

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER (MCO)

UPDATED: 6th MAY 2021

Effective as of 6th of May 2021

Permitted Activities

- Permitted economic sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business and judicial duties

Effective Period

24 hours

Permitted Hours For Activities

As prescribed in the brief descriptions

Residents Movement

Conditional

ACTIVITIES & PROTOCOLS

Action

Brief Description

Areas Involved

STATE/DISTRICT/SUB-DISTRICT AS DECLARED BY THE GOVERNMENT FROM TIME TO TIME

Effective Period

BASED ON THE DATES ANNOUNCED BY THE GOVERNMENT FROM TIME TO TIME

Movement Control

The Royal Malaysian Police (RMP) is responsible for exercising control over infected areas with the assistance of ATM, APM & RELA. Entry and exit routes of MCO areas are **closed** and entry is **controlled** by the RMP.

- No crossing of state and district borders (based on the district borders set by the State Government).
- The number of passengers allowed in a private vehicle is in accordance with the vehicle capacity to obtain healthcare services or medication, obtain food supplies, medicine, dietary supplements, basic and daily necessities within the same residential district or the district nearest to their residence if the necessary supplies are not available in their area.
- The number of people allowed in a vehicle carrying goods as well as for the industry/economic activity chain is dependent on the commercial vehicle registration license.

Unauthorized Activities

- Inter-district movement in MCO areas and inter-state movement without permission from the RMP
- Movement in and out of MCO areas without permission from the RMP
- Please refer to the List of Prohibited Activities

Standing Orders

- Regulation 16 P.U. (A) 96/2021
- Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021
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ACTIVITIES & PROTOCOLS					
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Movement Control	<ul style="list-style-type: none"> • The movement of private, Government department or private sector company vehicles for the purpose of going to and from work or to conduct official government business is subject to the seating capacity of the vehicle. • Movement for public and private operations and services is dependent on the seating capacity of the vehicle. • All pupils / students of educational institutions are allowed to attend educational institutions across MCO or CMCO or RMCO areas according to the school calendar set by the Ministry of Education (MOE) with confirmation documents from MOE with travel to and from accompanied by parents / guardians. However, this permission is subject to the State Department of Health's risk analysis and latest announcements by MOE. • The movement of teachers / lecturers / instructors for the purpose of teaching and learning is allowed in schools / educational institutes with confirmation from MOE and MOHE. • Matriculation colleges are allowed during the MCO period. Students in boarding schools / universities / institutions are allowed to be in the boarding school / university / institution and continue hybrid learning. • International examinations and professional bodies as well as research activities which require laboratory facilities at Higher Education Institutes (HEIs) are allowed in accordance with the relevant HEI SOP and movement must be accompanied by a letter from the Ministry of Higher Education (MOHE) or relevant HEI. • Movement for the admission of students to dormitories for examination classes set by MOH and MOHE are allowed with confirmation from MOH and MOHE. • Students must obtain a movement permission letter to cross states or districts to return to campus from the relevant HEI. • Returning students to their homes from dormitories will be done in stages as prescribed by the State Education Department. Inter-district movement for this purpose is allowed with a permission letter from MOE / HOHE / HEI. 				

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Action		Brief Description			
Movement Control		Movement for the admission of students to dormitories for examination classes set by MOH and MOHE are allowed with confirmation from MOH and MOHE. <ul style="list-style-type: none"> • Students in boarding schools / Educational Institutes in EMCO areas are not allowed to return home. • Movement into/in-and-out of MCO areas for emergency cases such as death is allowed after obtaining permission from the RMP. • Movement into/in-and-out of MCO areas for emergency cases such as natural disasters is allowed. • Movement for disaster / humanitarian relief by NGOs must obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the affected area and the assistance must be channeled through the Disaster Operations Control Center in that area. • Permission to cross states is granted for long-distance married couples by obtaining permission from the RMP. • State Assemblymen and Members of Parliament are allowed to cross their respective districts and states during the MCO period for the purpose of official business or constituency visits. • The Periodic Commuting Arrangement (PCA) and Reciprocal Green Lane (RGL) between Malaysia and Singapore will continue based on the agreement. • Movement for Short Term Business Travelers under the One Stop Centre (OSC) Initiative for official / business purposes is allowed after obtaining permission from the RMP. • Individuals who need to cross districts and states for the purpose of COVID-19 vaccination in Vaccination Centre (Pusat Pemberian Vaksin [PPV]) in a district outside their residential area are allowed by showing appointment details through the MySejahtera app, online or SMS. • Other movements as permitted by this SOP 			

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Activities in MCO Areas		<p>Restaurants, shops / dining outlets, food trucks, roadside hawkers, mobile hawkers, food court / hawker centres, roadside stalls / kiosks, are ALLOWED to operate between 6:00 am to 10:00pm. The premises are allowed to operate until 12 midnight (only during the month of <i>Ramadan</i>)</p> <ul style="list-style-type: none"> • Food sale activities are allowed through take-away, drive-through or delivery from 6:00am to 10:00pm. Such activities are allowed to operate until 12 midnight (only during the month of <i>Ramadan</i> only). Dining-in is not allowed during the MCO period. • Grocery and convenience stores are allowed to operate between 6:00am to 12 midnight or in accordance with their operational license (whichever is earlier). • Hospitals, clinics, and medical laboratories can operate 24 hours or in accordance with their operational license. • Pharmacies can operate from 6:00am to 10:00pm. • Convenience stores can operate from 6:00am to 10:00pm. • Petrol Stations can operate from 6:00am to 10:00pm except for petrol stations on highways which can operate 24 hours. • Day markets, wet markets, public markets and weekly markets can operate from 7:00am to 2:00pm. • Wholesale Markets can operate from 12:00 midnight to 6:00am and 11:00am to 4:00pm. • Night markets can operate from 4:00pm to 10:00pm with compliance to the SOP and under the supervision by RELA or Local Authority officers. • <i>Aidilfitri</i> Bazaars can operate from 10:00am to 10:00pm with compliance to the SOP and under the supervision by the authorities as well as RELA/Local Authority officers. • Ramadan Bazaars can operate from 3:00pm to 8:00pm with compliance to the SOP and under the supervision by the authorities as well as RELA/Local Authority officers. • Regardless, the decision to continue or close <i>Ramadan</i> and <i>Aidilfitri</i> Bazaars and night markets are subject to the State Government authority through the Local Authority. • Veterinarians and pet food stores are allowed to operate from 6:00am to 10:00pm. • Laundry services, optical stores, car wash centres, hairdressers and salons (for hair cut services only) are allowed to operate from 6:00am to 10:00pm. • Self-service laundromats must ensure an employee is on the premises with adherence to the set SOP. • Other activities given approval by a Ministry / Agency / Local Authority is allowed to operate from 6:00am to 10:00pm 			

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ACTIVITIES & PROTOCOLS					
Action		Brief Description			
Permission to operate and movement for the civil service and private sector		<p>All economic and business sectors approved by the relevant Ministry / Agency can operate during the MCO period. The movement of employees is subject to the registration / operating permission letter and employee pass / employer confirmation letter.</p> <ul style="list-style-type: none"> • Movement for official Government business must be accompanied by an employer confirmation document. • Employee attendance capacity for the civil service is based on the Public Services Department Circular / Order. Whereas for the private sector it is based on 30% of the Management Group and number of operational / support staff as determined by the employer. 			
General Health Protocol		<p>The premise owner to ensure movement control of customers in and out of the premises is with 1 meter physical distancing.</p> <ul style="list-style-type: none"> • Hand sanitizers to be provided at entrances and to ensure its use before entry. • It is mandatory for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration book. • Use of the MySejahtera app is mandatory in areas with extensive internet access. Exemption is given for areas without internet access especially in villages and rural areas. • The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and telephone number if there is no internet access. • It is mandatory for customers / visitors to check in with MySejahtera or to manually write down their name and telephone number legibly before entering the premises. • For shopping center / supermarkets / departmental stores, customers need to scan their body temperature only once at the entrance to the complex and not at every business premise within one complex. • A person with a body temperature of above 37.5 degree Celsius is NOT ALLOWED to enter the complex and premises. • The owner of the complex and premises outside the complex must ensure that only customers with the status "Low Risk" in the MySejahtera app are allowed inside their respective complex / premises. 			

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ACTIVITIES & PROTOCOLS

Action

Brief Description

General Health Protocol

- Children the age of 12 and under are NOT ENCOURAGED to be in public areas and facilities except for the purposes of emergency and educational purposes
- The license holder and premise owner to limit the number of customers in the premises with a 1 meter radius physical distancing at any given time
- Every premise must display the maximum number of customers at any given time. The use of a queue numbering system must be encouraged for customers entering a premise.
- Employees, suppliers and customers are required to wear face masks correctly in accordance with MOH recommendations while on the premises.
- To ensure there is ventilation and a good ventilation system for the premise.
- It is mandatory to wear face masks especially while in congested public areas **EXCEPT** for the following activities and areas:
 - a. Own residence involving members of the same household;
 - b. Privately Paid Hotel Room / Accommodation and involving members of the same household;
 - c. Individual workspaces;
 - d. Indoor and outdoor sports & recreational activities;
 - e. Own vehicles involving members of the same household;
 - f. Indoor / outdoor areas and public places without any other individuals; and
 - g. While eating and drinking in public without any other individuals.

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ACTIVITIES & PROTOCOLS					
Action		Brief Description			
Meetings		Government agency and private sector face-to-face meetings involving the attendance of external agencies are NOT ALLOWED and must be held via video conferencing.			
Religious Activities		Muslim religious activities such as Friday Prayers and congregational prayers in the mosque / <i>surau</i> , educational events, the akad nikah, and funerals are ALLOWED in accordance with State Religious Authority directives. <ul style="list-style-type: none"> • Non-Muslim House of Worship activities are ALLOWED subject to the Ministry of National Unity. • The <i>akad nikah</i> is ALLOWED in the Religious Department and mosque in accordance with State Religious Authority directives. • The registration of marriages for non-Muslims at the National Registration Department (NRD), Houses of Worship and Religious Associations is ALLOWED with attendance according to NRD directives. 			
Day Care Centers, Childcare Centers, NURSERIES, Kindergartens and Tabikas		Day care centers, nurseries, <i>tabikas</i> , and kindergartens are allowed to operate with permission to operate by the relevant Ministry / Agency. <ul style="list-style-type: none"> • Parents / guardians sending their children to day care centers are allowed to use vehicles with a number of child passengers according to the capacity of the vehicle. • Day care centers for People with Disabilities, Senior Citizens, Women and Other Care Centers are allowed to operate during the MCO period. 			
Sports and Leisure Activities		Sports and recreational activities are subject to the Sports and Recreation Sector General MCO SOP by the Ministry of Youth and Sports.			

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ACTIVITIES & PROTOCOLS

Action

Brief Description

Sports and Leisure Activities

- All sports and recreational activities are NOT PERMITTED except for the following
 - The operation of sports and recreational premise facilities is RESTRICTED for management and maintenance purposes only
 - Central training programs with quarantine organized by the National Sports Council (and State Sports Councils (State MSNs) using the Camp Based Training concept
 - Central training programs with quarantine for teams in the MFL, MHL and STL using the SPORTS BUBBLE model (Home Based Training or Camp Based Training)
 - The organizing of tournaments competitions friendly matches in accordance with the SPORTS BUBBLE model is LIMITED to the organization of the Malaysian Football League (WITHOUT any spectators)
 - Entry of Malaysian players participants officials technics to tournaments competitions overseas WITH the support of KBS and permission from the Department of Immigration

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Social Activities		<ul style="list-style-type: none"> • Government and Private Sector Official and Non-Official Events, Social Events such as ceremonies, the <i>akad nikah</i> ceremony, engagements, weddings, receptions, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, anniversaries, birthday celebrations, reunions, retreats and other social gatherings ARE NOT ALLOWED. • Government agency and private sector face-to-face meetings involving the attendance of external agencies are NOT ALLOWED and can be held via video conferencing. • Seminars / Workshops / Courses / Training Sessions / Conferences / Talks / Exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE) ARE NOT ALLOWED. 			
Creative Industries		<ul style="list-style-type: none"> • Recording activities for music, concerts, filming, interviews and the like are ALLOWED for studio recordings LIMITED within the MCO area only with a minimal number of crew and WITHOUT SPECTATORS with compliance to the Creative Industry SOP. • Indoor outdoor busking activities are NOT ALLOWED 			
Other Activities		<ul style="list-style-type: none"> • Driving Institutes and Aviation Training Centre are allowed to operate during the MCO period based on the SOP provided by the Ministry of Transport. • Fishing activities are allowed to operate during the MCO period based on the SOP provided by the Department of Fisheries, Malaysia. • Other matters as decided by the Government from time to time. 			

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ACTIVITIES & PROTOCOLS

List of PROHIBITED ACTIVITIES (NEGATIVE LIST)

Economic Activities

- SPA and reflexology operations.

Entertainment Activities

- Activities in night clubs or pubs.
- Activities at theme parks, indoor playgrounds, family karaoke and cinemas.

Tourist Activities

- Tourist activities in-and-out of MCO areas and within EMCO areas.
- Overseas tourism activities by citizens and domestic tourism activities that involve foreign tourists entering Malaysia except for foreign tourists from countries stated by the Minister.

Other Prohibited Activities

- Any activity that can cause the attendance of many people in one place, making physical distancing and compliance with orders from the Director-General of Health difficult.
- Other matters as decided by the Government from time to time.

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