

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	<u>ACTIVITY AND PROTOCOL</u>					
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Standing Orders	1. Areas Involved	KEDAH, SELANGOR, NEGERI SEMBILAN, MELAKA, JOHOR, FEDERAL TERRITORY OF KUALA LUMPUR AND FEDERAL TERRITORY OF PUTRAJAYA *For areas under an EMCO, the EMCO SOP for those areas are applicable until their respective EMCO expiry dates.				
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 	2. Effective Period	Commencing 16 August 2021 (commencing 12:01am)				
	3. Full Vaccination	Individuals who have completed their vaccination are individuals who fulfil the following criteria: <ol style="list-style-type: none"> For vaccines that require two doses (Pfizer, AstraZeneca, and Sinovac), the individual must have passed the 14th day from the date of the second dose; or For vaccines that only require one dose (Johnson & Johnson and CanSino), the individual must have passed the 28th day from the vaccination date. 				

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	<p>Activity</p> <p>4. General Health Protocol</p>					
	<p>Brief Description</p> <ul style="list-style-type: none"> It is mandatory for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration book. Hand sanitizers are to be provided at entrances and to ensure its use before entry. Use of the MySejahtera app is mandatory in areas with extensive internet access. Use of the customer attendance registration book is only allowed for areas without internet access or for other reasonable reasons (senior citizens, no smartphone and others). The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and telephone number if there is no internet access. It is mandatory for employers, workers, customers and visitors to check in with MySejahtera or to manually write down their name and telephone number legibly before entering the premises including at Government, private sector and individual offices. For shopping centres, supermarkets or departmental stores, customers only need to scan their body temperature once at the entrance to the complex and not at every business premise within one complex. A person with a body temperature of above 37.5 degree Celsius is not allowed to enter the complex and premises. The owner of the complex and premises outside the complex must ensure that only customers with the status “Low Risk” including “Casual Contact Low Risk” in the MySejahtera app are allowed inside their respective complex / premises. The license holder and premise owner to ensure control on the entry and exit movement of customers on the premises with at least 1 meter physical distancing. 					

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NATIONAL RECOVERY PLAN (NRP) – PHASE 1 SOP

EFFECTIVE DATE : 16 AUGUST 2021

Unofficial
Translation



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Standing Orders	5. Inter-District and Inter-State Movement for Long Distance Married Couples (PJJ)	<ul style="list-style-type: none"> Long-distance married couples are allowed to cross districts and states for the purpose of meeting their respective partners with the condition that both must have been fully vaccinated with PDRM confirmation and produce: <ul style="list-style-type: none"> A copy of the husband and wife's identity card A copy of the marriage certificate/ card A copy of the husband and wife's COVID-19 Vaccination Card/ Digital Certificate A copy of documentary evidence of the husband/ wife's residence or employer confirmation letter. Showing a permission letter approved by PDRM when passing roadblocks (SJR). 				
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7. Citizens and Foreigners Returning/ Arriving from Overseas	<ul style="list-style-type: none"> Citizens and foreign travellers with a residence in Malaysia (including PR and Malaysia MY Second Home) returning or arriving from abroad who are fully vaccinated are allowed to undergo mandatory quarantine at home and will be given a digital Home Surveillance and Observation Order (HSO) subject to further details issued by the Ministry of Health (MOH). <ul style="list-style-type: none"> ➤ Showing evidence of a negative RT PCR test report that is valid and conducted 3 days before departure. ➤ Having a valid and complete COVID-19 vaccination certificate (dependent on the type of vaccine). ➤ No symptoms during the health screening conducted at Malaysia's International Arrival Gate. ➤ Having a suitable residence to carry out quarantine. Individuals returning / arriving from abroad who have not been fully vaccinated or vaccinated at all must undergo quarantine at a designated quarantine center subject to further details issued by the Ministry of Health (MOH). The mandatory quarantine period for travellers from all countries is 14 days and can be extended for another 7 days if required based on the risk assessment result conducted on the 14th day. 				
8. Religion	<ul style="list-style-type: none"> Prayer activities in mosques and <i>suraus</i> for fully vaccinated individuals are allowed subject to the regulations and SOPs prescribed by the State Religious Authority. Prayer activities in Non-Muslim Houses of Worship (RISI) for fully vaccinated individuals are allowed subject to the regulations and SOPs prescribed by the Ministry of National Unity. 				

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9. Manufacturing and Construction Sector	<ul style="list-style-type: none"> For the manufacturing and construction sector that have achieved a full vaccination rate for the workforce as follows: <ul style="list-style-type: none"> a) 40% : Allowed to operate with 60% workforce capacity. b) 60% : Allowed to operate with 80% workforce capacity. c) 80% : Allowed to operate with 100% workforce capacity. RTK Antigen tests to be conducted on workers every 2 weeks with the cost borne by the employer. 				
10 Mining and Quarrying	<ul style="list-style-type: none"> For the mining and quarrying sector that have achieved a full vaccination rate for the workforce as follows: <ul style="list-style-type: none"> a) 60% : Allowed to operate with 80% workforce capacity. b) 80% : Allowed to operate with 100% workforce capacity. RTK Antigen tests to be conducted on workers every 2 weeks with the cost borne by the employer. 				

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<p>11. Trade and Distribution Sector</p>		<ul style="list-style-type: none"> • Only allowed for states in Phase 1 that have achieved 50% full vaccination for the adult population in the state concerned. Customers accorded this freedom must also be fully vaccinated. <ol style="list-style-type: none"> 1. Car wash centers 2. Electrical and electronic stores 3. Home and kitchen appliance stores 4. Furniture stores 5. Sports equipment stores 6. Car accessory stores 7. Car distribution and sale centers 8. Morning markets and farmers' markets only 9. Clothing, fashion and accessory stores 10. Jewellery stores 11. Hairdressers and beauty centers/salons (for basic haircut services only) <ul style="list-style-type: none"> • The premise owner must ensure customers who wish to enter the premises MUST show a COVID-19 Vaccination Card/ Digital Certificate which proves the customer has been fully vaccinated. 			
<p>12. Markets</p>		<ul style="list-style-type: none"> • Only allowed for states in Phase 1 that have achieved 50% full vaccination for the adult population in the state concerned. Customers accorded this freedom must also be fully vaccinated. • Only morning markets and farmers' markets are allowed to operate by ensuring customer who wish to enter the morning market and farmers' market area MUST show a COVID-19 Vaccination Card/ Digital Certificate which proves the customer has been fully vaccinated 			

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	13. Movement Control	<ul style="list-style-type: none"> Unloading activities involving non-essential goods at factories are limited to deliveries and acceptance of goods or cargo for existing stockpile for the purpose of import and export only from 8:00am to 8:00pm on Mondays, Wednesdays and Fridays. Unloading activities involving essential goods are not subject to this restriction and operates as usual. Public land and sea transportation services such as worker transport, bus stops, express buses, LRT, MRT, ERL, monorail, ferries, and other public transport are allowed to operate based on 50% of the vehicle capacity (operational hours and frequency is subject to the Ministry of Transport). Movement in cases of death, natural disaster is allowed after obtaining permission from the RMP. Movement for disaster or humanitarian relief by NGOs must obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the affected area and the assistance must be channelled through the Disaster Operations Control Center in that area. Inter-district and inter-state movement for the purpose of COVID-19 vaccination in Vaccination Centres (<i>Pusat Pemberian Vaksin [PPV]</i>) in a district or state outside their residential area is allowed by showing appointment details through the MySejahtera app, online or SMS. State Assemblymen and Members of Parliament are allowed to cross districts and states to visit their respective constituency without organizing any event. Crossing states and districts are not allowed for long distance married couples. Movement for Short Term Business Travellers under the One Stop Centre (OSC) Initiative for official or business purposes is allowed after obtaining permission from the RMP. 				

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14. Civil Service	<ul style="list-style-type: none"> Implement a full Work From Home (WFH) arrangement excluding frontliner services, security, defense and enforcement Attendance at the Office is allowed only for essential services and not exceeding 40% at any one time based on priority to work processes that cannot be implemented by WFH such as the payment of contracts / invoices / salaries, payment / distribution of monthly / periodic aid to citizens, maintenance / security of the premises, ICT technical management for system maintenance and online meets and document preparation involving Cabinet. Government service counters are allowed to physically operate from 1 July 2021 onwards involving: <ol style="list-style-type: none"> Services that cannot be rendered online; Counter staff capacity does not exceed 50%; and Physical attendance of customers is only through appointments. Attendance to the office must be accompanied by an official order document and employee pass. 				
15. Private Sector	<ul style="list-style-type: none"> All essential service sectors approved by the relevant Ministry or Agency can operate during the NRP period subject to an approval letter of the relevant Ministry effective 1 June 2021. The movement of workers is subject to the registration or operating approval letter or employee pass or employer confirmation letter. Employee attendance capacity for the private sector in the essential services including operations and management is limited to 60%. 				

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	16. Meetings	<ul style="list-style-type: none"> Meetings must be conducted via video conferencing. 				
	17. Seminars, Workshops, Courses, Training and Lectures	<ul style="list-style-type: none"> Seminars, workshops, courses, training and lectures are not allowed except for ongoing internal training that can be conducted in training areas through the Camp Based Training method. Seminars, workshops, courses, training and lectures conducted online are allowed. Critical interviews which must be conducted face-to-face and online are allowed. 				
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	18. Business and Services	<ul style="list-style-type: none"> Restaurant operators including those in hotels, sports and recreational clubhouses, eateries, dining outlets, food trucks, roadside hawkers, mobile hawkers, food courts, hawker centres, roadside stalls or kiosks, are allowed to operate between 6:00am to 10:00pm by take-away, drive-through or delivery. Dine-in and <i>park & dine services</i> are not allowed. Picnic activities are not allowed. Grocery stores, convenience stores, personal care stores and mini marts are allowed to operate between 8:00am to 8:00pm. Daily necessity stores such as hardware stores, vehicle workshops, baby goods stores and religious goods are allowed to operate between 8:00am to 8:00pm. Healthcare services such as hospitals, clinics, and medical laboratories can operate 24 hours or in accordance with their operational license. Pharmacies can operate from 8:00am to 8:00pm. Petrol stations can operate from 6:00am to 8:00pm except for petrol stations on highways which can operate 24 hours. Supermarkets, hypermarkets, and departmental stores can be open from 8:00am to 8:00pm. Book and stationery stores, computer and telecommunications stores are allowed to operate from 8:00am to 8:00pm. Veterinarians and pet food stores are allowed to operate from 8:00am to 8:00pm. Laundry services, self-service laundromats and optical stores are allowed to operate from 8:00am to 8:00pm. Self-service laundromats must ensure an employee is on the premises with adherence to the prescribed SOP. 				

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	ACTIVITY AND PROTOCOL					
Prohibited Activities						
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 						
Standing Orders						
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 						
	19. Markets	<ul style="list-style-type: none"> Day markets and public markets can operate from 6:00am to 4:00pm subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers. Controlled Fresh Markets (<i>Pasar Segar Terkawal – PST</i>) are allowed to operate from 7:00am to 2:00pm. Permanent Farmers Markets (<i>Pasar Tani Kekal – PTK</i>), MyFarm Outlets (MFO) and Local Farmer Organization Complexes (<i>Kompleks Pertubuhan Peladang Kawasan – PPK</i>) are allowed to operate from 6:00am to 4:00pm. Wholesale markets are allowed to operate from 12:01am to 6:00am and 11:00am to 4:00pm subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers. Morning markets and farmers' markets are allowed to operate from 7:00am to 11:00am. Customers who wish to enter morning market and farmers' market areas MUST show a COVID-19 Vaccination card/ Digital Certificate which proves that the customer is fully vaccinated. Night markets and weekly markets are not allowed to operate. 				
	20. Mining and Quarrying	<ul style="list-style-type: none"> The supply of minerals and rock materials as well as its movement from the mine or quarry to a premise or major public infrastructure construction project and building construction works are allowed in this SOP. The supply of cement as well as its movement from the mine or quarry to a premise or major public infrastructure construction project and building construction works are allowed in this SOP. Mining and quarry maintenance works are allowed based on the Mining and Quarry SOP. Mining and quarry operations are allowed subject to the Mining and Quarry SOP. 				
	21. Agriculture, Fisheries, Livestock, Farming and Commodities	<ul style="list-style-type: none"> Refer to the List of Essential Services According to Sector which are allowed to operate. Fishing activities for subsistence purposes are allowed. 				

Permitted Activities
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business.
Prohibited Activities
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities
Standing Orders
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health

Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<u>ACTIVITY AND PROTOCOL</u>					
Activity	Brief Description				
22. Education	<ul style="list-style-type: none"> All schools and educational institutes under MOE, private educational institutes under the school category and centers such as tuition centers, language centers, skill centers, counselling centers and others registered under MOE are to be closed commencing 29 June 2021. All in-person <i>Pengajaran dan Pembelajaran</i> (PdP) activities are not allowed and must continue to be conducted through the <i>Pengajaran dan Pembelajaran di Rumah</i> (PdPR) method. International school and expatriate school students involved with international examinations are allowed to attend to sit for their examination according to the examination schedule set by the international examination body. All Public & Private Higher Educational Institutions, Vocational Institutes, other schools under the Ministry of Education (MOE), <i>tahfiz</i> centers and other educational institutes are to be closed. HEIs under the purview of the Ministry of Higher Education (MOHE) can continue online. All in-person <i>Pengajaran dan Pembelajaran</i> (PdP) activities are not allowed except for students in need. International examinations and professional bodies as well as research activities which require laboratory facilities at HEIs are allowed in accordance with the relevant HEI SOP and movement must be accompanied by confirmation from the Ministry of Higher Education (MOHE) or relevant HEI. Students in boarding school, universities or educational institutes are allowed to be in the boarding school, university or institution and continue hybrid learning. 				

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	<u>ACTIVITY AND PROTOCOL</u>					
Prohibited Activities	Activity					
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 	Brief Description					
Standing Orders	23. <i>Tabikas</i> , Childcare Centers, Kindergartens, Daycare Centers and Residential Daycare Centers	<ul style="list-style-type: none"> <i>Tabikas</i>, childcare centers, daycare centers, private kindergartens, kindergartens in private, international and expatriate schools as well as mind development centers for children between the ages of 4 and 6 are not allowed to operate except for children whose parents and guardians are both frontliners and working in essential services. Residential care centers or rehabilitation centers for children, People with Disabilities, senior citizens, women and multi-purpose care centers are allowed to operate in accordance with the SOPs prescribed under the relevant Ministry, Department or Agency. Parents or guardians sending children to childcare centers are allowed to in accordance with the vehicle capacity. 				
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 	24. Religion	<ul style="list-style-type: none"> Prayer activities at mosques and <i>suraus</i> are allowed for fully vaccinated individuals subject to the regulations and SOPs prescribed by the State Religious Authority. The Muslim <i>akad nikah</i> only are allowed in Religious Departments / Agencies with attendance in accordance with State Religious Authority directives. Muslim funeral arrangements are allowed in accordance with State Religious Authority directives. Prayer activities at Non-Muslim Houses of Worship are allowed for fully vaccinated individuals subject to the regulations and SOPs prescribed by the Ministry of National Unity (KPN). The registration of marriages for non-Muslims at the National Registration Department (NRD), Houses of Worship and Religious Associations is allowed with attendance according to NRD directives. Non-Muslim funeral arrangements are allowed in accordance with the Ministry of National Unity directives. 				

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	<u>ACTIVITY AND PROTOCOL</u>					
<p>Prohibited Activities</p> <ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 						
<p>Standing Orders</p> <ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 						
	25. Sports and Leisure	<p>Brief Description</p> <ul style="list-style-type: none"> Non-contact sports and recreational activities carried out individually in open areas is LIMITED to jogging, cycling, exercising and individual sports without the involvement of sports and recreational facility operations which can only be played casually close to the home with compliance to physical distancing of at least 2 to 3 meters and carried out in the neighbourhood from 7:00am to 8:00pm. Individual sports activities are those such as skateboarding, inline skating and the like. Central training programs including tournaments or closed competitions with quarantine organized by the National Sports Council (MSN) using the Camp Based Training concept. Central training programs with quarantine organized by the State Sports Councils (State MSN) using the Camp Based Training Concept. Central training programs with quarantine for teams in the Malaysian Football League (MFL) using the SPORTS BUBBLE model (Camp Based Training). Hosting of private Malaysian Football League matches by the Malaysian Football League (MFL) using the SPORTS BUBBLE model without the attendance of spectators or supporters. 				

Permitted Activities
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business.
Prohibited Activities
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities
Standing Orders
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health

Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<u>ACTIVITY AND PROTOCOL</u>					
Activity	Brief Description				
26. Creative Industries	<ul style="list-style-type: none"> Development and broadcasting of creative content through recordings or live broadcasts including animation, filming, drama, promotions, sitcoms and the like, including dance arts, theatre arts, musical arts, cultural and heritage performances as well as musical art activities are not allowed except for individual talks and live streaming. Broadcast by recording or live broadcast programs in the form of information presentation (other than entertainment) such as news, forums, talks are allowed. 				
27. Other Activities	ANY ACTIVITY NOT STATED IN THIS SOP IS NOT PERMITTED.				



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Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	ACTIVITY AND PROTOCOL					
<p>Prohibited Activities</p> <ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 	LIST OF ESSENTIAL SERVICES ALLOWED TO OPERATE					
<p>Standing Orders</p> <ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 	<ol style="list-style-type: none"> Food and beverage, including for animals Healthcare and medication including supplements, personal care and animal clinics as well as veterinary services Water Energy Security and safety, defense, emergencies, welfare and humanity support Waste management and public sanitation and sewerage Transport through land, water or air Port, shipyard and airport services and operations including unloading, <i>laiter</i> transport, cargo handling and pilotage (<i>pemaliman</i>), and storage or bulk commodity Communications including media, telecommunications and internet, post and courier and broadcasting (only for the purpose of conveying information, news and the like) Banking, insurance, <i>takaful</i> and capital markets (60% entire capacity subject to the Financial Services Sector SOP by Bank Negara Malaysia) Community credit and pawn shops eCommerce and information technology Production, distillation, storage, supply and distribution of fuels and lubricants Hotel and accommodation (only for the purpose of quarantine, segregation, work for the essential services and not tourism purposes) Critical construction, maintenance and repair Forestry services (limited to enforcement) and wildlife Legislature and the judiciary Lawyers and commissioner of oaths Accounting services. Professional and consultancy services (subject to the relevant Professional Body regulatory authority) Logistics limited to delivery of essential services 					

Permitted Activities
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business.
Prohibited Activities
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities
Standing Orders
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health

Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<u>ACTIVITY AND PROTOCOL</u>					
ESSENTIAL SERVICES ACCORDING TO SECTOR					
A. Manufacturing (60% worker capacity)					
<ol style="list-style-type: none"> Aerospace (components and maintenance, repair and overhaul - MRO) Food and beverage Packaging and printing materials only related to food and health goods Personal care items and detergents Health care and medical products Personal safety items, personal protective equipment (PPE) including rubber gloves and fire safety equipment Components for medical devices Electrical and Electronics (global economic chain importance) Oil and Gas including petrochemicals and petrochemical products Machinery and equipment related only to health and food Textiles for PPE production only Production, refining, storage, supply and distribution of fuels and lubricants 					

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	ACTIVITY AND PROTOCOL					
ESSENTIAL SERVICES ACCORDING TO SECTOR						
B. Agriculture, Fisheries, Livestock, Farming and Commodities (Optimal Capacity)						
<ol style="list-style-type: none"> Agriculture, fisheries and farming as well as its supply chain Farming and commodities as well as its supply chain (palm oil, rubber, pepper and cocoa) 						
C. Construction						
<ol style="list-style-type: none"> Critical maintenance and repair work. Public infrastructure construction works. Building construction work that provides approved employee accommodation on the construction site or houses workers in approved Centralized Worker Quarters (CLQ). Construction works implemented by G1, G2, G3 and G4 contractors. Individual residence renovation works. Government funded construction projects. Land inquiry works. Professional/ consultancy services involved in construction works allowed to operate. Supply chain services involved in construction works allowed to operate. 						
Prohibited Activities						
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 						
Standing Orders						
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 						

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	ACTIVITY AND PROTOCOL					
ESSENTIAL SERVICES ACCORDING TO SECTOR						
D. Distributive Trade						
With No Vaccination Condition						
<p>Prohibited Activities</p> <ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 	<ol style="list-style-type: none"> Shopping complexes are CLOSED except for supermarkets, hypermarkets and departmental stores INCLUDING all listed essential services. Supermarkets and hypermarkets. Departmental stores EXCEPT for the clothing, decorations, cosmetics and toy sections. Pharmacies, personal care, convenience stores and mini marts. Restaurants Laundry (including self-service) Pet care and pet food stores Eyeglass and optical goods stores Hardware stores E-commerce (for all product categories) Wholesale and distribution (only for all categories of essential service) Vehicle, maintenance and spare part workshops Other Specialty Retail Stores (petrol stations) Books and stationery stores Computer and telecommunication stores 					
<p>Standing Orders</p> <ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 						

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	ACTIVITY AND PROTOCOL					
ESSENTIAL SERVICES ACCORDING TO SECTOR						
D. Distributive Trade						
<u>With the Condition of Fully Vaccinated Customers</u>						
<ul style="list-style-type: none"> Allowed for states in Phase 1 that have achieved 50% full vaccination for the adult population in the state concerned. Customers accorded this freedom must also be fully vaccinated. 						
<ol style="list-style-type: none"> Car wash centers Electrical and electronic stores Home and kitchen appliance stores Furniture stores Sports equipment stores Car accessory stores Car distribution and sale centers Morning markets and farmers' markets only Clothing, fashion and accessory stores Jewellery stores Hairdressers and beauty centers/salons (for basic haircut services only) 						
E. Others						
Any services, works, industry and business as determined by the Government after consultation with the authority regulating the service, work, industry and business in question.						
ANY ACTIVITY NOT STATED IN THIS SOP IS PROHIBITED.						
Prohibited Activities						
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 						
Standing Orders						
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 						

Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	<u>ACTIVITY AND PROTOCOL</u>					
Prohibited Activities	Activity Brief Description					
LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)						
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 	1. Economic Activities	<ul style="list-style-type: none"> Spas, reflexology, massage centres, wellness as well as pedicure and manicure services. Cyber café and cyber center operations. Driving Training Institutes, Maritime Training Centers and Aviation Training Centers. Photography activities. Predictive number agencies, horse racing and casinos. Liquor factories and store operations. 				
Standing Orders <ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 	2. Social Activities	<ul style="list-style-type: none"> Government and private sector Official or Non-Official events. Social Events such as ceremonies, celebratory events, akad nikah or engagement celebrations, weddings, receptions, aqiqah ceremonies, doa selamat, tahlil, anniversaries, birthday celebrations, reunions, retreats and other social gatherings. Receiving guests or visitors at the residence except in cases of emergency and delivery services. In-person seminars, workshops, courses, training, conferences, talks, exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE). 				



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<ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business. 	ACTIVITY AND PROTOCOL					
Prohibited Activities	LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)					
<ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities 	3. Tourist and Cultural Activities	<ul style="list-style-type: none"> Public tourist attractions such as zoos, farms, aquariums, edutainment centers, extreme, adventure, nature parks, etc. Artwork, cultural and heritage premises such as museums, libraries, art galleries, cultural heritage art centres or villages, cultural performance stages, etc. Theme Parks, Family Entertainment Centres, indoor playgrounds and karaoke including family karaoke External district and state tourist activities Overseas tourist activities by citizens and domestic tourism activities that involve foreign tourists entering Malaysia. 				
Standing Orders	4. Sports and Recreational Activities	<ul style="list-style-type: none"> All sports and recreational activities conducted in groups or with physical contact. All water sports and recreational activities. The operations of ALL sports and recreational facilities or premises EXCEPT for public parks which are subject to the Local Authorities (LA) and sports and recreation venues involving the National Sports Council (MSN), States Sports Councils (State MSNs) and teams under the Malaysian Football League (MFL). Group sports and recreational activities or those involving physical contact. The organizing of tournaments or competitions or local and international matches EXCEPT for internal or closed competitions / tournaments organized by the National Sports Council and team training matches under the Malaysian Football League (MFL). Sports and recreational activities conducted outside or across areas under effective movement control orders EXCEPT with permission from the RMP. 				
<ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 						

<p>Permitted Activities</p> <ul style="list-style-type: none"> Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business.
<p>Prohibited Activities</p> <ul style="list-style-type: none"> Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities
<p>Standing Orders</p> <ul style="list-style-type: none"> Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health

Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<u>ACTIVITY AND PROTOCOL</u>					
Activity		Brief Description			
LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)					
5. Creative Industries	<ul style="list-style-type: none"> Lounge hotel performances. Indoor or outdoor busking activities (except at Vaccination Centres). Activities at nightclubs or pubs. Activities at cinemas. Indoor and outdoor filming. 				
6. Other Prohibited Activities	<ul style="list-style-type: none"> Any activity that can cause the attendance of many people in one place, rendering physical distancing and compliance with orders from the Director-General of Health difficult. Other matters as decided by the Government from time to time. 				

DISCLAIMER: This unofficial translation is based on the original document which is written in the Malay language. Should there be any inconsistency or difference between this translation and the original document, kindly note that the original document is the governing and prevailing version.