes, taxi / e-hailing services and other public transportation are ALLOWED to operate (operational hours in accordance with license terms) based on the capacity of the vehicle. Permission for inter-state movement is allowed for long-distance married couples with the permission of PDRM.



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Movement Control for Bubbles	<ul style="list-style-type: none"> • Inter-state tourist bubble activities between RMCO states is ALLOWED using tourism packages from valid tourist companies licensed and registered with the Ministry of Tourism, Arts and Culture (MOTAC) except for the state of Sabah. • Personal movement is NOT ALLOWED. • Movement is only by tourist vehicles registered with MOTAC. • Tourist agency companies must obtain permission from PDRM for inter-state travel. • Movement must be directly to the RMCO state and stopping at any CMCO state is NOT ALLOWED. • Movement from CMCO to RMCO is NOT ALLOWED.



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Activities in RMCO areas	<ul style="list-style-type: none"> Business / economic / industrial activities are ALLOWED to operate as determined by the Government. Supermarkets, shopping malls and retail stores are ALLOWED to operate according to the prescribed SOPs and timing according to the license / permit approved by the Ministry / Agency / Local Authority. Restaurants, shops / dining outlets, food trucks, roadside hawkers, mobile hawkers, food court / hawker centres, roadside stalls / kiosks, grocery and convenience stores are ALLOWED to operate in accordance with the timing of the license / permit approved by the Ministry / Agency / Local Authority with compliance to the Food Sector SOP. Restaurants, shops / food stalls, food trucks, roadside hawkers, street hawkers, food courts / hawker centers, roadside food stalls / kiosks and fast food outlets as well food delivery services that provide sahur meals are allowed to continue operations until 6.00 am during the month of Ramadan only. Restaurants and eateries are ALLOWED to operate on a <i>dine-in</i> basis (WITH DISTANCING OF 1 METER BETWEEN CUSTOMERS in accordance with table size), take-away, delivery or drive-through with compliance to the Food Sector SOP (Premised Businesses, Non-Premised Hawkers, Indoor Markets and Retail / Convenience Stores). Operational hours are subject to the license terms. Day markets, wholesale markets, wet markets, night markets and Late Night Markets (uptown, downtown and the like) are in accordance with the usual operational hours (subject to the Local Authority) with compliance to the SOP and the new norm practices. Ramadan Bazaars are ALLOWED to operate between 3:00 pm until 8:00pm with compliance to SOPs and supervision by the authorities as well as RELA / Local Authority personnel. Aidilfitri Bazaars are ALLOWED to operate between 10:00 am until 12.00 midnight with compliance to the Ramadan Bazaar and Aidilfitri Bazaar SOP. Petrol station operating hours are in accordance with the license / permit approved by the Ministry / Agency / Local Authority. Laundry services are ALLOWED in accordance with the license / permit approved by the Ministry / Agency / Local Authority. Spa, reflexology, massage, wellness including pedicure and manicure services are ALLOWED from 6:00am to 12.00 midnight or in accordance with Local Authority license terms, whichever is earlier. Other business operations for daily needs are ALLOWED with the timing according to the license / permit



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Medical / Health Services	<ul style="list-style-type: none"> Government and private clinics and hospitals as well as medical laboratories are ALLOWED to operate for 24 hours or in accordance with the operational license permission. Pharmacies and drug stores can operate according to the timing stipulated in the license terms.
Health Protocols	<ul style="list-style-type: none"> The license holder and premise owner to ensure the movement of customers in and out of the premises is with 1 meter physical distancing. Hand sanitizer must be provided at entrances and to ensure it is used before entry. It is mandatory for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration log book. Use of the MySejahtera application is mandatory in areas with extensive internet access. Exemption is allowed for areas that do not have internet access, specifically villages and rural areas. The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and contact number if there is no internet It is mandatory for customers / visitors to check-in with MySejahtera or to write their name and telephone number manually and legibly before entering the premises. For shopping centers / hypermarkets / departmental stores, customers need to have their body temperature screened only once at the entrance to the complex and not at every business premise within the same complex. Those with a body temperature above 37.5 degree Celsius are NOT ALLOWED to enter the premises. Owners of the complex and external complex premises need to ensure that only customers with a "Low Risk" status in MySejahtera are allowed into their respective complex / premises.



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Health Protocols	<ul style="list-style-type: none"> The license holder and premise owner to limit the number of customers in the premises with a 1 meter radius physical distancing at any given time and to display the maximum number of customers within the premises. Each premise needs to display the total number of customer entry limits at any one time. Use of a queue system should be encouraged for customers entering premises. Employees, suppliers and customers are required to wear face masks correctly in accordance with MOH recommendations while on the premises. Ensure good ventilation system in the premises. Mandatory wearing of face masks especially while in congested public areas EXCEPT for the following activities and areas: <ol style="list-style-type: none"> Own residence involving members of the same household; Privately Paid Hotel Room / Accommodation involving members of the same household; Individual workspace; Indoor and Outdoor sports & recreational activities; Own vehicles involving members of the same household; Indoor / outdoor areas and public places without any other individuals; and While eating and drinking in public without any other individuals.
Employment Activity	<ul style="list-style-type: none"> Movement in and out of RMCO areas to MCO and CMCO areas is ALLOWED. Employee movement is subject to an employee confirmation letter / an employee pass or an operations approval letter / business license from the Local Authority (for the self-employed). Movement in and out of RMCO areas into EMCO areas IS NOT ALLOWED.



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Sports and Recreational Activities	<ul style="list-style-type: none"> All individual and team sports and recreational activities for the purposes of health, fitness, training and games / matches are SUBJECT to the Sports and Recreational Sector SOP including the effective movement control order in place and permission from the relevant Authoritative Body. The hosting of tournaments / competitions at the state / district / community level WITH permission from the Ministry of Youth and Sports (KBS). The hosting of tournaments / competitions at national level such as the MFL, MHL and STL Leagues while following the Sports Bubble Model WITH permission from KBS. Inter-state movement is subject to permission from PDRM. The hosting of international tournaments / competitions using the Sports Bubble WITH the permission of KBS. The entry of players / participants / officials / technical staff is SUBJECT to the support of KBS and permission from the Immigration Department of Malaysia (JIM). The participation of Malaysian players / participants / officials / technical staff to tournaments / competitions overseas WITH the support of KBS and permission from the Immigration Department of Malaysia (JIM). The attendance of spectators / supporters to the sports and recreation venue is subject to <u>25% capacity of spectators / supporters or 8,000 individuals, whichever is lower.</u> However, the organizer can set the attendance capacity limit of spectators / supporters (not to exceed the prescribed capacity) to take into account the ability to supervise and control. Controlled group activities with supervisory control such as aerobics, zumba, dancing sports, taichi and others with compliance to the Sports and Recreation Sector SOP. Participation is limited to the area capacity with physical distancing or not exceeding 500 individuals (whichever is lower) at any given time. Operations of premises / facilities / sports and recreation facilities is according to the Sports and Recreation Sector SOP.



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Economic and Industrial Sector Activities	<ul style="list-style-type: none"> • Economic and industrial sector activities in RMCO areas can operate as determined by the Government with compliance to prescribed SOPs. • All industrial, business and manufacturing related vehicles are ALLOWED to operate.
Fisheries, Plantation and Agriculture Sectors	<ul style="list-style-type: none"> • The fisheries, plantation, agriculture and livestock and all other sectors related to the food supply chain are ALLOWED to operate.
MICE (Meetings, Incentives, Conventions and Exhibitions)	<ul style="list-style-type: none"> • All Seminars / workshops / courses / training / conferences / lectures / meetings / exhibitions and related activities as well as Meeting, Incentives, Conventions and Exhibitions (MICE) are ALLOWED to operate in accordance with the premise area while practicing physical distancing, mandatory wearing of face masks and based on the RMCO MICE SOP. • Incoming Business Travelers for business purposes / events from countries permitted by the Government must use the available MIDA One Stop Center (OSC) platform with compliance to the entry terms as prescribed by the Government.



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Tourism and Cultural Activities	<p>The following domestic activities are allowed to be held with compliance to physical distancing, mandatory wearing of face masks and based on the relevant SOPs:</p> <ul style="list-style-type: none"> Public tourist attractions such as zoos, farms, aquariums, edutainment centers, recreational parks, extreme / adventure / nature parks and others; Arts, culture and heritage premises such as museums, libraries, art galleries, cultural heritage villages / centers, cultural performance stages and others; Theme parks and family entertainment centers. <p>Other tourist and cultural activities OTHER THAN those listed under the Negative List are subject to the available Cultural and Tourism SOPs which is currently in force.</p>
Religious Activities	<ul style="list-style-type: none"> Activities in the mosques and <i>suraus</i> are ALLOWED in accordance with the Mosque & <i>Surau</i> SOP and as determined by the State Religious Authority. Activities in non-Muslim houses of worship are ALLOWED in accordance with the Social Sector SOP – Non-Muslim Houses of Worship.



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ACTIVITY AND PROTOCOL

ACTIVITY	BRIEF DESCRIPTION
Education	<ul style="list-style-type: none"> Schools, Public and Private Institutes of Higher Learning (HEI), Vocational Institutes, <i>tahfiz</i> centers, and other educational institutions can open. All educational institutes and private education institutions registered with the Ministry of Education (MOE) can operate according to the decision and announcements by MOE from time to time. Other institutions are encouraged to begin operations based on announcements by MOE. Students and candidates sitting for the 2020 and 2021 <i>Sijil Pelajaran Malaysia</i> (SPM), <i>Sijil Tinggi Pelajaran Malaysia</i> (STPM), <i>Sijil Vokasional Malaysia</i> (SVM), <i>Sijil Tinggi Agama Malaysia</i> (STAM), <i>Sijil Kemahiran Malaysia</i> (SKM), <i>Diploma Vokasional Malaysia</i> (DVM), Admission to Special Schools for Form 1 and Form 4 Examinations and equivalent international examinations are allowed to attend school across MCO or CMCO or RMCO areas in accordance with the school calendar as set by the Malaysian Ministry of Education (MOE) with confirmation documents from MOE. The movement of lecturers/teachers/instructors for the purpose of Lecturing and Teaching classes involved in examinations are allowed with confirmation from MOE and MOHE. Movement for the admission of students to dormitories set by MOH and MOHE are allowed with confirmation from MOH and MOHE. Students must obtain a movement permission letter to cross states or districts to return to campus from the relevant HEI. Tuition classes, music classes, dance classes, arts, recitation classes, language classes and the like are allowed to operate.



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ACTIVITY AND PROTOCOL

ACTIVITY

BRIEF DESCRIPTION

Creative Industries

- The Creative Industry sector and its activities are **ALLOWED** in accordance with the Creative Industry Sector SOP.
- All types of live events / shows / performances including official Government programs / music / dance / theater / arts / musical arts / comedy / culture and heritage performances / live streaming is **ALLOWED WITH SPECTATORS** in accordance with the premise space with compliance to physical distancing.
- The hosting of live events is allowed in locations and event spaces such as convention centers, exhibition galleries, trade centers, arts premises and other licensed MICE premises, including multi-purpose halls, community halls, places of worship and other relevant locations.
- Performances at hotel lounges are **ALLOWED WITH SPECTATORS** in accordance with the premise space with compliance to physical distancing
- The total number of management, artists and crew is at normal capacity.
- Creative Content Development activity including music production, animation and filming, drama and documentary filming conducted within and outside studios are **ALLOWED**.
- Busking activity within building premises such as cafeterias, food courts, restaurants and shopping malls is **ALLOWED**.
- Cinema and drive through cinema activity is **ALLOWED** in RMCO areas.



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ACTIVITY	BRIEF DESCRIPTION
Day Care Centres, <i>Tabikas</i> , Kindergartens and Nurseries	<ul style="list-style-type: none"> • Day care centres, <i>tabikas</i>, kindergartens and nurseries are allowed to operate with permission to operate by the relevant Ministry / Agency. • Parents / guardians sending their children to day care centres are allowed to use vehicles with a number of child passengers according to the capacity of the vehicle. • Day care centres for People with Disabilities, Senior Citizens, Women and Multipurpose Care Centres are allowed to operate during the CMCO period.
Meetings	<ul style="list-style-type: none"> • Face-to-face meetings for Government agencies and the private sector at the office, hotels, convention centers and the like are ALLOWED with compliance to social distancing and mandatory face masks.
Mass Ceremonies	<ul style="list-style-type: none"> • Government and Private Official and Non-Official Events, Social Events such as ceremonies, <i>akad nikah</i> ceremonies, weddings and engagements, receptions, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, anniversaries, birthday celebrations, reunions, retreats and other social gatherings are ALLOWED in accordance with the GENERAL SOP FOR GOVERNMENT AND PRIVATE SECTOR EVENTS and the GENERAL SOP FOR SOCIAL EVENTS.
Other Permitted Activities	Other activities not listed in the List of Prohibited Activities (Negative List) are ALLOWED based on existing SOPs which have been prescribed.



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LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)	
Entertainment Activities	<ul style="list-style-type: none"> Activities in nightclubs or pubs.
Sports and Recreational Activities	<ul style="list-style-type: none"> The hosting of tournaments / competitions at the community / district / state / national / international level WITHOUT the permission of the Ministry of Youth and Sports. The participation of Malaysian players / participants / officials / technical staff to tournaments / competitions overseas WITHOUT the support of KBS and permission from the Immigration Department of Malaysia (JIM). The entry of foreign players / officials / technical staff into Malaysia for the purposes of hosting a sports and recreational tournament / competition WITHOUT the support of KBS and permission from the Immigration Department of Malaysia (JIM). The attendance of spectators / supports to a sports and recreation venue EXCEEDING the permitted capacity WITHOUT supervisory control. Mass activities which would make physical distancing difficult such as fun runs, fun rides, marathons, triathlons and the like.
Tourism Activities	<ul style="list-style-type: none"> Tourism activities to MCO, CMCO and EMCO areas. International travel by citizens and domestic tourism involving foreign tourists entering Malaysia except for foreign tourists as declared by the Minister with compliance to entry conditions as determined by the Government.
Entry of Foreign Citizens	<ul style="list-style-type: none"> The entry of foreign citizens from any country into Malaysia except after obtaining permission from the Department of Immigration, Malaysia with compliance to the entry conditions as determined by the Government.
Other Activities	<p>Prohibited</p> <ul style="list-style-type: none"> Any activity that can cause many people to attend in one place, making it difficult to conduct physical distancing and comply with orders by the Director-General of Health. Others as decided by the Government from time to time.