



# MOVEMENT CONTROL ORDER (MCO) GENERAL SOP IN SELANGOR

ENFORCEMENT DATE: 6 MAY 2021

Unofficial Translation



Effective Period

24 hours

Permitted Hours for Activities

As prescribed in the brief descriptions

Movement of Residents

Conditional

## Permitted Activities

- Permitted economic sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business and judicial duties

## Unauthorized Activities

- Inter-district movement in MCO areas and inter-state movement without permission from the RMP
- Movement in and out of MCO areas without permission from the RMP
- Please refer to the List of Prohibited Activities

## Standing Orders

- Regulation 16 P.U. (A) 96/2021
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## ACTIVITY AND PROTOCOL

Activity	Brief Description
Areas Involved	<b>KLANG DISTRICT, PETALING DISTRICT, GOMBAK DISTRICT, HULU LANGAT DISTRICT, KUALA LANGAT DISTRICT AND THE SEPANG DISTRICT IN SELANGOR</b>
Effective Period	<b>6 MAY 2021 (starting 12:01 am) until 17 MAY 2021 (11:59 pm)</b>
Movement Control	<ul style="list-style-type: none"> <li>• The Royal Malaysian Police (RMP) is responsible for exercising control over locally infected areas with the assistance of ATM, APM &amp; RELA. Entry and exit routes of MCO areas are <b>closed and controlled</b> by the RMP.</li> <li>• <b>No crossing of state and district borders (based on the district borders set by the State Government).</b></li> <li>• The number of passengers allowed in a private vehicle is in accordance with the vehicle capacity for the purposes of obtaining healthcare services or medication, food supplies, medicine, dietary supplements, basic and daily necessities within the same residential district or the district nearest to their residence if the necessary supplies are not available in their area.</li> <li>• The number of people allowed in a vehicle carrying goods as well as for the industrial economic activity chain is dependent on the commercial vehicle registration license.</li> <li>• The movement of private, Government department or private sector company vehicles <b>for the purpose of going to and from work</b> or to conduct official government business is subject to the seating capacity of the vehicle.</li> <li>• Movement for public and private operations and services is dependent on the seating capacity of the vehicle.</li> <li>• Permission to cross states is granted for long-distance married couples by obtaining permission from the RMP.</li> <li>• Other movements as permitted by this SOP.</li> </ul>



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## ACTIVITY AND PROTOCOL

Activity	Brief Description
Movement Control	<ul style="list-style-type: none"> <li>• The closure of schools / Educational institutes in the entire state of Selangor commences on 6 May 2021.</li> <li>• Returning students to their homes from dormitories will be done in stages as prescribed by the State Education Department. Inter-district movement for this purpose is allowed with a permission letter from the Ministry of Education (MOE) / Ministry of Higher Education (MOHE) / Higher Education Institute (HEI).</li> <li>• Learning sessions after the Aidilfitri celebratory holidays are by Teaching and Learning at Home (<i>Pengajaran dan Pembelajaran di Rumah [PdPR]</i>) as prescribed by the Ministry of Education (MOE).</li> <li>• The movement of lecturers/teachers/instructors for the purpose of teaching and learning is allowed in schools / educational institutes with confirmation from MOE and MOHE.</li> <li>• International examinations and professional bodies as well as research activities which require laboratory facilities at Higher Education Institutes (HEIs) are <b>allowed</b> in accordance with the relevant HEI SOP and movement must be accompanied by a letter from the Ministry of Higher Education (MOHE) or relevant HEI.</li> <li>• Movement for the admission of students to dormitories for examination classes set by MOH and MOHE are <b>allowed</b> with confirmation from MOH and MOHE.</li> <li>• Boarding students / Educational Institutes in EMCO areas are <b>not allowed</b> to return home.</li> </ul>



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## ACTIVITY AND PROTOCOL

Activity	Brief Description
Movement Control	<ul style="list-style-type: none"> <li>• Movement into / in-and-out of MCO areas for emergency cases such as death is <b>ALLOWED</b> after obtaining permission from the RMP.</li> <li>• Movement into / in-and-out of MCO areas for emergency cases such as natural disasters is <b>ALLOWED</b>.</li> <li>• Movement for disaster / humanitarian relief by NGOs must obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the affected area and the assistance must be channelled through the Disaster Operations Control Center in that area.</li> <li>• State Assemblymen and Members of Parliament are <b>ALLOWED</b> to cross their respective district and state during the MCO period for the purpose of official business or constituency visits.</li> <li>• Movement for Short Term Business Travellers under the One Stop Centre (OSC) Initiative for official / business purposes is <b>ALLOWED</b> after obtaining permission from the RMP.</li> <li>• Individuals who need to cross districts and states (Selangor – Kuala Lumpur) for the purpose of COVID-19 vaccination in Vaccination Centres (<i>Pusat Pemberian Vaksin [PPV]</i>) in a district outside their residential area are <b>ALLOWED</b> by showing appointment details through the MySejahtera app, online or SMS.</li> </ul>



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## ACTIVITY AND PROTOCOL

Activity	Brief Description
Activities in MCO Areas	<ul style="list-style-type: none"> <li>• Restaurants, shops / dining outlets, food trucks, roadside hawkers, mobile hawkers, food court / hawker centres, roadside stalls / kiosks, are <b>ALLOWED</b> to operate between 6:00 am to 12 midnight.</li> <li>• Sale of food activities are allowed through <b>take-away, drive-through or delivery</b> from 6:00am to 12 midnight. <b>Dining-in (including Ramadan buffets in restaurants and hotels) are NOT ALLOWED under any circumstances.</b></li> <li>• Grocery and convenience stores are allowed to operate between 6:00am to 10:00pm.</li> <li>• Hospitals, clinics, <b>blood donation centres</b> and medical laboratories can operate 24 hours or in accordance with their operational license.</li> <li>• Pharmacies can operate from 6:00am to 10:00pm.</li> <li>• Petrol Stations can operate from 6:00am to 12 midnight except for petrol stations on highways which can operate 24 hours.</li> <li>• Day markets, wet markets, public markets and weekly markets can operate from 6:00am to 2:00pm. <b>Morning markets are limited to daily necessities and the operational hours are from 6:00am to 10:00am.</b></li> <li>• Ramadan Bazaars are <b>NOT ALLOWED</b> to operate commencing 8 May 2021.</li> <li>• Aidilfitri Bazaars and night markets are <b>ALLOWED</b> to operate until 10:00pm during the MCO with tight measures (such as limiting the number of customers at any given time, a numbered queue system, not allowing kids under the age of 12 and other measures as decided from time to time) by the Bazaar / Local Authority / RELA / APM. All management should appoint a monitoring officer to ensure compliance with the General Health SOP Protocol.</li> <li>• Wholesale Markets can operate from 12 midnight to 6:00am and 11:00am to 4:00pm.</li> <li>• Veterinarians and pet food stores are allowed to operate from 6:00am to 10:00pm.</li> <li>• Laundry services, optical stores, car wash centres, hairdressers and salons (for hair cut services only) are allowed to operate from 6:00am to 10:00pm.</li> <li>• Self-service laundromats must ensure an employee is on the premises with adherence to the set SOPs.</li> <li>• Other activities given approval by a Ministry / Agency / Local Authority is allowed to operate from 6:00am to 10:00pm.</li> </ul>



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## ACTIVITY AND PROTOCOL

Activity	Brief Description
Permission to operate and movement for the civil service and private sector	<ul style="list-style-type: none"> <li>• All economic and business sectors approved by the relevant Ministry / Agency can operate during the MCO period. The movement of employees is subject to the registration / operating permission letter and employee pass / employer confirmation letter.</li> <li>• Movement for official Government business must be accompanied by an employer confirmation document.</li> <li>• Employee attendance capacity for the civil service is based on the Public Services Department Circular / Order. Whereas for the private sector it is based on 30% of the Administrative Group and number of operational / support staff as determined by the employer.</li> </ul>
General Health Protocol	<ul style="list-style-type: none"> <li>• The premise owner to ensure the movement of customers in and out of the premises is with 1 meter physical distancing.</li> <li>• Hand sanitizers to be provided at entrances and to ensure its use before entry.</li> <li>• It is mandatory for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration book.</li> <li>• Use of the MySejahtera app is mandatory in areas with extensive internet access. Exemption is given for areas without internet access especially in villages and rural areas.</li> <li>• The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and telephone number if there is no internet access.</li> <li>• It is mandatory for customers / visitors to check in with MySejahtera or to manually write down their name and telephone number legibly before entering the premises.</li> <li>• For shopping centres / supermarkets / departmental stores, customers need to scan their body temperature <b>only once</b> at the entrance to the complex and not at every business premise within one complex.</li> <li>• A person with a body temperature of above 37.5 degree Celsius is <b>NOT ALLOWED</b> to enter the complex and premises.</li> </ul>





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## ACTIVITY AND PROTOCOL

Activity	Brief Description
General Health Protocol	<ul style="list-style-type: none"> <li>• The owner of the complex and premises outside the complex must ensure that only customers with the status "Low Risk" in the MySejahtera app are allowed inside their respective complex / premises.</li> <li>• The license holder and premise owner to limit the number of customers in the premises with a 1 meter radius physical distancing at any given time and to display the maximum number of customers within the premises.</li> <li>• Employees, suppliers and customers are required to wear face masks correctly in accordance with MOH recommendations while on the premises.</li> <li>• To ensure there is ventilation and a good ventilation system for the premise.</li> <li>• It is mandatory to wear face masks especially while in congested public areas <b>EXCEPT</b> for the following activities and areas:               <ul style="list-style-type: none"> <li>a. Own residence involving members of the same household;</li> <li>b. Privately Paid Hotel Room / Accommodation and involving members of the same household;</li> <li>c. Individual workspaces;</li> <li>d. Indoor and outdoor sports &amp; recreational activities;</li> <li>e. Own vehicles involving members of the same household;</li> <li>f. Indoor / outdoor areas and public places without any other individuals; and</li> <li>g. While eating and drinking in public without any other individuals.</li> </ul> </li> </ul>



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## ACTIVITY AND PROTOCOL

Activity	Brief Description
Meetings	Government agency and private sector face-to-face meetings involving the attendance of external agencies are <b>NOT ALLOWED</b> and must be held via video conferencing.
Religious Activities	<ul style="list-style-type: none"> <li>• Muslim religious activities such as Friday Prayers, congregational prayers and <b>Tarawikh prayers</b> in the mosque / <i>surau</i>, educational events, the <i>akad nikah</i>, and funerals are <b>ALLOWED</b> in accordance with State Religious Authority directives.</li> <li>• Non-Muslim House of Worship activities are <b>ALLOWED</b> <b>subject to the Ministry of National Unity</b>.</li> <li>• The <i>akad nikah</i> is <b>ALLOWED</b> in the Religious Department and mosque in accordance with State Religious Authority directives.</li> <li>• The registration of marriages for non-Muslims at the National Registration Department (NRD), <b>Houses of Worship and Religious Associations</b> is <b>ALLOWED</b> with attendance according to NRD directives.</li> </ul>
Day Care Centers, Childcare Centers, NURSERIES, Kindergartens and <i>Tabikas</i>	<ul style="list-style-type: none"> <li>• Day care centers, nurseries, <i>tabikas</i>, and kindergartens are allowed to operate with permission to operate by the relevant Ministry / Agency.</li> <li>• Parents / guardians sending their children to day care centers are allowed to use vehicles with a number of child passengers according to the capacity of the vehicle.</li> <li>• Day care centers for People with Disabilities, Senior Citizens, Women and Other Care Centers are allowed to operate during the MCO period.</li> </ul>



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## ACTIVITY AND PROTOCOL

Activity	Brief Description
Sports and Recreational Activities	<ul style="list-style-type: none"> <li>• <b>NON-CONTACT</b> individual and team sports and recreational activities with physical distancing of at least <b>1.5 meters</b> carried out in open areas (public parks) and indoors for the purposes of health, fitness, training and self improvement.</li> <li>• The operations of indoors and partially-indoor sports and recreational facilities / premises are <b>ALLOWED</b> to operate with supervised control throughout the entire operational period.</li> <li>• <b>Swimming / the hosting of activities at the swimming pool is NOT ALLOWED.</b></li> <li>• The organizing of tournaments / competitions / <b>friendly matches</b> in accordance with the <b>SPORTS BUBBLE</b> model is limited to the organization of the Malaysian Football League (MFL), Malaysian Hockey League (MHL) and the <i>Sepak Takraw</i> League (STL) only <b>WITHOUT</b> any spectators.</li> <li>• <b>NON-CONTACT</b> group sports and recreational activities with supervised control such as aerobics, Zumba, taichi and others with compliance to the Sports and Recreation Sector SOP. Participation of individuals is <b>LIMITED</b> to 30% of the area capacity or not exceeding 30 pax (whichever is lower) at any given time.</li> <li>• Central training programs with quarantine for teams in the MFL, MHL and STL using the <b>SPORTS BUBBLE</b> model (Home Based Training or Camp Based Training).</li> <li>• Central training programs with quarantine organized by the National Sports Council (MSN) and State Sports Councils (State MSNs) using the Camp Based Training concept.</li> </ul>





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Activity	Brief Description
Social Activities	<ul style="list-style-type: none"> <li>• Government and Private Sector Official and Non-Official Events, Social Events such as ceremonies, engagements, the <i>akad nikah</i> ceremony, weddings, receptions, thanksgiving ceremonies, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, anniversaries, birthday celebrations, reunions, retreats and other social gatherings <b>ARE NOT ALLOWED</b>.</li> <li>• Government agency and private sector face-to-face meetings involving the attendance of external agencies are <b>NOT ALLOWED</b> and can be held via video conferencing.</li> <li>• Seminars / Workshops / Courses / Training Sessions / Conferences / Talks / Exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE) <b>ARE NOT ALLOWED</b>.</li> </ul>
Creative Industries	<ul style="list-style-type: none"> <li>• Recording activities for music, concerts, filming, interviews and the like are <b>ALLOWED</b> for studio recordings <b>LIMITED</b> within the MCO area only with a minimal number of crew and <b>WITHOUT SPECTATORS</b> with compliance to the Creative Industry SOP.</li> <li>• Busking activity within building premises, cafes, food courts, restaurants and partly-indoor locations is <b>ALLOWED</b>.</li> </ul>
Other Activities	<ul style="list-style-type: none"> <li>• Driving Institutes and Aviation Training Centres are allowed to operate during the MCO period based on the SOP provided by the Ministry of Transport.</li> <li>• Fishing activities are allowed to operate during the MCO period based on the SOP provided by the Department of Fisheries, Malaysia.</li> <li>• Other matters as decided by the Government from time to time.</li> </ul>



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<b>List of PROHIBITED Activities (Negative List)</b>	
Economic Activities	<ul style="list-style-type: none"> <li>• SPA and reflexology operations.</li> </ul>
Entertainment Activities	<ul style="list-style-type: none"> <li>• Activities in night clubs or pubs.</li> <li>• Activities at theme parks, indoor playgrounds, family karaoke and cinemas.</li> </ul>
Sports and Recreational Activities	<ul style="list-style-type: none"> <li>• All <b>contact</b> sports and recreational activities <b>EXCEPT</b> for MFL, MHL and STL.</li> <li>• The hosting of tournaments / competitions <b>OTHER THAN</b> MFL, MHL and STL.</li> <li>• The operations of <b>indoor and partially-indoor</b> sports and recreational facilities <b>WITHOUT</b> supervised control.</li> <li>• The <b>ATTENDANCE</b> of spectators / supporters to stadiums / sports and recreational centers.</li> <li>• <b>CONTACT</b> group sports and recreational activities <b>WITHOUT</b> supervised control and <b>EXCEEDING</b> the allowed capacity.</li> <li>• Sports and recreational activities carried out outside the effective movement order area <b>EXCEPT</b> with permission.</li> <li>• Mass activities which would make physical distancing difficult such as <b>climbing</b>, fun runs, fun rides, marathons, triathlons and the like.</li> </ul>
Tourist Activities	<ul style="list-style-type: none"> <li>• Tourist activities in-and-out of MCO areas and within EMCO areas.</li> <li>• Overseas tourism activities by citizens and domestic tourism activities that involve foreign tourists entering Malaysia except for foreign tourists from countries stated by the Minister.</li> </ul>
Other Non-Permitted Activities	<ul style="list-style-type: none"> <li>• Any activity that can cause the attendance of many people in one place, making physical distancing and compliance with orders from the Director-General of Health difficult.</li> <li>• Other matters as decided by the Government from time to time.</li> </ul>