

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Effective as of 01st April 2021

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Involved Areas	SARAWAK, KEDAH (KUALA MUDA AREA), KELANTAN, PENANG, SELANGOR, WP KUALA LUMPUR, NEGERI SEMBILAN (SEREMBAN AREA) AND JOHOR. * For Sarawak, please refer to Sarawak State CMCO SOP
Enforcement Period	1 ^o April 2021 (from 12.01am) to 14 ^o April 2021 (11.59pm) * For Sarawak from 30 ^o March 2021 (from 12.01 am) to 12 ^o April 2021 (11.59 pm)
Controlled Movement	<ul style="list-style-type: none"> • Movement within CMCO area is ALLOWED, WP Kuala Lumpur and Selangor are considered one zone and cross - movement is allowed. • Movement to other CMCO area, Movement Control Order (MCO) area, Recovery Movement Control Order (RMCO) area and Enhanced Movement Control Order (EMCO) area are NOT ALLOWED except with the permission of PDRM • The number of passengers in a private vehicle is in accordance with the capacity of the vehicle. However, high risk individuals and children are not encouraged to go out to public, open and crowded areas. • The number of people allowed in vehicles carrying essential goods and services as well the chain of economic / industrial activities is dependent on the commercial vehicle registration license. • Movement of private vehicles, Government departments or private companies for the purpose of going to and from workplace or to carry out official government affairs is dependent on the seating capacity of the vehicle. • Activities and services at all airports and ports are ALLOWED to operate. • Public transportation services such as bus stops, express buses, LRT / MRT / ERL / Monorail, ferries, airplanes, taxi / e-hailing and other public transports are ALLOWED to operate (operating hours subject to license terms) based on the vehicle capacity. • Food delivery service is ALLOWED to operate from 6.00 am to 12.00 midnight throughout the period of the Conditional Movement Control Order CMCO. • Approval for long distance interstate travel for husband-wife allowed with permission of PDRM

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97/2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with Conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Activities Within MCO Areas	<ul style="list-style-type: none"> • Business / economy / industry activities are ALLOWED to operate as determined by the Government. • Supermarkets, Shopping Malls and Retail Stores are ALLOWED to operate according to the determined SOP between 6.00am to 12.00 midnight. • Restaurants, shops / food stalls, food trucks, roadside hawkers, circulating hawkers, food courts / hawker centers, roadside stalls / kiosks, grocery stores and convenience stores are ALLOWED to operate between 6.00 am to 12.00 midnight with compliance to the SOP of Food Sector. • Restaurants and eateries are ALLOWED to operate dine-in (WITH 1 METER SOCIAL DISTANCING BETWEEN CUSTOMERS according to the table size), take away, delivery or drive-through with compliance to the Food Sector SOP(Premised Business, Non-Premised Hawkers, Indoor Markets and Retail / Food & Beverage Convenience Stores). Operational hours are allowed from 6.00am to 12.00 midnight (subject to license terms). • Daily markets, wholesale markets, farmers markets, night markets and Late Night Bazaars (uptown, downtown and the like) are in accordance with the starting operational hours set by the license / permit until 12.00 midnight with SOP compliance and supervision by the authorities as well as RELA / Local Governing Authority members. • Ramadan Bazaars are ALLOWED to operate between 3.00pm to 8.00pm with compliance to SOP and supervision of authorities with RELA/PBT members. • Aidilfitri Bazaars are ALLOWED to operate between 10.00am to 12.00pm with compliance to SOPs of Ramadan Bazaars and Aidilfitri Bazaars • Petrol stations operating hours are between 6.00 am to 12.00 midnight (petrol stations on highways are allowed to operate for 24 hours).

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97 /2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97 /2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

Operation hours	24 hours	Allowed Activity Hours	As per rules set in Brief Description	Residents Movement	Permitted with Conditions
ACTIVITIES & PROTOCOLS					
Action		Brief Description			
Activities Within MCO Areas		<ul style="list-style-type: none"> • Laundry services are ALLOWED to between 6.00 am to 12.00 midnight. • SPA, reflexology, massage, wellness including pedicure and manicure services are ALLOWED from 6.00 am to 12.00am midnight or according to the conditions of the local authority license that whichever is earlier. • Operations of other businesses for daily needs are ALLOWED starting from 6.00 am until 12.00 midnight (subject to license terms). 			
Health / Medical Services		<ul style="list-style-type: none"> • Government and private clinics and hospital operating hours are ALLOWED to operate 24 hours or according to the time set by the Government. • Pharmacies and drug stores can operate from 8.00 am to 12.00 midnight. 			

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97 /2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

Operation hours	24 hours	Allowed Activity Hours	As per rules set in Brief Description	Residents Movement		Permitted with Conditions	
ACTIVITIES & PROTOCOLS							
Action		Brief Description					
Healthcare Protocol		<ul style="list-style-type: none"> • The owner of the premises must ensure the control of the entry and exit of the premises with 1-meter physical distancing. • Hand sanitizer is provided at the entrance and ensured to use it before entering. • Licensees and premise owners are required to provide MySejahtera QR code facilities and customer attendance registration book. • The use of MySejahtera application is mandatory in areas with internet access. Exceptions are given for areas that do not have internet access especially in villages and rural areas • The licensees and premise owner must ensure that customers check in the premises using MySejahtera or by writing the name and no. phone manually as well as scan body temperature. • For departmental store supermarket shopping complexes customers only need to run body temperature scans only once at the entrance of the complex and not at every business premises under one complex • Body temperature 37.5 degrees Celsius and above is NOT ALLOWED to enter the premises. • The owners of the premises need to ensure only customers with "Low Risk" status in MySejahtera, are allowed to enter their respective premises. • License holders and premise owners limit the number of customers in the premises with physical distancing of 1 meter radius at any time and display the maximum number of customers allowed in the premises 					

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Effective as of 01st April 2021

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with Conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Health Protocols	<ul style="list-style-type: none"> •Supplier employees and customers are required to wear face masks properly as recommended KKM while on the premises •Ensure good ventilation and ventilation system in the premises •It is mandatory to wear a face mask especially when in a crowded public place EXCEPT for the following activities and places <ol style="list-style-type: none"> a)Own residence and involve household members b)Hotel Room/ Paid Accommodation Alone and involving members of the household c)Solitary work space d)Indoor and outdoor recreational sports activities e)Own vehicle and involve household members f)Indoor and outdoor public areas and areas without any other individuals and g)While eating and drinking in a public place without any other individual

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97 /2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Effective as of 01st April 2021

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97 /2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

Operation hours	24 hours	Allowed Activity Hours	As per rules set in Brief Description	Residents Movement	Permitted with Conditions
------------------------	-----------------	-------------------------------	--	---------------------------	----------------------------------

ACTIVITIES & PROTOCOLS

Action	Brief Description
Work Activities	<ul style="list-style-type: none"> •Movement in and out of PKP PKPB and PKPP areas ALLOWED Movement of worker sis subject to an employee’s pass employer confirmation letter or an operating approval letter /business license from the local authority for the self – employed •Movement to PKPD area is NOT PERMITTED •Attendance capacity of employees for the public service based on the Instruction Circular Public Service Department (While the employee attendance capacity for the private sector is allowed 100 for management and operations support groups •For vehicles carrying workers
Economic and Industrial Sector Activities	<ul style="list-style-type: none"> •The activities of the economic and industrial sectors in the PKPB area are carried out as determined by the Government with compliance with established SOPs •All vehicles related to the business and manufacturing industries are ALLOWED to operate including across regions and states
Activity Sector Fisheries, Plantation and Agriculture	Fisheries, plantations , agriculture, livestock and all related to the food chain sector are ALLOWED to operate.
Religious Activities	<ul style="list-style-type: none"> •Activities at mosques and suraus are PERMITTED with attendance limits set by the State Religious Department. •Activities in non -Muslim houses of worship are PERMITTED with attendance limits set by Ministry of National Unity and Ministry of Federal Territories for houses of worship in Federal Territory

UNOFFICIAL TRANSLATED VERSION BY EUROCHAM MALAYSIA

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Sports Activities and Recreation	<ul style="list-style-type: none"> • All individual and team sports and recreational activities for health, fitness, training purposes and games / matches SUBJECT to Sports and Recreation Sector SOPs as well as control instructions movements in force and the permission of the relevant Authority. • Organizing tournaments / competitions at the state / district / community level WITH permission Ministry of Youth and Sports (KBS). • Organizing tournaments / competitions at the national level such as MFL, STL, MHL and others use the Sports Bubble method with the permission of KBS. Cross -state movement subject to PDRM PERMISSION. • Organizing international level tournaments / competitions using the Bubble method Sports WITH the permission of KBS. Admission of players / participants / officials / technicians is SUBJECT to KBS support and permission from the Malaysian Immigration Department (JIM). • Participation of Malaysian players / participants / officials / technicians to tournaments / competitions abroad WITH the support of KBS and the permission of the Malaysian Immigration Department (JIM). • Attendance of spectators / supporters to sports and recreation venues is subject to 10% capacity spectators / supporters or 2,000 people or whichever is lower. However, the organizer may set a capacity limit of spectator / supporter attendance (not to exceed designated capacity) taking into account supervisory control capabilities. • Supervised and controlled group activities such as aerobics, zumba, taichi and others by complying with the Sports and Recreation Sector SOPs. Participation is LIMITED to 50% of capacity area or not exceeding 250 people only (whichever is lower) at any one time. • Operation of sports and recreational premises / facilities / facilities in accordance with Sports SOPs and Recreation.

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97/2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with Conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Creative Industry	<p>All types of events/ shows/ live performances include official Government programs/ music arts/ dance arts/ theater arts/ musical arts/ comedy/ cultural and heritage performances/ livestreaming ALLOWED WITH AUDIENCE limited to 50% of event space capacity by adhering to physical imprisonment.</p> <ul style="list-style-type: none"> • Restricted to designated locations and to licensed event spaces only such as centers conventions, exhibition galleries, trade centers, art premises and other MICE premises licensed. • Performances in hotel lounges ALLOWED WITH AUDIENCE limited to 50% space capacity events by adhering to physical imprisonment • Total management, artists and crew are limited to 70% of normal capacity. • Creative Content Development activities including music production, animation and filming films, dramas and documentaries made inside and outside the studio are PERMITTED. Although however, television programs made live or recorded inside and out studios ALLOWED WITH AUDIENCE limited to 50% of space capacity with incarceration physical. • 'Busking' activities in the building premises such as cafeterias, food courts, eateries and shopping malls ALLOWED. • Cinema and drive -in cinema activities are PERMITTED in the PKPB area.
Day Care Center, Nursery, KINDERGARTEN, and Tabika	<ul style="list-style-type: none"> • Childcare centers, kindergartens and nurseries are allowed to operate with permission from the relevant Ministries/Agencies. • Parents/guardians who send children to childcare are allowed using a vehicle with the number of child passengers according to the capacity of the vehicle. • Day care centers for the Disabled (OKU), the Elderly, Women and Care Centers Various are allowed to operate during the PKPB period.

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97 /2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Effective as of 01st April 2021

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97/2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

Operation hours	24 hours	Allowed Activity Hours	As per rules set in Brief Description	Residents Movement	Permitted with conditions
ACTIVITIES & PROTOCOLS					
Action	Brief Description				
Education	<ul style="list-style-type: none"> • Schools, Public & Private Institutes of Higher Learning, Skills Training Institutes, Tahfiz centers, private institutions education categories of private kindergartens, schools and centers (such as tuition centers, language centers, skills centers, mind development centers and guidance centers) and institutions other education is PERMITTED in compliance with the Guidelines set by Ministry/Agency respectively. • All educational institutions and private educational institutions registered with the MOE operate based on the results and announcements of the MOE from time to time. Another institution is encouraged to start operations based on MOE announcements. • Students and candidates who sit for the Sijil Pelajaran Malaysia (SPM) Examination in 2020 and 2021, Sijil Tinggi Persekolahan Malaysia (STPM), Sijil Vokasional Malaysia (SVM), Sijil Tinggi Agama Malaysia (STAM), Malaysian Skills Certificate (SKM), Malaysian Vocational Diploma (DVM), Assessment Special School Admission for Form 1 and Form 4 and its international examinations equivalent is allowed to attend school across PKP or PKPB or PKPP areas according to the calendar schooling prescribed by the Ministry of Education Malaysia (MOE) with documents confirmation from MoHE. • Movement of lecturers/teachers/instructors for the purpose of Teaching and Learning classes those involved are allowed with confirmation from MOE and MoHE. • The movement for the admission of students to hostels set by KPM and KPT is allowed with confirmation from MOE and MoHE. • Students in need need to obtain a letter of permission to move across the state to return to campus from the IPT 				

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with Conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
MICE (Meetings, Incentives, Conventions and Exhibitions)	<ul style="list-style-type: none"> • Business events related to meetings, incentives, conventions and exhibitions are allowed to operate at 50% of the capacity of the premises in compliance physical imprisonment, mandatory wearing of face masks and based on CMCO MICE SOP.
Tourism Activities and Culture	<p>The following activities are allowed to operate at 50% of the capacity of the premises in compliance physical imprisonment, mandatory wearing of face masks and based on CMCO SOPs related:-</p> <ul style="list-style-type: none"> • Public tourist attraction products such as zoos, farms, aquariums, edutainment centers, parks recreation, extreme / adventure / nature parks and others; • Premises of art, culture and heritage such as museums, libraries, art galleries, centers /cultural heritage art villages, cultural performance stages and others; • Theme Park and Family Entertainment Center. <p>Other tourism and cultural activities OTHER THAN those under the Negative List are subject to the existing SOP-SOP CMCO Tourism and Culture Sector which is in force.</p>
Meetings	<ul style="list-style-type: none"> • Face -to -face meetings for official business/work held in offices, hotels and other institutions are permitted by complying with physical, compulsory imprisonment wearing face masks and only 50% of meeting room capacity. • Meetings are encouraged to be held in video conferencing.

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97 /2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97/2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- MCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with Conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Seminars / workshops / conferences / exhibitions	<ul style="list-style-type: none"> • All Seminars / Workshops / Courses / Training / Conferences / Talks are allowed to operate at 50% of the capacity of the premises by complying with social distancing, mandatory the wearing of face masks and based on the General SOP of the Implementation of Official Government and Private Councils.
Mass Ceremonies	<ul style="list-style-type: none"> • Official and non-official Ceremonies of Government and Private, Social Ceremonies such as feasts , wedding ceremonies, weddings and engagements, receptions, <i>aqiqah</i> ceremonies, holy ceremony (<i>doa selamat</i>), <i>tahlil</i>, anniversaries, birthday celebrations, reunions, retreats and other social ceremonies are allowed to operate at 50% of the capacity of the premises by complying with social distancing, mandatory wearing of face masks and based on the General SOP of the Implementation of the Social Council.
Other permitted activities	<ul style="list-style-type: none"> • Other activities that are not included in the Negative List are ALLOWED based on the existing SOP that has been set.

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (CMCO)

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Permitted with Conditions

ACTIVITIES & PROTOCOLS

Action

Brief Description

List of Non-Allowable Activities (Negative List)

Entertainment Activities

- Activities at nightclubs or pubs.

Sports and Recreational Activities

- Organization of community/district/state/national/ international level competitions WITHOUT the permission of the Ministry of Youth and Sports (KBS).
- The participation of Malaysian players/participants/officials/technicians in overseas tournaments/competitions WITHOUT KBS support and permission from the Malaysian Immigration Department (JIM).
- Entry of foreign players/participants/officials/technicians to Malaysia for the purpose of organizing sports and recreational tournaments/competitions WITHOUT the support of KBS and the permission of the Malaysian Immigration Department (JIM).
- The presence of spectators/supporters of sports and recreational events EXCEEDING the permitted capacity WITHOUT supervisory control.
- Mass activities involving mass movements and gatherings that complicate physical distancing at a time such as fun run, fun ride, marathon, triathlon and so on.

Tourism Activities

- Tourism activities to outside of the CMCO area as well as in the MCO and EMCO area.
- International tourism activities by citizens and domestic tourism activities involving foreign tourists entering Malaysia except foreign tourists from the countries as determined by the Minister.

Other Activities Not Allowed

- Cross-state movement without permission from PDRM.
- Any activity that can cause many people to be present at one place until implications to social distancing and compliance with the instructions of the Director General of Health.
- Other matters decided by the Government from time to time.

Prohibited Activities

- List of Non-Allowable Activities

Fixed Instructions

- Regulation 18 P.U. (A) 97/2021
- Emergency Ordinance (Prevention and Infectious Disease Control)(Revised) 2021
- Subject to enforcement rules issued by NSC and MOH
- Orders, rules and SOPs under Ministries/ Departments / Agencies
- CMCO SOP for the entire State of Sabah
- Other instructions from time to time issued by DG of Health