



# NATIONAL RECOVERY PLAN (NRP) – PHASE 2 SOP

UPDATED : 16 JULY 2021

Unofficial  
Translation



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| <ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>  |
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| Effective Period                    | As prescribed in the brief description   | Permitted Hours for Activities | As prescribed in the brief description | Movement | Conditional |
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| <b><u>ACTIVITY AND PROTOCOL</u></b> |  |                                |  |          |             |
| Activity                            | Brief Description  |                                |  |          |             |
| Areas Involved                      | <b>KELANTAN, TERENGGANU, PAHANG, PERAK, PERLIS, PENANG, SABAH AND SARAWAK.</b><br><br>*For areas under an EMCO, the EMCO SOP for those areas are applicable until their respective expiry dates.   |                                |  |          |             |
| Effective Period                    | <b>Commencing 5 July 2021 (commencing 12:01am) – Kelantan, Terengganu, Pahang, Perak and Perlis</b><br><b>Commencing 7 July 2021 (commencing 12:01am) – Penang</b><br><b>Commencing 10 July 2021 (commencing 12:01am) – Sabah (Please refer to the National Recovery Plan – Phase 2 Sabah SOP)</b><br><b>Commencing 14 July 2021 (commencing 12:01am) – Sarawak (Please refer to the National Recovery Plan – Phase 2 Sarawak SOP)</b>   |                                |  |          |             |
| Movement Control                    | <ul style="list-style-type: none"> <li>No crossing of state and district borders (based on the district borders set by the State Government).</li> <li>The Royal Malaysian Police (RMP) is responsible for exercising control over infected areas with the assistance of ATM, APM &amp; RELA. Entry and exit routes of NRP areas are closed and entry is controlled by the RMP.</li> <li>Only <b>two (2) people</b> from a household are allowed to go out to obtain food supplies, medicine, supplements and basic necessities in a radius <b>not exceeding 10 kilometers</b> from their residence.</li> <li>A maximum of <b>three (3) people</b> including the patient is allowed to go out to obtain healthcare services, medication, test screening, vaccination program, safety or emergency in a radius <b>not exceeding 10 kilometers</b> from their residence or to a place closest to their residence if the healthcare service or medication is not available within a 10 kilometer radius from their residence.</li> <li>The number of passengers allowed in a taxi and e-hailing is limited to only <b>two (2) people</b> including the driver, the passenger must sit at the back.</li> <li>The number of people <b>allowed</b> in a vehicle carrying goods as well as for the economic or industry activity chain (except for worker transport) is dependent on the commercial vehicle registration license.</li> <li>The number of people allowed in a Department Vehicle or an Official Post Car is based on the capacity of the vehicle.</li> </ul> |                                |  |          |             |



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| Movement Control             | <ul style="list-style-type: none"> <li>Activities and services at all airports and ports are <b>allowed</b> to operate.</li> <li>Unloading activities involving non-essential goods at factories are limited to deliveries and acceptance of goods or cargo for existing stockpile for the purpose of import and export only from 8:00am to 8:00pm on Mondays, Wednesdays and Fridays.</li> <li>Unloading activities involving essential goods are not subject to this restriction and operates as usual.</li> <li>Public land and sea transportation services such as worker transport, bus stops, express buses, ferries and other public transport are <b>allowed</b> to operate based on 50% of the vehicle capacity (operational hours and frequency is subject to the Ministry of Transport).</li> <li>Movement in cases of death, natural disaster is <b>allowed</b> after obtaining permission from the RMP.</li> <li>Movement for disaster or humanitarian relief by NGOs must obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the affected area and the assistance must be channelled through the Disaster Operations Control Center in that area.</li> <li>Inter-district and inter-state movement for the purpose of COVID-19 vaccination in Vaccination Centres (<i>Pusat Pemberian Vaksin [PPV]</i>) in a district or state outside their residential area is <b>allowed</b> by showing appointment details through the MySejahtera app, online or SMS.</li> <li>State Assemblymen and Members of Parliament <b>are</b> allowed to cross districts and states to visit their respective constituency without organizing any event.</li> <li>Crossing states and districts for long distance married couples are <b>allowed to/from Phase 2 states</b> with the PDRM permission.</li> <li>Movement for Short Term Business Travellers under the One Stop Centre (OSC) Initiative for official or business purposes is <b>allowed</b> after obtaining permission from the RMP.</li> </ul> |                                |  |          |             |



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|  | <b>Activity</b>              | <b>Brief Description</b>   |                                |  |          |             |
|  | General Health Protocol      | <ul style="list-style-type: none"> <li>The license holder and premise owner to ensure control on the entry and exit movement of customers on the premises with at least 1 meter physical distancing.</li> <li>It is <b>mandatory</b> for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration book.</li> <li>Hand sanitizers are to be provided at entrances and to ensure its use before entry.</li> <li>Use of the MySejahtera app is <b>mandatory</b> in areas with extensive internet access. Use of the customer attendance registration book is only allowed for areas without internet access or for other reasonable reasons (senior citizens, no smartphone and others).</li> <li>The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and telephone number if there is no internet access.</li> <li>It is <b>mandatory</b> for employers, workers, customers and visitors to check in with MySejahtera or to manually write down their name and telephone number legibly before entering the premises including at Government, private sector and individual offices.</li> <li>For shopping centres, supermarkets or departmental stores, customers only need to scan their body temperature once at the entrance to the complex and not at every business premise within one complex.</li> <li>A person with a body temperature of above 37.5 degree Celsius is <b>not allowed</b> to enter the complex and premises.</li> <li>The owner of the complex and premises outside the complex must ensure that only customers with the status “Low Risk” including “Casual Contact Low Risk” in the MySejahtera app are allowed inside their respective complex / premises.</li> </ul> |                                |  |          |             |



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| <b>Standing Orders</b>   | <ul style="list-style-type: none"> <li>General Health Protocol               <ul style="list-style-type: none"> <li>Children the age of 12 and under are <b>not allowed</b> to be in public areas and facilities <b>except</b> for the purpose of emergency, treatment and education and exercise.</li> <li>The license holder and premise owner to limit the number of customers on the premises with physical distancing of at least 1 meter radius at any given time.</li> <li>Every premise must display the maximum number of customers at any given time. The use of a queue numbering system is encouraged for customers entering a premise.</li> <li>All building owners must provide a QR code for each floor.</li> <li>Employees, suppliers and customers are <b>required</b> to wear face masks correctly in accordance with MOH recommendations while on the premises.</li> <li>To ensure there is ventilation and a good ventilation system at the premises.</li> <li>It is <b>mandatory</b> to wear face masks especially while in congested public areas <b>except</b> for the following activities and areas:                   <ol style="list-style-type: none"> <li>Hotel rooms or privately paid accommodation involving members of the same household.</li> <li>Individual workspaces.</li> <li>Outdoor sports and recreational activities.</li> <li>Own vehicles involving members of the same household.</li> <li>Indoor or outdoor areas and public places without any other individual.</li> <li>While eating and drinking in public without any other individual (other than in restaurants or eateries).</li> </ol> </li> </ul> </li> </ul> |  |                                |  |          |             |
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| <ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>  |
| Prohibited Activities  |
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| Standing Orders  |
| <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> |

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| <b>ACTIVITY AND PROTOCOL</b>                               |  |                                |  |          |             |
| Activity   | Brief Description  |                                |  |          |             |
| Markets  | <ul style="list-style-type: none"> <li>Day markets and public markets are <b>allowed</b> to operate from <b>6:00am to 2:00pm</b> subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.</li> <li>Controlled Fresh Markets (<i>Pasar Segar Terkawal – PST</i>) are <b>allowed</b> to operate from <b>7:00am to 12:00pm</b>.</li> <li>Permanent Farmers’ Markets (<i>Pasar Tani Kekal – PTK</i>), MyFarm Outlets (MFO) and Local Farmer Organization Complexes (<i>Komplex Pertubuhan Peladang Kawasan – PPK</i>) are <b>allowed</b> to operate from <b>6:00am to 4:00pm</b>.</li> <li>Wholesale markets are <b>allowed</b> to operate from <b>12:01am to 6:00am</b> and <b>11:00am to 4:00pm</b> subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.</li> <li>Farmers’ Markets and Morning Markets are <b>allowed</b> to operate from <b>7:00am to 11:00am</b> limited to main commodities as prescribed by the Ministry of Agriculture and Food Industries.</li> <li>Night markets and weekly markets are <b>not allowed</b> to operate.</li> </ul> |                                |  |          |             |
| Agriculture, Fisheries, Livestock, Farming and Commodities | <ul style="list-style-type: none"> <li>Refer to the <b>List of Essential Services according to Sectors – Agriculture, Fisheries, Livestock, Farming and Commodities</b> which are allowed to operate.</li> <li>Fishing activities for subsistence purposes are <b>allowed</b>.</li> </ul>  |                                |  |          |             |
| Mining and Quarrying                                       | <ul style="list-style-type: none"> <li>Mining and quarry operations are allowed with a workforce capacity of up to 80% subject to the Mining and Quarrying SOP.</li> </ul>   |                                |  |          |             |



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| <b>ACTIVITY AND PROTOCOL</b> |  |                                |  |          |             |
| Activity                     | Brief Description  |                                |  |          |             |
| Education                    | <ul style="list-style-type: none"> <li>All Public &amp; Private Higher Educational Institutions, Vocational Institutes, other schools under the Ministry of Education (MOE), <i>tahfiz</i> centers and other educational institutes are to be closed. HEIs under the purview of the Ministry of Higher Education (MOHE) can continue online.</li> <li>All schools and educational institutes under MOE, private educational institutes under the school category and tuition centers, language centers, skill centers, counselling centers and others registered under MOE are to be closed.</li> <li>Students and candidates sitting for the <i>Sijil Pelajaran Malaysia</i> (SPM) 2021, <i>Sijil Tinggi Persekolahan Malaysia</i> (STPM), <i>Sijil Vokasional Malaysia</i> (SVM), <i>Sijil Tinggi Agama Malaysia</i> (STAM), <i>Sijil Kemahiran Malaysia</i> (SKM), <i>Diploma Vokasional Malaysia</i> (DVM) and equivalent international examinations are allowed to attend school, crossing districts and states in accordance with the school calendar set by the Ministry of Education (MOE) with confirmation documents from MOE, MARA or relevant Ministry / Agency. The movement to and from school can be accompanied by a guardian.</li> <li>The movement of teachers or lecturers for the purpose of Teaching and Learning classes involved in examinations are allowed with confirmation from MOE, MARA or relevant Ministry / Agency.</li> <li>Movement for the admission of students to dormitories for examination classes set by MOE is allowed with confirmation from MOE, MARA or relevant Ministry / Agency.</li> <li>For students who need to cross states from Peninsular Malaysia to Sabah, Sarawak and F.T. Labuan or vice versa must comply with the current quarantine rules.</li> <li>Only international school and expatriate school students sitting for international examinations are <b>allowed</b> to attend to sit for their examination according to the examination schedule set by the international examination body.</li> </ul> |                                |  |          |             |





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## ACTIVITY AND PROTOCOL

| Activity  | Brief Description   |
|-----------|---|
| Education | <ul style="list-style-type: none"> <li>All in-person <i>Pengajaran dan Pembelajaran</i> (PdP) activities are <b>not allowed except</b> for students in need.</li> <li>International examinations and professional bodies as well as research activities which require laboratory facilities at HEIs are <b>allowed</b> in accordance with the relevant HEI SOP and movement must be accompanied by confirmation from the Ministry of Higher Education (MOHE) or relevant HEI.</li> <li>Students in boarding school, universities or educational institutes are allowed to be in the boarding school, university or institution and continue hybrid learning.</li> </ul> |



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| <b>Prohibited Activities</b>   | <b>Activity</b>  |   |                                |  |          |             |
| <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul> | <b>Brief Description</b>   |   |                                |  |          |             |
| <b>Standing Orders</b>   | <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> |   |                                |  |          |             |
|  | <ul style="list-style-type: none"> <li>Tabikas, Childcare Centers, Kindergartens, <b>Daycare Centers</b> and Residential Daycare Centers</li> </ul>  | <ul style="list-style-type: none"> <li>Tabikas, childcare centers, <b>daycare centers</b>, private kindergartens, kindergartens in private, international and expatriate schools as well as mind development centers for children between the ages of 4 and 6 are <b>not allowed to operate except</b> for children whose parents and guardians are both frontliners and working in essential services.</li> <li>Residential care centers or rehabilitation centers for children, People with Disabilities, senior citizens, women and multi-purpose care centers are <b>allowed</b> to operate in accordance with the SOPs prescribed under the relevant Ministry, Department or Agency.</li> </ul>  |                                |  |          |             |
|  | Religion   | <ul style="list-style-type: none"> <li>Obligatory prayer activities are limited to a maximum of 12 member congregation only subject to the State Religious Authority.</li> <li>Other activities are not permitted subject to the State Religious Authority.</li> <li>The Muslim <i>akad nikah only</i> are <b>allowed</b> in Religious Departments / Agencies with attendance in accordance with State Religious Authority directives.</li> <li>Muslim funeral arrangements are <b>allowed</b> in accordance with State Religious Authority directives.</li> <li>Non-Muslim House of Worship activities are limited to a maximum of 12 members only.</li> <li>The registration of marriages for non-Muslims at the National Registration Department (NRD), Houses of Worship and Religious Associations is <b>allowed</b> with attendance according to NRD directives.</li> <li>Non-Muslim funeral arrangements are <b>allowed</b> in accordance with the Ministry of National Unity directives.</li> </ul> |                                |  |          |             |



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## ACTIVITY AND PROTOCOL

| Activity           | Brief Description   |
|--------------------|---|
| Sports and Leisure | <ul style="list-style-type: none"> <li>All non-contact sports and recreational activities carried out individually for the purpose of health, exercise and self-training with compliance to physical distancing of at least <b>2 to 3 meters</b> and carried out in <b>outdoor spaces including partially-outdoor spaces within 10 km of the residence from 6:00am to 8:00pm</b>. Such activities include jogging, exercising, taichi, cycling, skateboarding, fishing, equestrian, archery, hiking, tennis (single), golf, motoring and the like.</li> <li>The operations of all outdoor sports and commercial recreational facilities including those partially-outdoor with compliance to <b>50% capacity</b> usage / area. Whereas the operations of outdoor sports and recreational and partially-outdoor public facilities are <b>SUBJECT</b> to the Local Authorities (LA).</li> <li>The operations of all sports and recreational facilities <b>OTHER THAN</b> outdoor and partially-outdoor facilities are <b>LIMITED</b> to essential management purposes (finance, maintenance and the like) only with compliance of not exceeding <b>30% workforce capacity</b>.</li> <li>The organizing of private tournaments or competitions with quarantine <b>WITHOUT</b> the attendance of spectators / supports using the Sports Bubble Model is <b>LIMITED</b> to those hosted by the Ministry of Youth and Sports (KBS), Malaysian Football League and the Petronas Cup Prix Championship only.</li> <li>Central training programs with quarantine organized by the National Sports Council (MSN) and State Sports Councils (State MSNs) using the Camp Based Training concept.</li> <li>Central training programs including training matches with quarantine for teams in the Malaysian Football League (MFL) using the <b>Sports Bubble Model</b> (Camp Based Training)/</li> <li>The entry of Malaysian athletes / coaches / officials / technicians to overseas tournaments or competitions or matches is <b>SUBJECT</b> to approval by the Department of Immigration, Malaysia <b>WITH</b> the support of KBS/MSN.</li> </ul> |



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| <b>ACTIVITY AND PROTOCOL</b> |   |                                |  |          |             |
| Activity                     | Brief Description   |                                |  |          |             |
| Creative Industries          | <ul style="list-style-type: none"> <li>Development and broadcasting of creative content through recordings or live broadcasts including animation, filming, drama, promotions, sitcoms and the like, including dance arts, theatre arts, musical arts, cultural and heritage performances as well as musical art activities are <b>not allowed</b> except for individual talks and live streaming.</li> <li>Broadcast by recording or live broadcast programs in the form of information presentation (other than entertainment) such as news, forums, talks are <b>allowed</b>.</li> </ul> |                                |  |          |             |
| Other Activities             | <b>ANY ACTIVITY NOT STATED IN THIS SOP IS NOT PERMITTED.</b>  |                                |  |          |             |



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| <p style="text-align: center;"><b>Prohibited Activities</b></p> <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>   | <b>LIST OF ESSENTIAL SERVICES ALLOWED TO OPERATE</b>  |  |                                |  |          |             |
| <p style="text-align: center;"><b>Standing Orders</b></p> <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> | <ol style="list-style-type: none"> <li>Food and beverage, including for animals</li> <li>Healthcare and medication including supplements, personal care and animal clinics as well as veterinary services</li> <li>Water</li> <li>Energy</li> <li>Security and safety, defense, emergencies, welfare and humanity support</li> <li>Waste management and public sanitation and sewerage</li> <li>Transport through land, water or air</li> <li>Port, shipyard and airport services and operations including unloading, <i>laiter</i> transport, cargo handling and pilotage (<i>pemaliman</i>), and storage or bulk commodity</li> <li>Communications including media, telecommunications and internet, post and courier and broadcasting (only for the purpose of conveying information, news and the like)</li> <li>Banking, insurance, <i>takaful</i> and capital markets (60% entire capacity subject to the Financial Services Sector SOP by Bank Negara Malaysia)</li> <li>Community credit and pawn shops</li> <li>eCommerce and information technology</li> <li>Production, distillation, storage, supply and distribution of fuels and lubricants</li> <li>Hotel and accommodation (only for the purpose of quarantine, segregation, work for the essential services and not tourism purposes)</li> <li>Construction</li> <li>Forestry services (limited to enforcement) and wildlife</li> <li>Legislature and the judiciary</li> <li>Lawyers and commissioner of oaths</li> <li>Logistics limited to delivery of essential services</li> </ol> |  |                                |  |          |             |



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| <b>ESSENTIAL SERVICES ACCORDING TO SECTOR</b>  |  |  |                                |  |          |             |
| <b>Prohibited Activities</b>   | <b>A. Manufacturing (80% worker capacity)</b>  |  |                                |  |          |             |
| <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>   | <ol style="list-style-type: none"> <li>Aerospace (components and maintenance, repair and overhaul - MRO)</li> <li>Food and beverage</li> <li>Packaging and printing materials only related to the essential service sectors</li> <li>Personal care items and detergents</li> <li>Health care and medical products</li> <li>Personal safety items, personal protective equipment (PPE) including rubber gloves and fire safety equipment</li> <li>Components for medical devices</li> <li>Electrical and Electronics (global economic chain importance)</li> <li>Oil and Gas including petrochemicals and petrochemical products</li> <li>Machinery and equipment</li> <li>Textiles for PPE production only</li> <li>Production, refining, storage, supply and distribution of fuels and lubricants</li> <li>Automotive (vehicles and components)</li> <li>Ceramics</li> <li>Cement</li> <li>Rubber</li> <li>Iron and steel</li> <li>Furniture factories for export purposes</li> </ol> |  |                                |  |          |             |
| <b>Standing Orders</b>   |  |  |                                |  |          |             |
| <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> |  |  |                                |  |          |             |



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## ACTIVITY AND PROTOCOL

### ESSENTIAL SERVICES ACCORDING TO SECTOR

#### **B. Agriculture, Fisheries, Livestock, Farming and Commodities (Optimal Capacity)**

1. Agriculture, fisheries and farming as well as its supply chain
2. Farming and commodities as well as its supply chain (palm oil, rubber, pepper, cocoa, timber, *kenaf*, biodiesel and agri-commodity certification)
3. Small-scale logging activities are subject to the Ministry of Energy and Natural Resources SOP.

#### **C. Construction**

1. Critical maintenance and repair work
2. Major public infrastructure construction works
3. Construction work that provides approved employee accommodation on the construction site
4. Construction work that houses workers at approved Centralized Worker Quarters (CLQ).
5. Construction works implemented by G1, G2, G3 and G4 contractors.
6. Individual residential / commercial building renovation works
7. Land investigation work



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| <b>ESSENTIAL SERVICES ACCORDING TO SECTOR</b>  |   |  |                                |  |          |             |
| <p><b>Prohibited Activities</b></p> <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>   | <p><b>D. Distributive Trade</b></p> <ol style="list-style-type: none"> <li>Shopping complexes <b>INCLUDING</b> supermarkets, hypermarkets and departmental stores <b>AND</b> all listed essential services.</li> <li>Supermarkets and hypermarkets.</li> <li>Departmental stores <b>EXCEPT</b> for the clothing, decorations, cosmetics and toy sections.</li> <li>Pharmacies, personal care, convenience stores and mini marts.</li> <li>Restaurants</li> <li>Laundry (including self-service)</li> <li>Pet care and pet food stores</li> <li>Eyeglass and optical goods stores</li> <li>Hardware stores</li> <li>E-commerce (for all product categories)</li> <li>Wholesale and distribution (only for all categories of essential service)</li> <li>Book and stationery stores</li> <li>Computers and telecommunications stores</li> <li>Electrical goods stores</li> <li>Hairdresser salons (basic haircut services only)</li> <li>Beauty salons (basic haircut services only)</li> <li>Car wash operators</li> <li>Vehicle, maintenance and spare part workshops</li> <li>Other Specialty Retail Stores (petrol stations)</li> </ol> |  |                                |  |          |             |
| <p><b>Standing Orders</b></p> <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> | <p><b>E. Others</b></p> <p>Any services, works, industry and business as determined by the Government after consultation with the authority regulating the service, work, industry and business in question.</p>  |  |                                |  |          |             |

**ANY ACTIVITY NOT STATED IN THIS SOP IS PROHIBITED.**





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Translation



| Permitted Activities   | Effective Period                                     | As prescribed in the brief description  | Permitted Hours for Activities | As prescribed in the brief description | Movement | Conditional |
|--|--|---|--------------------------------|--|----------|-------------|
| <ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>  | <b>ACTIVITY AND PROTOCOL</b>                         |   |                                |  |          |             |
| <b>Prohibited Activities</b>   | <b>LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)</b> |   |                                |  |          |             |
| <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>   | <b>Activity</b>                                      | <b>Brief Description</b>  |                                |  |          |             |
| <b>Standing Orders</b>   | Economic Activities                                  | <ul style="list-style-type: none"> <li>Spas, reflexology, massage centres, wellness operations, and pedicure and manicure services.</li> <li>Cyber café and cyber center operations.</li> <li>Driving Training Institutes, Maritime Training Centers and Aviation Training Centers.</li> <li>Photography activities.</li> <li>Predictive number agencies, horse racing and casinos.</li> <li>Liquor factories and store operations.</li> </ul>  |                                |  |          |             |
| <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> | Entertainment Activities                             | <ul style="list-style-type: none"> <li>Activities in night clubs or pubs.</li> <li>Activities in cinemas.</li> </ul>  |                                |  |          |             |
|  | Social Activities                                    | <ul style="list-style-type: none"> <li>Government and private sector Official or Non-Official events.</li> <li>Social Events such as ceremonies, celebratory events, <i>akad nikah</i> or engagement celebrations, weddings, receptions, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, anniversaries, birthday celebrations, reunions, retreats and other social gatherings.</li> <li>Receiving guests or visitors at the residence except in cases of emergency and delivery services.</li> <li>In-person seminars, workshops, courses, training, conferences, talks, exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE).</li> </ul> |                                |  |          |             |



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| <ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>  | <b>ACTIVITY AND PROTOCOL</b>                         |   |                                |  |          |             |
| <b>Prohibited Activities</b>   | <b>LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)</b> |   |                                |  |          |             |
| <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>   | Tourist and Cultural Activities                      | <ul style="list-style-type: none"> <li>Public tourist attractions such as zoos, farms, aquariums, edutainment centers, extreme, adventure, nature parks, etc.</li> <li>Artwork, cultural and heritage premises such as museums, libraries, art galleries, cultural heritage art centres or villages, cultural performance stages, etc.</li> <li>Theme Parks, Family Entertainment Centres, indoor playgrounds and karaoke including family karaoke</li> <li>External district and state tourist activities</li> <li>Overseas tourist activities by citizens and domestic tourism activities that involve foreign tourists entering Malaysia.</li> </ul>   |                                |  |          |             |
| <b>Standing Orders</b>   | Sports and Recreational Activities                   | <ul style="list-style-type: none"> <li>All sports and recreational activities conducted indoors.</li> <li>All water sports and recreational activities <b>EXCEPT</b> for fishing.</li> <li>Sports and recreational activities conducted in groups or involving physical contact.</li> <li>The organizing of all tournaments or competitions <b>EXCEPT</b> for those organized by the Ministry of Youth and Sports (KBS), the Malaysian Football League and the Petronas Cup Prix Championship only.</li> <li>The attendance of spectators or supporters to sports and recreational venues.</li> <li>The entry of Malaysian athletes / trainers / officials / technicians to overseas tournaments or competitions or matches <b>WITHOUT</b> the approval of the Department of Immigration, Malaysia (JIM) and support of KBS / MSN.</li> <li>Sports and recreational activities conducted outside or across areas under effective movement control orders <b>EXCEPT</b> with permission from the RMP.</li> </ul> |                                |  |          |             |
| <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> |  |   |                                |  |          |             |



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| Permitted Activities   |
|--|
| <ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>  |
| Prohibited Activities  |
| <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>   |
| Standing Orders  |
| <ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency (Prevention and Control of Infectious Diseases) (Amendment) Ordinance 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul> |

| Effective Period                                     | As prescribed in the brief description   | Permitted Hours for Activities | As prescribed in the brief description | Movement | Conditional |
|--|--|--------------------------------|--|----------|-------------|
| <b>ACTIVITY AND PROTOCOL</b>                         |  |                                |  |          |             |
| <b>Activity</b>                                      | <b>Brief Description</b>   |                                |  |          |             |
| <b>LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)</b> |  |                                |  |          |             |
| Creative Industries                                  | <ul style="list-style-type: none"> <li>Lounge hotel performances.</li> <li>Indoor or outdoor busking activities (except at Vaccination Centres).</li> </ul>  |                                |  |          |             |
| Other Prohibited Activities                          | <ul style="list-style-type: none"> <li>Any activity that can cause the attendance of many people in one place, rendering physical distancing and compliance with orders from the Director-General of Health difficult.</li> <li>Other matters as decided by the Government from time to time.</li> </ul> |                                |  |          |             |

**DISCLAIMER:** This unofficial translation is based on the original document which is written in the Malay language. Should there be any inconsistency or difference between this translation and the original document, kindly note that the original document is the governing and prevailing version.