



# NATIONAL RECOVERY PLAN – PHASE 2 SOP

## UPDATED : 9 SEPTEMBER 2021

Unofficial  
Translation



Permitted Activities
<ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>
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<b>ACTIVITY AND PROTOCOL</b>					
	<b>Activity</b>	<b>Brief Description</b>			
	1. Areas Involved	<p><b>KELANTAN, TERENGGANU, PAHANG, PERAK, PENANG, SABAH, MELAKA, SELANGOR, F.T. KUALA LUMPUR AND F.T. PUTRAJAYA</b></p> <p>*For Sabah, please refer to the National Recovery Plan SOP Phase 2 Sabah.</p> <p>*For areas under an EMCO, the EMCO SOP for those areas are applicable until their respective expiry Dates</p>			
	2. Effective Period	<p><b>Starting 20 August 2021 (from 12.01am)</b></p> <p>*Melaka starts on 4 September 2021 (from 12.01am)</p> <p><b>*Selangor, F.T. Kuala Lumpur and F.T. Putrajaya starts on 10 September 2021 (from 12.01am)</b></p>			
	3. Full Vaccination	<p>Individuals who have completed their vaccination are individuals who fulfil the following criteria</p> <ol style="list-style-type: none"> <li>For vaccines that require two doses (such as Cormirnaty (Pfizer-BioNTech), COVID-19 AstraZeneca (Oxford-AstraZeneca), CoronaVac (Sinovac), Spikevax (Moderna) and Covilo (Sinopharm)), the individual must have passed the 14<sup>th</sup> day from the date of the second dose; or</li> <li>For vaccines that only require one dose (such as COVID-19 Janssen (Johnson &amp; Johnson) and Convidevia (CanSino)), the individual must have passed the 28<sup>th</sup> day from the vaccination date.</li> </ol>			



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4. General Health Protocol	<ul style="list-style-type: none"> <li>The license holder and premise owner to ensure control on the entry and exit movement of customers on the premises with at least 1 meter physical distancing.</li> <li>It is <b>mandatory</b> for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration book.</li> <li>Hand sanitizers are to be provided at entrances and to ensure its use before entry.</li> <li>Use of the MySejahtera app is <b>mandatory</b> in areas with extensive internet access. Use of the customer attendance registration book is only allowed for areas without internet access or for other reasonable reasons (senior citizens, no smartphone and others).</li> <li>The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and telephone number if there is no internet access.</li> <li>It is <b>mandatory</b> for employers, workers, customers and visitors to check in with MySejahtera or to manually write down their name and telephone number legibly before entering the premises including at Government, private sector and individual offices.</li> <li>For shopping centres, supermarkets or departmental stores, customers only need to scan their body temperature once at the entrance to the complex and not at every business premise within one complex.</li> <li>A person with a body temperature of above 37.5 degree Celsius is <b>not allowed</b> to enter the complex and premises.</li> <li>The owner of the complex and premises outside the complex must ensure that only customers with the status “Low Risk” including “Casual Contact Low Risk” in the MySejahtera app are allowed inside their respective complex / premises.</li> </ul>				



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### ACTIVITY AND PROTOCOL

#### ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS

Activity	Brief Description
5. Inter-state District Travel	<ul style="list-style-type: none"> <li>• Inter-district travel is <b>allowed</b> for individuals who have been fully vaccinated by producing a COVID-19 Vaccination Card/ Digital Certificate and identity card/ passport as proof.</li> <li>• Individuals who are fully vaccinated are allowed to bring children age 17 and under with compliance to general health protocols.</li> </ul>
6. Inter-District and Inter-State Movement for Long-Distance Married Couples (PJJ)	<ul style="list-style-type: none"> <li>• Long-distance spouses are <b>allowed</b> to cross states for the purpose of meeting their spouses provided that both must have been fully vaccinated with Royal Malaysian Police (PDRM) confirmation and produce:               <ul style="list-style-type: none"> <li>➢ A copy of the husband and wife's identity card</li> <li>➢ A copy of the marriage certificate/ card</li> <li>➢ A copy of the husband and wife's COVID-19 Vaccination Card/ Digital Certificate</li> <li>➢ A copy of documentary evidence of the husband/ wife's residence or employer confirmation letter.</li> </ul> </li> <li>• Showing a permission letter approved by PDRM when passing roadblocks (SJR).</li> </ul>
7. Inter-District and Inter-State Movement for Parents/Guardian with Long-Distance Children (Below 18 Years) (AJJ)	<ul style="list-style-type: none"> <li>• Parents/ guardians who have children under the age of 18 residing in a different state are <b>allowed</b> to cross states to meet their respective children with the condition that both parents and/or guardian must be fully vaccinated with PDRM confirmation and produce               <ul style="list-style-type: none"> <li>➢ A copy of the parents' identity card and child's birth certificate/ document</li> <li>➢ A copy of the parents' / guardians' COVID-19 Vaccination Card/ Digital Certificate</li> <li>➢ The child's schooling information (if relevant)</li> </ul> </li> <li>• Showing a permission letter approved by PDRM when passing roadblocks (SJR).</li> </ul>



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ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS	
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8. Citizens and Foreigners Returning/ Arriving from Overseas	<ul style="list-style-type: none"> <li>Citizens and foreign travelers with a residence in Malaysia (including PR and Malaysia MY Second Home) returning or arriving from abroad who are fully vaccinated are <b>allowed</b> to undergo mandatory quarantine at home and will be given a digital Home Surveillance and Observation Order (HSO) subject to a <b>risk assessment</b> by the Ministry of Health (MOH) and further details issued by MOH.               <ul style="list-style-type: none"> <li>➢ Showing evidence of an RT PCR test report with a negative result conducted 3 days before departure.</li> <li>➢ Having a valid and complete COVID-19 vaccination certificate (dependent on the type of vaccine)</li> <li>➢ No symptoms during the health screening conducted at the International Arrival Gate (PMA).</li> <li>➢ Having a suitable residence to carry out quarantine</li> </ul> </li> <li>Individuals returning / arriving from abroad who have not been fully vaccinated or vaccinated at all must undergo quarantine at a designated quarantine center subject to further details issued by the Ministry of Health (MOH)</li> <li>The mandatory quarantine period for travelers from all countries is 14 days and can be extended for another 7 days if required based on the risk assessment result conducted on the 14 th day</li> <li>Travelers are required to conduct daily self-assessments through the Home Assessment Tool (HAT) in the MySejahtera application and this activity must be continued to the end of the quarantine period (whether 14 or 21 days from the arrival date).</li> <li>Travelers are required to take a COVID-19 screening test that is the COVID-19 RT-PCR test upon arrival at a PMA. A repeat COVID-19 RT-PCR screening test will be conducted on the 10<sup>th</sup> or 18<sup>th</sup> day (for travelers required to undergo quarantine for 21 days).</li> </ul>



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9. Religion	<ul style="list-style-type: none"> <li>Prayer activities in mosques and suraus for fully vaccinated individuals are <b>allowed</b> subject to the regulations and SOPs prescribed by the State Religious Authority</li> <li>Prayer activities in Non-Muslim Houses of Worship (RISI) for fully vaccinated individuals are <b>allowed and is</b> subject to the regulations and SOPs prescribed by the Ministry of National Unity</li> </ul>				
10. Dine-in	<ul style="list-style-type: none"> <li>Restaurant operators including hotels, sports and recreation club houses, eateries, food stalls, catering vehicles, roadside hawkers, mobile hawkers, food courts, hawker centers, roadside food stalls and kiosks are <b>allowed</b> to provide dine-in services subject to the following conditions:               <ul style="list-style-type: none"> <li>➤ Only accepting customers who are fully vaccinated and asymptomatic.</li> <li>➤ The business premise owner <b>MUST</b> display an acceptance notice of only customers who are fully vaccinated and asymptomatic at the entrance to the premises.</li> <li>➤ Only workers who are fully vaccinated and asymptomatic are allowed to work with the following vaccination rate:                   <ul style="list-style-type: none"> <li>a) 40% : Allowed to operate with 60% workforce capacity.</li> <li>b) 60% : Allowed to operate with 80% workforce capacity.</li> <li>c) 80% : Allowed to operate with 100% workforce capacity.</li> </ul> </li> <li>➤ The business premise owner must ensure that the table layout is appropriately distanced and the premises have a good ventilation system.</li> <li>➤ Dine-in activities with a 50% capacity per table and physical distancing of at least 1 meter, subject to the KPDNHEP NRP Phase 2 Distributive Trade SOP.</li> </ul> </li> <li>Couples who are fully vaccinated are <b>allowed</b> to bring children age 17 and under to dine-in at such premises with compliance to general health protocols.</li> </ul>				



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11. Sports and Leisure	<ul style="list-style-type: none"> <li>Dine-in activities in a restaurant or cafe on the club house premises are <b>allowed</b>.</li> <li>All physical contact or non-contact sports and recreational activities conducted individually or in groups in <b>INDOOR</b> areas <b>EXCEPT</b> in gyms/ fitness centers including indoor fitness studios are <b>LIMITED</b> only to <b>FULLY VACCINATED</b> individuals to conduct all sports and recreational activities from 6:00am to 8:00pm subject to the movement control order currently in force.</li> <li>The operations of all commercial <b>INDOOR</b> sports and recreational facilities <b>EXCEPT</b> for gyms/ fitness centers including indoor fitness studios with compliance to <b>50% capacity</b> usage/ area <b>WITH</b> supervisory control. The attendance of workers should not exceed 60% workforce capacity encompassing management and operations. Usage is only for <b>FULLY VACCINATED</b> individuals. Fully vaccinated individuals are also allowed to bring children aged 17 years and below for these activities with strict compliance to SOP.</li> <li>All contact sports and recreational activities conducted in <b>OUTDOOR</b> areas are <b>LIMITED</b> to <b>FULLY VACCINATED</b> individuals to conduct all sports and recreational activities from 6:00am to 10:00pm subject to the movement control order currently in force.</li> <li>The operations of all <b>OUTDOOR</b> commercial sports and recreational facilities with compliance to the General Sports and Recreation SOP <b>WITH</b> supervisory control. The attendance of workers should not exceed 60% workforce capacity encompassing management and operations. Usage is among <b>FULLY VACCINATED</b> individuals for contact activities. Fully vaccinated individuals are also allowed to bring children aged 17 years and below for these activities with strict compliance to SOP.</li> </ul>



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11. Sports and Leisure	<ul style="list-style-type: none"> <li>The operations of all public <b>OUTDOOR</b> and <b>INDOOR</b> sports and recreational facilities are subject to the Local Authorities (LA)/ Relevant Authority.</li> <li>Sports and recreational activities or training in groups are <b>LIMITED</b> to <b>FULLY VACCINATED</b> individuals conducted in a controlled manner <b>WITH</b> supervisory control and is subject to 50% capacity usage/ area or not exceeding 80 persons at any given time including the trainer/ instructor/ parents (whichever is lower). Fully vaccinated individuals are also allowed to bring children aged 17 years and below for these activities or training with strict compliance to SOP.</li> </ul>





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12. Picnics and Camping	<ul style="list-style-type: none"> <li>Picnic and camping activities are allowed within the same state.</li> <li>Fully vaccinated individuals are <b>allowed</b> to bring children aged 17 years and under for such activities with strict compliance to SOP.</li> </ul>				
13. Tourist Activities	<ul style="list-style-type: none"> <li>Tourist activities are only <b>allowed</b> in the same state involving hotels and homestays.</li> <li>Guests who are fully vaccinated are <b>allowed</b> to undertake tourism activities in the same state by presenting a COVID-19 Vaccination Card/Digital Certificate upon check in.</li> <li>The operator of the hotel and <i>homestay</i> must make sure that individuals who wish to enter the premises <b>MUST</b> show a COVID-19 Vaccination Card/ Digital Certificate proving that the individuals have been fully vaccinated.</li> <li>Couples who are fully vaccinated are <b>allowed</b> to bring children of age 17 years and under for tourist activities at hotels and homestays with compliance to general health protocols.</li> <li>Visits by appointment for fully vaccinated visitors to public cultural premises and facilities such as museums, galleries, archives, handicraft centers, memorials, libraries and cultural complexes, cultural heritage art centers/ villages, cultural performance stages are <b>allowed</b> with 30% capacity in the premise area.</li> <li>A tourism bubble is <b>allowed</b> in Langkawi Island for fully vaccinated tourists with compliance to the Langkawi Island Domestic Tourism Bubble SOP.</li> </ul>				



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Activity	Brief Description
14. Manufacturing and Construction Sector	<ul style="list-style-type: none"> <li>For activities <b>not listed</b> in the Manufacturing and Construction Sector Essential Services List that have achieved a full vaccination rate for workers are <b>allowed to operate</b> as follows:               <ol style="list-style-type: none"> <li>40% : Allowed to operate with 60% workforce capacity</li> <li>60% : Allowed to operate with 80% workforce capacity</li> <li>80% : Allowed to operate with 100% workforce capacity</li> </ol> </li> <li>RTK Antigen tests to be conducted on workers every 2 weeks with the cost borne by the employer</li> </ul>
15. Mining and Quarrying Sector	<ul style="list-style-type: none"> <li>For the Mining and Quarrying Sector which have achieved a full vaccination rate for workers are <b>allowed to operate</b> as follows:               <ol style="list-style-type: none"> <li>Less than 80% : Allowed to operate with 80% workforce capacity.</li> <li>80% : Allowed to operate with 100% workforce capacity.</li> </ol> </li> <li>RTK Antigen tests to be conducted on workers every 2 weeks with the cost borne by the employer</li> </ul>



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<b>Permitted Activities</b>
<ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>
<b>Prohibited Activities</b>
<ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>
<b>Standing Orders</b>
<ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency Ordinance (Prevention and Control of Infectious Diseases) 2021</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul>

<b>Effective Period</b>	<b>As prescribed in the brief description</b>	<b>Permitted Hours for Activities</b>	<b>As prescribed in the brief description</b>	<b>Movement</b>	<b>Conditional</b>
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## ACTIVITY AND PROTOCOL

### ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS

Activity	Brief Description
16. Trade and Distribution Sector	<ul style="list-style-type: none"> <li>Customers accorded this allowance must be fully vaccinated.</li> <li>1. Photography goods stores and photography services</li> <li>2. Second-hand stores</li> <li>3. Florists and nurseries</li> <li>4. Handicraft and souvenir stores</li> <li>5. Antique stores</li> <li>6. Toy stores</li> <li>7. Carpet stores</li> <li>8. Creative content and creative industry equipment stores</li> <li>9. Outdoor equipment stores (including camping, fishing equipment etc.)</li> <li>10. Cosmetics, skin care and perfume stores</li> <li>11. Tobacco stores (including vape and electronic cigarettes)</li> <li>12. Household goods and kitchen utensil stores</li> <li>13. Furniture stores</li> <li>14. Sports equipment stores</li> <li>15. Vehicle accessories stores</li> <li>16. Vehicle distribution and sales centers</li> <li>17. Clothing, fashion and accessory stores</li> <li>18. Jewelry stores</li> <li>19. Hairdressers</li> <li>20. Beauty centers/ salons</li> <li>21. Housing galleries (show rooms)</li> </ul> <ul style="list-style-type: none"> <li>The premise owner must ensure customers who wish to <b>enter the premises MUST</b> show a <b>COVID-19 Vaccination Card/ Digital Certificate</b> which proves the customer has been fully vaccinated.</li> <li>Parents/ guardians who have been fully vaccinated are <b>allowed</b> to bring children aged 17 years and below to the above premises with compliance to general health protocols.</li> </ul>



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## ACTIVITY AND PROTOCOL

ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS	
Activity	Brief Description
17. Night Markets and Weekly Markets	<ul style="list-style-type: none"> <li>Customers who have this convenience must be fully vaccinated.</li> <li>Night markets and weekly markets are allowed to operate by ensuring customers who wish to enter <b>the night market and weekly market area MUST show a COVID-19 Vaccination Card/ Digital Certificate</b> which proves the customer has been fully vaccinated.</li> </ul>
18. Driving Institutes	<ul style="list-style-type: none"> <li><b>Driving Institutes are allowed to operate with the condition that the workers, instructors and candidates are fully vaccinated by producing a COVID-19 Vaccination Card/ Digital Certificate and identification card as proof.</b></li> <li><b>Only workers who have received two complete vaccination doses and are asymptomatic are allowed to work according to the following vaccination rates:</b> <ol style="list-style-type: none"> <li><b>40% : Allowed to operate with 60% workforce capacity.</b></li> <li><b>60% : Allowed to operate with 80% workforce capacity.</b></li> <li><b>80% : Allowed to operate with 100% workforce capacity.</b></li> </ol> </li> </ul>



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<b>Prohibited Activities</b>
<ul style="list-style-type: none"> <li>• Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>• Please refer to the List of Prohibited Activities</li> </ul>
<b>Standing Orders</b>
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## ACTIVITY AND PROTOCOL

ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS	
Activity	Brief Description
<b>19. Creative Industry and Entertainment Activities</b>	<ul style="list-style-type: none"> <li>• All fully vaccinated creative industry players are allowed the following activities:               <ul style="list-style-type: none"> <li>➤ Development and broadcasting of creative content by recorded or live broadcast.</li> <li>➤ Recorded or live broadcast in the form of information delivery and entertainment with the attendance of a fully vaccinated audience with 50% spectator capacity in the studio space.</li> <li>➤ Creative industry filming in and outside studios.</li> <li>➤ Busking.</li> <li>➤ Lounge hotel performances for fully vaccinated customers.</li> <li>➤ Live performance activities such as musical theatre, musicals, music and comedy (through pre-registration) with a fully vaccinated audience with 50% spectator capacity in the premise area.</li> <li>➤ Cinema activities are allowed provided the employees and spectators are fully vaccinated with 50% capacity of the cinema hall area.</li> </ul> </li> </ul>



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<b>ACTIVITY AND PROTOCOL</b>					
Activity	Brief Description				
20. Movement Control	<ul style="list-style-type: none"> <li>Inter-district and inter-state movement (based on the district borders set by the State Government) is <b>not allowed</b> except for:               <ul style="list-style-type: none"> <li>➢ Individuals who have been fully vaccinated for inter-district movement only.</li> <li>➢ Long-distance married couples, long-distance children and individuals approved to travel by MOH and PDRM for inter-state movement.</li> </ul> </li> <li><b>Selangor, F.T. Kuala Lumpur and F.T. Putrajaya are treated as one infection area.</b></li> <li>The PDRM is responsible for exercising control over infected areas with the assistance of ATM, APM &amp; RELA. Entry and exit routes of NRP areas are closed and entry is controlled by the PDRM.</li> <li>Movement for individuals who have been fully vaccinated is allowed based on the total capacity of the vehicle.</li> <li>Meanwhile, for those who have not been fully vaccinated:               <ul style="list-style-type: none"> <li>➢ Only <b>two (2)</b> household representatives are <b>allowed</b> out just to get food supplies, medicines, dietary supplements and basic necessities</li> <li>➢ A maximum of <b>three (3)</b> people only including patients are <b>allowed</b> out to seek health care services, medical, screening tests, vaccination programs, safety or emergency.</li> </ul> </li> <li>The number of passengers allowed in a taxi and e-hailing is limited to only <b>two (2) people</b> including the driver, the passenger must sit at the back.</li> <li>The number of people <b>allowed</b> in a vehicle carrying goods as well as for the economic or industry activity chain (except for worker transport) is dependent on the commercial vehicle registration license.</li> <li>The number of people <b>allowed</b> in a Department Vehicle or an Official Post Car is based on the capacity of the vehicle.</li> <li>Activities and services at all airports and ports are <b>allowed</b> to operate 24 hours.</li> <li>Public land and sea transportation services such as worker transport, bus stops, express buses, ferries and other public transport are allowed to operate based on <b>the vehicle capacity.</b></li> </ul>				



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<b>ACTIVITY AND PROTOCOL</b>					
Activity	Brief Description				
20. Movement Control	<ul style="list-style-type: none"> <li>Unloading activities involving non-essential goods at factories are limited to deliveries and acceptance of goods or cargo for existing stockpile for the purpose of import and export only from 8:00am to 8:00pm on Mondays, Wednesdays and Fridays with the permission of PDRM.</li> <li>Unloading activities involving essential goods are not subject to this restriction and operates as usual.</li> <li>Movement in cases of death, natural disaster is <b>allowed</b> after obtaining permission from the PDRM.</li> <li>Movement for disaster or humanitarian relief by NGOs must obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the affected area and the assistance must be channelled through the Disaster Operations Control Center in that area.</li> <li>Inter-district and inter-state movement for the purpose of COVID-19 vaccination in Vaccination Centres (<i>Pusat Pemberian Vaksin [PPV]</i>) in a district or state outside their residential area is <b>allowed</b> by showing appointment details through the MySejahtera app, online or SMS.</li> <li>State Assemblymen and Members of Parliament <b>are</b> allowed to cross districts and states to visit their respective constituency without organizing any event.</li> <li>Movement for Short Term Business Travellers under the One Stop Centre (OSC) Initiative for official or business purposes is <b>allowed</b> subject to permission from the PDRM.</li> <li>Inter-district and inter-state movement for long-distance married couples who are not fully vaccinated is <b>allowed between Phase 2 states</b> with the permission of PDRM and must produce:               <ul style="list-style-type: none"> <li>➢ A copy of the husband and wife's identity card</li> <li>➢ A copy of the marriage certificate/ card</li> <li>➢ A copy of documentary evidence of the husband/ wife's residence or employer confirmation letter.</li> </ul> </li> </ul>				



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<b>ACTIVITY AND PROTOCOL</b>					
Activity	Brief Description				
21. Civil Service	<ul style="list-style-type: none"> <li>Subject to the current orders of the Chief Secretary to the Government (KSN).</li> <li>Government office operations are conducted on a hybrid basis through physical presence at the office and Work From Home (WFH) using the following approach:               <ul style="list-style-type: none"> <li>➢ Attendance at the office does not exceed 60% of the total (not including frontliners, security, defence and enforcement services) and 40% WFH on rotation.</li> <li>➢ Counter services are open subject to the current orders of the Chief Secretary to the Government (KSN).</li> <li>➢ Attendance to the office must be accompanied by an official order document and employee pass.</li> </ul> </li> </ul>				
22. Private Sector	<ul style="list-style-type: none"> <li>All essential service sectors approved by the relevant Ministry or Agency can operate during the NRP period subject to an approval letter of the relevant Ministry effective 1 June 2021. The movement of workers is subject to the registration or operating approval letter or employee pass or employer confirmation letter.</li> <li>Employee attendance capacity for the private sector in the essential services including operations and management is limited to 80%.</li> </ul>				





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Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<b>ACTIVITY AND PROTOCOL</b>					
Activity	Brief Description				
23. Meetings	<ul style="list-style-type: none"> <li>Meetings must be conducted via video conferencing.</li> </ul>				
24. Seminars, Workshops, Courses, Training and Lectures	<ul style="list-style-type: none"> <li>Seminars, workshops, courses, training and lectures are <b>not allowed</b> except for ongoing internal training that can be conducted in training areas through the Camp Based Training method.</li> <li>Seminars, workshops, courses, training and lectures conducted online are <b>allowed</b>.</li> <li>Critical interviews which must be conducted face-to-face and online are allowed.</li> </ul>				



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Activity	Brief Description				
25. Business and Services	<ul style="list-style-type: none"> <li>Restaurant operators including hotels, sports and recreation club houses, eateries, food stalls, food trucks, roadside hawkers, mobile hawkers, food courts, hawker centres, mobile hawkers, hawker centers, roadside stalls or kiosks, are <b>allowed</b> to operate between <b>6:00am to 10:00pm</b>.</li> <li>Food sale activities are by takeaway, drive-through or delivery <b>EXCEPT</b> for dine-in services for fully vaccinated customers. Dine-in services for social celebratory events are <b>not allowed</b>.</li> <li>Park &amp; dine services are <b>not allowed</b>.</li> <li>Grocery stores, pharmacies, personal care stores, convenience stores and mini marts allowed operate from <b>6.00am to 10.00pm</b>.</li> <li>Daily necessity stores such as hardware stores, vehicle workshops, baby goods and religious goods stores are <b>allowed</b> to operate between <b>6.00am to 10.00pm</b>.</li> <li>Healthcare services such as hospitals, clinics, and medical laboratories can operate <b>24 hours</b> or in accordance with their operational license.</li> <li>Petrol stations are <b>allowed</b> to operate from <b>6.00am to 10.00pm</b> except for petrol stations on highways which can operate <b>24 hours</b>.</li> <li>Supermarkets, hypermarkets, and departmental stores are allowed to operate from <b>6.00am to 10.00pm</b>.</li> <li>Book and stationery stores, computer and telecommunication stores and electrical goods stores <b>allowed</b> operate from <b>6.00 am to 10.00 pm</b>.</li> <li>Hairdresser salons (basic haircut services only) and beauty salons (basic haircut services only) are <b>allowed</b> to operate from <b>6.00am to 10.00pm</b>.</li> <li>Veterinarians and pet food stores are <b>allowed</b> to operate from <b>6.00am to 10.00pm</b>.</li> <li>Laundry services, self-service laundromats, car wash operators, and optical stores are <b>allowed</b> to operate from <b>6.00am to 10.00pm</b>. Self-service laundromats must ensure an employee is on the premises with adherence to the prescribed SOP.</li> </ul>				



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<b>ACTIVITY AND PROTOCOL</b>					
Activity	Brief Description				
26. Markets	<ul style="list-style-type: none"> <li>Day markets and public markets are <b>allowed</b> to operate from <b>6:00am to 4:00pm</b> subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.</li> <li>Controlled Fresh Markets (<i>Pasar Segar Terkawal – PST</i>) are <b>allowed</b> to operate from <b>7:00am to 2:00pm</b>.</li> <li>Permanent Farmers' Markets (<i>Pasar Tani Kekal – PTK</i>), MyFarm Outlets (MFO) and Local Farmer Organization Complexes (<i>Komplex Pertubuhan Peladang Kawasan – PPK</i>) are <b>allowed</b> to operate from <b>6:00am to 4:00pm</b>.</li> <li>Wholesale markets are <b>allowed</b> to operate from <b>12:01am to 6:00am</b> and <b>11:00am to 4:00pm</b> subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.</li> <li>Farmers' markets and morning markets are <b>allowed</b> to operate from <b>7:00am to 11:00am</b> limited to main commodities as prescribed by the Ministry of Agriculture and Food Industries (MAFI) with compliance to SOPs and supervision of RELA or LA officers.</li> <li>Night markets and weekly markets are <b>allowed</b> to operate subject to the Local Authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.</li> <li>Customers who wish to enter night market and weekly market areas <b>MUST</b> show a <b>COVID-19 Vaccination card/ Digital Certificate</b> which proves that the customer is fully vaccinated.</li> </ul>				
27. Mining and Quarrying	<ul style="list-style-type: none"> <li>Mining and quarry operations are <b>allowed</b> with a workforce capacity subject to the Mining and Quarrying SOP.</li> </ul>				
28. Agriculture, Fisheries, Livestock, Farming and Commodities	<ul style="list-style-type: none"> <li>Refer to the <b>List of Essential Services according to Sectors – Agriculture, Fisheries, Livestock, Farming and Commodities</b> which are allowed to operate.</li> <li>Fishing activities for subsistence purposes are <b>allowed</b>.</li> </ul>				



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<b>Prohibited Activities</b>	<table border="1"> <thead> <tr> <th>Activity</th> <th>Brief Description</th> </tr> </thead> <tbody> <tr> <td>29. Education</td> <td> <ul style="list-style-type: none"> <li>All schools under the Ministry of Education (MOE) and educational institutes registered under MOE are <b>open</b> to conduct face-to-face <i>Pengajaran dan Pembelajaran</i> (PdP) sessions limited to Second Semester Form 6 students and International Baccalaureate Diploma Program (IBDP) students only.</li> <li>Second Semester Form 6 students and IBDP students are allowed to cross districts and states for school with a confirmation letter from MOE.</li> <li>Movement of Second Semester Form 6 students and IBDP students to and from school can be accompanied by a guardian.</li> <li>The movement of teachers or lecturers to schools/educational institutions in crossing districts and states for the purpose of PdP classes involved in examinations are allowed with a confirmation letter from MOE.</li> <li>Movement for the admission of Second Semester Form 6 students and IBDP students to dormitories is allowed with a confirmation letter from MOE, MARA or relevant Ministry / Agency.</li> <li>Second Semester Form 6 students crossing states from Peninsular Malaysia to Sabah, Sarawak and F.T. Labuan or vice versa must comply with the current COVID-19 screening and quarantine rules.</li> <li>International school and expatriate school students/pupils involved with international examinations are <b>allowed</b> to attend to sit for their examination according to the examination schedule set by the international examination body.</li> </ul> </td> </tr> </tbody> </table>						Activity	Brief Description	29. Education	<ul style="list-style-type: none"> <li>All schools under the Ministry of Education (MOE) and educational institutes registered under MOE are <b>open</b> to conduct face-to-face <i>Pengajaran dan Pembelajaran</i> (PdP) sessions limited to Second Semester Form 6 students and International Baccalaureate Diploma Program (IBDP) students only.</li> <li>Second Semester Form 6 students and IBDP students are allowed to cross districts and states for school with a confirmation letter from MOE.</li> <li>Movement of Second Semester Form 6 students and IBDP students to and from school can be accompanied by a guardian.</li> <li>The movement of teachers or lecturers to schools/educational institutions in crossing districts and states for the purpose of PdP classes involved in examinations are allowed with a confirmation letter from MOE.</li> <li>Movement for the admission of Second Semester Form 6 students and IBDP students to dormitories is allowed with a confirmation letter from MOE, MARA or relevant Ministry / Agency.</li> <li>Second Semester Form 6 students crossing states from Peninsular Malaysia to Sabah, Sarawak and F.T. Labuan or vice versa must comply with the current COVID-19 screening and quarantine rules.</li> <li>International school and expatriate school students/pupils involved with international examinations are <b>allowed</b> to attend to sit for their examination according to the examination schedule set by the international examination body.</li> </ul>
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Unofficial  
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<b>ACTIVITY AND PROTOCOL</b>					
Activity	Brief Description				
29. Education	<ul style="list-style-type: none"> <li>All Public and Private Higher Educational Institutions (HEIs), Skills Training Institutes, schools other than those under the MOE, <i>tahfiz</i> centers and other educational institutions were closed. HEIs under the supervision of MOHE continue online.</li> <li>All face-to-face Teaching and Learning activities are <b>not allowed</b> except for HEIs students in need.</li> <li>International examinations and professional bodies as well as research activities which require laboratory facilities at HEIs are <b>allowed</b> in accordance with the relevant HEI SOP and movement must be accompanied by a confirmation letter from the Ministry of Higher Education (MOHE) or relevant HEI.</li> <li>Students in boarding schools, universities or educational institutes are allowed to be in the boarding school, university or institution and continue hybrid learning.</li> </ul>				



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30. <i>Tabikas</i> , Childcare Centers, Kindergartens, Daycare Centers and Residential Daycare Centers	<ul style="list-style-type: none"> <li><i>Tabikas</i>, childcare centers, daycare centers, private kindergartens, kindergartens in private, international and expatriate schools as well as mind development centers for children between the ages of 4 and 6 are <b>not allowed to operate except</b> for children whose parents and guardians are both frontliners and working in essential services.</li> <li>Residential care centers or rehabilitation centers for children, People with Disabilities, senior citizens, women and multi-purpose care centers are <b>allowed</b> to operate in accordance with the SOPs prescribed under the relevant Ministry, Department or Agency.</li> <li>Parents or guardians sending children to childcare centers are allowed to in accordance with the vehicle capacity.</li> </ul>				
31. Religion	<ul style="list-style-type: none"> <li>Prayer activities at mosques and <i>suraus</i> are <b>allowed</b> for fully vaccinated individuals subject to the regulations and SOPs prescribed by the State Religious Authority.</li> <li>Islamic wedding ceremonies (akad nikah) are <b>allowed</b> only at the Islamic Religious Office / Department with attendance in accordance with the ruling of the State Religious Authority.</li> <li>Muslim funeral arrangements <b>and Muslim cemetery visits</b> are <b>allowed</b> in accordance with the State Religious Authority directives.</li> <li>Prayer activities at Non-Muslim Houses of Worship are <b>allowed</b> for fully vaccinated individuals subject to the regulations and SOPs prescribed by the Ministry of National Unity (KPN).</li> <li>The registration of marriages for non-Muslims at the National Registration Department (NRD), Houses of Worship and Religious Associations is <b>allowed</b> with attendance according to NRD directives.</li> <li>Non-Muslim funeral arrangements <b>and non-Muslim cemetery visits</b> are allowed in accordance with the Ministry of National Unity directives.</li> </ul>				



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<ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>	32. Sports and Leisure		<p>For individuals who have not yet completed or received full vaccination, the activities and operations are as follows:</p> <ul style="list-style-type: none"> <li>All non-contact sports and recreational activities carried out individually <b>with</b> compliance to physical distancing of at least <b>1 to 3 meters</b> and carried out in <b>OUTDOOR</b> areas from <b>6.00am to 10.00pm</b> and are subject to the movement control order currently in force.</li> <li><b>The operations of all OUTDOOR commercial sports and recreational facilities with compliance to the General Sports and Recreation Sector SOP WITH</b> supervisory control. The attendance of workers should not exceed <b>60% workforce capacity</b> encompassing management and operations.</li> <li>The operations of all <b>INDOOR</b> sports and recreational facilities <b>involving gyms/fitness centers including fitness studios</b> is <b>LIMITED</b> only to required management purposes (finance, maintenance and the like) with compliance of not exceeding <b>30% workforce capacity</b> including management and operations.</li> <li>The operations of all public <b>OUTDOOR</b> sports and recreational facilities are subject to the Local Authorities (LA)/ Relevant Authority.</li> <li>The organizing of <b>tournaments or competitions WITHOUT</b> the attendance of spectators / supports using the <b>SPORTS BUBBLE</b> concept is <b>LIMITED</b> to those hosted by the Ministry of Youth and Sports (KBS), Malaysian Football League, the Petronas Cub Prix Championship and any other only <b>WITH THE SPECIAL PERMISSION</b> of KBS.</li> </ul>			
<b>Standing Orders</b>	<ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency Ordinance (Prevention and Control of Infectious Diseases) 2021</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul>					



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<b>ACTIVITY AND PROTOCOL</b>					
Activity	Brief Description				
32. Sports and Leisure	<ul style="list-style-type: none"> <li>Central training programs including private tournaments or competitions organized by the National Sports Council (MSN) using the <b>SPORTS BUBBLE</b> concept.</li> <li>Central training programs organized by State Sports Councils (State MSNs) using the <b>SPORTS BUBBLE</b> concept.</li> <li>Central sports and recreational training programs conducted in groups using the <b>SPORTS BUBBLE</b> model <b>WITH</b> KBS permission.</li> <li>The entry of Malaysian athletes / coaches / officials / technicians to overseas tournaments or competitions or matches is <b>SUBJECT</b> to approval by the Department of Immigration, Malaysia <b>WITH</b> the support of KBS/MSN.</li> </ul>				
33. Other Activities	<ul style="list-style-type: none"> <li>Picnic and camping activities for individuals who are not fully vaccinated are <b>not allowed</b>.</li> </ul>				

**ANY ACTIVITY NOT STATED IN THIS SOP IS NOT PERMITTED.**





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## ACTIVITY AND PROTOCOL

### LIST OF ESSENTIAL SERVICES ALLOWED TO OPERATE

1. Food and beverage, including for animals
2. Healthcare and medication including supplements, personal care and animal clinics as well as veterinary services
3. Water
4. Energy
5. Security and safety, defense, emergencies, welfare and humanity support
6. Waste management and public sanitation and sewerage
7. Transport through land, water or air
8. Port, shipyard and airport services and operations including unloading, *laiter* transport, cargo handling and pilotage (*pemaliman*), and storage or bulk commodity
9. Communications including media, telecommunications and internet, post and courier and broadcasting (only for the purpose of conveying information, news and the like)
10. Banking, insurance, *takaful* and capital markets (60% entire capacity subject to the Financial Services Sector SOP by Bank Negara Malaysia)
11. Community credit and pawn shops
12. eCommerce and information technology
13. Production, distillation, storage, supply and distribution of fuels and lubricants
14. Hotel and accommodation
15. Construction
16. Forestry services (limited to enforcement) and wildlife
17. Legislature and the judiciary
18. Lawyers and commissioner of oaths
19. Accounting services
20. Professional services and consultants (subject to the regulatory authority of the relevant Professional Body).
21. Logistics limited to delivery of essential services



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### ACTIVITY AND PROTOCOL

## ESSENTIAL SERVICES ACCORDING TO SECTOR

### A. Manufacturing (80% worker capacity)

1. Aerospace (components and maintenance, repair and overhaul - MRO)
2. Food and beverage
3. Packaging and printing materials only related to the essential service sectors
4. Personal care items and detergents
5. Healthcare and medical products
6. Personal safety items, personal protective equipment (PPE) including rubber gloves and fire safety equipment
7. Components for medical devices
8. Electrical and Electronics (global economic chain importance)
9. Oil and Gas including petrochemicals and petrochemical products
10. Machinery and equipment
11. Textiles for PPE production only
12. Production, refining, storage, supply and distribution of fuels and lubricants
13. Automotive (vehicles and components)
14. Ceramics
15. Cement
16. Rubber
17. Iron and steel
18. Furniture factories



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### ACTIVITY AND PROTOCOL

#### ESSENTIAL SERVICES ACCORDING TO SECTOR

#### B. Agriculture, Fisheries, Livestock, Farming and Commodities (Optimal Capacity)

1. Agriculture, fisheries and farming as well as its supply chain
2. Farming and commodities as well as its supply chain (palm oil, rubber, pepper, cocoa, timber, *kenaf*, biodiesel and agri-commodity certification)
3. Small-scale logging activities are subject to the Ministry of Energy and Natural Resources SOP.

#### C. Construction

1. Maintenance and repair works
2. Public infrastructure construction works
3. Construction work that provides approved employee accommodation on the construction site
4. Construction work that houses workers at approved Centralized Worker Quarters (CLQ).
5. Construction works implemented by G1, G2, G3 or G4 contractors.
6. Individual residential / building renovation works
7. Land inquiry works.
8. Government funded construction projects.
9. Professional/ consultancy services involved in the construction sector.
10. Supply chain services involved in construction works allowed to operate.
11. Site preparation works such as land surveying, earthworks, site marking and clearing.
12. Road and highway construction works.



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<b>ESSENTIAL SERVICES ACCORDING TO SECTOR</b>						
<b>D. Distributive Trade</b>						
<b>With No Vaccination Condition</b>						
<p><b>Prohibited Activities</b></p> <ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>	<ol style="list-style-type: none"> <li>Shopping complexes <b>INCLUDING</b> supermarkets, hypermarkets and departmental stores <b>AND</b> all listed essential services.</li> <li>Supermarkets and hypermarkets.</li> <li>Departmental stores</li> <li>Pharmacies, personal care, convenience stores and mini marts.</li> <li>Restaurants</li> <li>Laundry (including self-service)</li> <li>Pet care and pet food stores</li> <li>Eyeglass and optical goods stores</li> <li>Hardware stores</li> <li>E-commerce (for all product categories)</li> <li>Wholesale and distribution (only for all categories of essential service)</li> <li>Book and stationery stores</li> <li>Computers and telecommunications stores</li> <li>Electrical goods stores</li> <li>Vehicle washing operators</li> <li>Vehicle, maintenance and spare part workshops</li> <li>Other Specialty Retail Stores (petrol stations)</li> </ol>					
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- Permitted Essential Service sectors
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- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### Prohibited Activities

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Please refer to the List of Prohibited Activities

### Standing Orders

- Regulation 16 P.U. (A) 293/2021.
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- Orders and rules under the Local Authorities.
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- Other orders issued from time to time by the Director General of Health

### Effective Period

As prescribed in the brief description

### Permitted Hours for Activities

As prescribed in the brief description

### Movement

### Conditional

## ACTIVITY AND PROTOCOL

### ESSENTIAL SERVICES ACCORDING TO SECTOR

#### D. Distributive Trade

#### On Condition the Customer is Fully Vaccinated

1. Photography goods stores and photography services
2. Second-hand stores
3. Florists and nurseries
4. Handicraft and souvenir stores
5. Antique stores
6. Toy stores
7. Carpet stores
8. Creative content and creative industry equipment stores
9. Outdoor equipment stores (including camping, fishing equipment etc.)
10. Cosmetics, skin care and perfume stores
11. Tobacco stores (including vape and electronic cigarettes)
12. Household goods and kitchen utensil stores
13. Furniture stores
14. Sports equipment stores
15. Vehicle accessories stores
16. Vehicle distribution and sales centers
17. Clothing, fashion and accessory stores
18. Jewelry stores
19. Hairdressers
20. Beauty centers/ salons
21. Housing galleries (show rooms)



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## ACTIVITY AND PROTOCOL

### ESSENTIAL SERVICES ACCORDING TO SECTOR

#### E. Others

Any services, works, industry and business as determined by the Government after consultation with the authority regulating the service, work, industry and business in question.

**ANY ACTIVITY NOT STATED IN THIS SOP IS PROHIBITED.**



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<ul style="list-style-type: none"> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency Ordinance (Prevention and Control of Infectious Diseases) 2021</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul>

Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
<b>ACTIVITY AND PROTOCOL</b>					
<b>Activity</b>	<b>Brief Description</b>				
<b>LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)</b>					
1. Economic Activities	<ul style="list-style-type: none"> <li>Spas, reflexology, and massage centres.</li> <li>Cyber café and cyber center operations.</li> <li>Maritime Training Centers and Aviation Training Centers.</li> <li>Predictive number agencies, horse racing and casinos.</li> <li>Liquor factories and store operations.</li> </ul>				
2. Social Activities	<ul style="list-style-type: none"> <li>Government and private sector Official or Non-Official events.</li> <li>Social Events such as ceremonies, celebratory events, <i>akad nikah</i> or engagement celebrations, weddings, receptions, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, anniversaries, birthday celebrations, reunions, retreats and other social gatherings.</li> <li>In-person seminars, workshops, courses, training, conferences, talks, exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE).</li> </ul>				



# NATIONAL RECOVERY PLAN – PHASE 2 SOP

## UPDATED : 9 SEPTEMBER 2021

Unofficial  
Translation



Permitted Activities
<ul style="list-style-type: none"> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>
Prohibited Activities
<ul style="list-style-type: none"> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>
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<b>LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)</b>					
3. Tourist and Cultural Activities		<ul style="list-style-type: none"> <li>Public tourist attractions such as zoos, farms, aquariums, edutainment centers, extreme, adventure, nature parks, etc.</li> <li>Theme Parks, Family Entertainment Centres, indoor playgrounds and karaoke including family karaoke</li> <li>Inter-state tourist activities.</li> <li>Inter-district tourist activities for individuals not yet fully vaccinated.</li> <li>Overseas tourist activities by citizens and domestic tourism activities that involve foreign tourists entering Malaysia.</li> </ul>			
4. Sports and Recreational Activities		<ul style="list-style-type: none"> <li><b>All sports and recreational activities conducted in gyms/ fitness centers including fitness studios.</b></li> <li>The organizing of all tournaments or competitions <b>EXCEPT</b> for those organized by the Ministry of Youth and Sports (KBS), the Malaysian Football League, the Petronas Cub Prix Championship and any other only <b>WITH THE SPECIAL PERMISSION</b> of KBS</li> <li><b>Sports and recreational activities conducted EXCEEDING the prescribed capacity.</b></li> <li>The attendance of spectators or supporters to sports and recreational venues.</li> <li>The entry of Malaysian athletes / trainers / officials / technicians to overseas tournaments or competitions or matches <b>WITHOUT</b> the approval of the Department of Immigration, Malaysia (JIM) and support of KBS / MSN.</li> <li>Sports and recreational activities conducted outside or across areas under effective movement control orders <b>EXCEPT</b> with permission from the RMP.</li> </ul>			





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<b>Activity</b>	<b>Brief Description</b>				
<b>LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)</b>					
5. Entertainment Activities	<ul style="list-style-type: none"> <li>Activities in night clubs or pubs.</li> </ul>				
6. Other Prohibited Activities	<ul style="list-style-type: none"> <li>Any activity that can cause the attendance of many people in one place, rendering physical distancing and compliance with orders from the Director-General of Health difficult.</li> <li>Other matters as decided by the Government from time to time.</li> </ul>				

**DISCLAIMER:** This unofficial translation is based on the original document which is written in the Malay language. Should there be any inconsistency or difference between this translation and the original document, kindly note that the original document is the governing and prevailing version.