

Authorities.

### NATIONAL RECOVERY PLAN (NRP) – PHASE 1 SOP UPDATED : 17 SEPTEMBER 2021



### **Permitted Activities** · Permitted Essential Service sectors Purchasing / obtaining essential goods and services · Obtaining healthcare treatment & medicine Conducting Official Government business. **Prohibited Activities** Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities **Standing Orders** Regulation 16 P.U. (A) 293/2021. Act 342. **Emergency Ordinance (Prevention and** Diseases) Control of Infectious (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local

Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report

Other orders issued from time to time

by the Director General of Health

and MOH risk assessment.

<b>Effective Period</b>	As prescribed in the	<b>Permitted Hours</b>	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

Activity	Brief Description
1. Areas Involved	KEDAH AND JOHOR *For areas under an EMCO, the EMCO SOP for those areas are applicable until their respective EMCO expiry dates.
2. Effective Period	Commencing 20 August 2021 (commencing 12:01am)
3. Full Vaccination	<ul> <li>i. For vaccines that require two doses (such as Cormirnaty (Pfizer-BioNTech), COVID-19 AstraZeneca (Oxford-AstraZeneca), CoronaVac (Sinovac), Spikevax (Moderna) and Covilo (Sinopharm)), the individual must have passed the 14<sup>th</sup> day from the date of the second dose; or</li> <li>ii. For vaccines that only require one dose (such as COVID-19 Janssen (Johnson &amp; Johnson) and Convidevia (CanSino)), the individual must have passed the 28<sup>th</sup> day from the vaccination date.</li> </ul>





# Unofficia Translation

Permitted Activitie	29
---------------------	----

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- **Emergency Ordinance (Prevention and** Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

	Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
┫		brief description	for Activities	brief description		

Activity	Brief Description
General Health     Protocol	• It is <b>mandatory</b> for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration book.
	<ul> <li>Hand sanitizers are to be provided at entrances and to ensure its use before entry.</li> </ul>
	<ul> <li>Use of the MySejahtera app is mandatory in areas with extensive internet access. Use of the customer attendance registration book is only allowed for areas without internet access or for other reasonable reasons (senior citizens, no smartphone and others).</li> </ul>
	• The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and telephone number if there is no internet access.
	• It is <b>mandatory</b> for employers, workers, customers and visitors to check in with MySejahtera or to manually write down their name and telephone number legibly before entering the premises including at Government, private sector and individual offices.
	• For shopping centres, supermarkets or departmental stores, customers only need to scan their body temperature once at the entrance to the complex and not at every business premise within one complex.
	<ul> <li>A person with a body temperature of above 37.5 degree Celsius is not allowed to enter the complex and premises.</li> </ul>
	<ul> <li>The owner of the complex and premises outside the complex must ensure that only customers with the status "Low Risk" including "Casual Contact Low Risk" in the MySejahtera app are allowed inside their respective complex / premises.</li> </ul>
	<ul> <li>The license holder and premise owner to ensure control on the entry and exit movement of customers on the premises with at least 1 meter physical distancing.</li> </ul>





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

<b>Effective Period</b>	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

Activity	Brief Description
4. General Health	Children the age of 12 and under are <b>not encouraged</b> to be in public areas and facilities.
Protocol	<ul> <li>The license holder and premise owner to limit the number of customers on the premises with physical distancing of at least 1 meter radius at any given time.</li> </ul>
	• Every premise must display the maximum number of customers at any given time. The use of a queue numbering system is encouraged for customers entering a premise.
	All building owners must provide a QR code for each floor.
	• Employees, suppliers and customers are <b>required</b> to wear face masks correctly in accordance with MOH recommendations while on the premises.
	<ul> <li>To ensure there is VENTILATION AND a good VENTILATION SYSTEM on the premises based on the ventilation and indoor air quality guidelines issued by the Department of Occupational Safety and Health (DOSH).</li> </ul>
	• It is <b>mandatory</b> to wear face masks especially while in congested public areas <b>except</b> for the following activities and areas:
	<ul> <li>a) Hotel rooms or privately paid accommodation involving members of the same household.</li> </ul>
	b) Individual workspaces.
	c) Sports and recreational activities.
	d) Own vehicles involving members of the same household.
	e) Indoor or outdoor areas and public places without any other individual.
	f) While eating and drinking in public without any other individual (other than in restaurants or eateries).





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period

As prescribed in the brief description

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

		ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS
	Activity	Brief Description
	5. Inter-District and Inter-State Movement for Long Distance Married Couples (PJJ)	<ul> <li>Long-distance married couples are allowed to cross districts and states for the purpose of meeting their respective partners with the condition that both must have been fully vaccinated with PDRM confirmation and produce:</li> <li>A copy of the husband and wife's identity card</li> <li>A copy of the marriage certificate/ card</li> <li>A copy of the husband and wife's COVID-19 Vaccination Card/ Digital Certificate</li> <li>A copy of documentary evidence of the husband/ wife's residence or employer confirmation letter.</li> <li>Showing a permission letter approved by PDRM when passing roadblocks (SJR).</li> </ul>
nd s) ne al	6. Inter-District and Inter-State Movement for Parents/ Guardians with Long Distance Children (Below 18 Years)	<ul> <li>Parents/ guardians who have children under the age of 18 residing in a different district or state are allowed to cross districts and states to meet their respective children with the condition that both parents / guardians must be fully vaccinated with PDRM confirmation and produce:         <ul> <li>A copy of the parents' identity card and child's birth certificate/ document</li> <li>A copy of the parents' / guardians' COVID-19 Vaccination Card/ Digital Certificate</li> <li>The child's schooling information (if relevant)</li> </ul> </li> <li>Showing a permission letter approved by PDRM when passing roadblocks (SJR).</li> </ul>





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period As prescribed in the brief description Permitted Hours for Activities As prescribed in the brief description Conditional

### **ACTIVITY AND PROTOCOL**

	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS					
Activity	Brief Description					
7. Citizens and Foreigners Returning/ Arriving from Overseas	• Citizens and foreign travellers with a residence in Malaysia (including PR and Malaysia MY Second Home) returning or arriving from abroad who are fully vaccinated are <b>allowed</b> to undergo mandatory quarantine at home and will be given a digital Home Surveillance and Observation Order (HSO) subject to a risk assessment by the Ministry of Health (MOH) and further details issued by MOH.					
	Showing evidence of an RT PCR test report with a negative result conducted 3 days before departure.					
	➤ Having a valid and complete COVID-19 vaccination certificate (dependent on the type of vaccine).					
	No symptoms during the health screening conducted at the International Arrival Gate (PMA).					
	Having a suitable residence to carry out quarantine.					
	<ul> <li>Individuals returning / arriving from abroad who have not been fully vaccinated or vaccinated at all must undergo quarantine at a designated quarantine centre subject to further details issued by the Ministry of Health (MOH).</li> </ul>					
	<ul> <li>The mandatory quarantine period for travellers from all countries is 14 days and can be extended for another 7 days if required based on the risk assessment result conducted on the 14<sup>th</sup> day.</li> </ul>					
	<ul> <li>Travellers are required to conduct daily self-assessments through the Home Assessment Tool (HAT) in the MySejahtera application and this activity must be continued to the end of the quarantine period (whether 14 or 21 days from the arrival date).</li> </ul>					
	<ul> <li>Travelers are required to take a COVID-19 screening test that is the COVID-19 RT-PCR test upon arrival at a PMA. A repeat COVID-19 RT-PCR screening test will be conducted on the 10th or 18th day (for</li> </ul>					

travellers required to undergo quarantine for 21 days).





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- **Emergency Ordinance (Prevention and** Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

	<b>Effective Period</b>	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
٦		brief description	for Activities	brief description		

		ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS				
	Activity	Brief Description				
	8. Religion	• Prayer activities in mosques and <i>surau</i> s for fully vaccinated individuals are <b>allowed</b> subject to the regulations and SOPs prescribed by the State Religious Authority.				
		<ul> <li>Prayer activities in Non-Muslim Houses of Worship (RISI) for fully vaccinated individuals are allowed subject to the regulations and SOPs prescribed by the Ministry of National Unity.</li> </ul>				
	9. Manufacturing and Construction	• For activities <b>not listed</b> in the Manufacturing and Construction Sector Essential Services List that have achieved a fully vaccinated rate for workers are <b>allowed to operate</b> as follows:				
	Sector	a) 40% : Allowed to operate with 60% workforce capacity.				
		b) 60% : Allowed to operate with 80% workforce capacity.				
		c) 80%: Allowed to operate with 100% workforce capacity.				
) k		RTK Antigen tests to be conducted on workers every 2 weeks with the cost borne by the employer.				
9	10. Mining and Quarrying	• For the mining and quarrying sectors which have achieved a fully vaccinated rate for workers are allowed to operate as follows:				
ı		a) Less than 60%: Allowed to operate with 60% workforce capacity.				
r		b) 60% : Allowed to operate with 80% workforce capacity.				
t		c) 80% : Allowed to operate with 100% workforce capacity.				
9		RTK Antigen tests to be conducted on workers every 2 weeks with the cost borne by the employer.				
		6				





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

	<b>Effective Period</b>	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
┪		brief description	for Activities	brief description		

		ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS				
	Activity	Brief Description				
	11. Trade and Distribution Sector	Customers accorded this allowance must be fully vaccinated.				
		<ol> <li>Car wash centers</li> <li>Electrical and electronic stores</li> <li>Home and kitchen appliance stores</li> <li>Furniture stores</li> <li>Sports equipment stores</li> <li>Vehicle accessory stores</li> <li>Vehicle distribution and sale centers</li> <li>Clothing, fashion and accessory stores</li> <li>Jewellery stores</li> </ol>				
		<ul> <li>10. Hairdressers and beauty centers/salons (for basic haircut services only)</li> <li>11. Florists/nursery stores</li> <li>12. Outdoor equipment stores</li> <li>13. Property showroom galleries</li> <li>14. Photography equipment/services stores</li> <li>15. Used / 2<sup>nd</sup> hand stores</li> <li>16. Souvenirs and handicraft stores</li> <li>17. Antique shops</li> <li>18. Tay stores</li> </ul>				
t		18. Toy stores 19. Carpet stores 20. Creative industry equipment and content stores 21. Cosmetics, Skincare and perfume stores 22. Tobacco stores (including vape and e-cigarettes) 7				





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

	<b>Effective Period</b>	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
┪		brief description	for Activities	brief description		

	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS						
Activity	Brief Description						
11. Trade and Distribution Sector	<ul> <li>The premise owner must ensure customers who wish to enter the premises MUST show a COVID-19 Vaccination Card/ Digital Certificate which proves the customer has been fully vaccinated.</li> </ul>						
	<ul> <li>Parents/ guardians who have been fully vaccinated are allowed to bring children aged 17 years and below to the above premises with compliance to general health protocols.</li> </ul>						
<ul> <li>12. Dine-in</li> <li>Restaurant operators including those at hotels, sports and recreation club houses, eateried food trucks, roadside hawkers, mobile hawkers, food courts, hawker centers, roadside for kiosks are allowed to provide dine-in services subject to the following conditions:</li> </ul>							
	<ul> <li>Only accepting customers who are fully vaccinated and asymptomatic.</li> <li>The business premise owner MUST display an acceptance notice of only customers who are fully vaccinated and asymptomatic at the entrance to the premises.</li> <li>Only workers who are fully vaccinated and asymptomatic are allowed to work with the following</li> </ul>						
	vaccination rate:  a) 40%: Allowed to operate with 60% workforce capacity. b) 60%: Allowed to operate with 80% workforce capacity. c) 80%: Allowed to operate with 100% workforce capacity.						
	<ul> <li>The business premise owner must ensure that the table layout is appropriately distanced and the premises have a good ventilation system.</li> <li>Dine-in activities with a 50% capacity per table and physical distancing of at least 1 meter, subject to the KPDNHEP NRP Phase 1 Distributive Trade SOP.</li> </ul>						
	<ul> <li>Fully vaccinated individuals are allowed to bring children age 17 years and under to dine-in at such premises with compliance to general health protocols.</li> </ul>						





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period As prescribed in the brief description Permitted Hours for Activities As prescribed in the brief description Conditional

ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS						
Activity	Activity Brief Description					
13. Morning Markets, Farmers' Markets, Night Markets and Weekly Markets	<ul> <li>Customers accorded this freedom must be fully vaccinated.</li> <li>Morning markets, farmers' markets, night markets and weekly markets are allowed to operate by ensuring customers who wish to enter the morning market, farmers' market, night market and weekly market area MUST show a COVID-19 Vaccination Card/ Digital Certificate which proves the customer has been fully vaccinated.</li> </ul>					
14. Camping and Picnics	<ul> <li>Picnics and camping activities are allowed in the same district</li> <li>Individuals who have received a complete vaccination are allowed to bring children aged 17 years and below for such activities in strict compliance with the SOP</li> </ul>					





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period As prescribed in the brief description Permitted Hours for Activities As prescribed in the brief description Conditional

	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS				
Activity	Brief Description				
15. Sports and recreation	<ul> <li>All sports and recreational activities including physical contact or non-contact, performed individually or in groups in an OUTDOOR area or INDOOR are allowed but RESTRICTED to individuals who are FULLY VACCINATED only from 6.00 am to 8.00 pm subject to movement control regulations in effect EXCEPT for gym and fitness centres including fitness studios which are not allowed to operate.</li> </ul>				
	<ul> <li>Operation of all sports and recreational facilities are allowed to OPEN (with compliance with the General SOPs of the Sports and Recreation Sector WITH supervisory control. Attendance of employees is not more than 60% workforce including management and operations Utilisation of these facilities are only for FULLY VACCINATED individuals and individuals who have received a complete vaccination are also allowed bring children aged 17 and under for the activity with strict SOP compliance.</li> </ul>				
	<ul> <li>Operation of all INDOOR sports and recreation facilities EXCEPT fitness centres &amp; gym including indoor fitness studios are allowed with compliance to 50% area utilisation capacity WITH supervision. Attendance of employees are not more than 60% workforce including both management and operations staff. Utilisation of facilities are only allowed among individuals who have COMPLETE VACCINATION only and individuals who have received complete vaccinations are also allowed to bring children aged 17 years and below for such activities in strict compliance with the SOP.</li> </ul>				
	<ul> <li>The operations of all public outdoor and partially-outdoor sports and recreational facilities including swimming pools/ water sports and recreational premises (outdoor/ partially-outdoor) are subject to the Local Authorities (LA)/ Relevant Authority.</li> </ul>				





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period As prescribed in the brief description Permitted Hours for Activities As prescribed in the brief description Conditional

	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS				
Activity	Activity Brief Description				
15. Sports and recreation	<ul> <li>National Sports Council Special Training Program (State Sports Council (MSN Negeri) and teams under the Malaysian Football League (including the use of all sports and recreation facilities OPEN OUTDOOR and CLOSED INDOOR</li> <li>Team sports and recreational activities or training are RESTRICTED for individuals have been COMPLETE VACCINATION performed in a controlled manner WITH control supervision is subject to 50 area utilization capacity or not more than 50 people at a time including parent instructor coaches (where whichever is lower Individuals who have received a complete vaccination as well allowed to bring children aged 17 and under for activities or such training with strict adherence to SOPs</li> </ul>				
16. Recreational Fishing	<ul> <li>Recreational fishing activities including in the fishing pond are allowed for individuals who were fully vaccinated from 6.00 am to 8.00 pm in the same district.</li> </ul>				





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

	Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
7		brief description	for Activities	brief description		

	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS
Activity	Brief Description
17. Creative Industry and Entertainment Activities	<ul> <li>All creative industry players who have been fully vaccinated are allowed for the activity as follows:         <ul> <li>Development and broadcasting of creative content by recording or live broadcast</li> <li>Broadcast by recording or live broadcast in the form of information delivery and entertainment in the presence of an audience that has been vaccinated with 30% capacity of the studio space</li> <li>Creative industry filming inside and outside the studio</li> <li>Busking</li> <li>Presentation in the hotel lounge to customers who have been fully vaccinated</li> <li>Live performance activities such as musical theatre, music and comedy with pre-registration for a fully vaccinated audience as well as a 30% audience capacity according to the premise's space</li> <li>Cinema activities are allowed provided employees and viewers have fully vaccinated with a 50% capacity of cinema screening hall space</li> </ul> </li> </ul>
18. Tourism Activities	<ul> <li>Visits by appointment for visitors who have been fully vaccinated to the premises and public cultural facilities such as museums, galleries, archives, memorials, handicraft centres, libraries, and the central cultural complex such as Kampung Seni Warisan Budaya and cultural stageperformances are allowed with a 30% capacity of the premise's space</li> <li>The tourism bubble on Langkawi Island is allowed for tourists who are fully vaccinated and in full compliance with the Island Domestic Tourism Bubble SOP for Langkawi</li> </ul>





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

<b>Effective Period</b>	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS					
Activity	Activity Brief Description				
19. Cruise Ships	<ul> <li>Cruise Ships are allowed with 50% ship capacity provided all ship crew and passengers have been fully vaccinated</li> </ul>				
	Pub and nightclub activities are not permitted				
18. Driving Institutions	<ul> <li>The Driving Institute is allowed to operate on the condition that staff, instructors and the candidate is fully vaccinated and have a Digital Certificate / COVID 19 vaccination Card and identity card as evidence</li> <li>Employees who have received a complete dose of vaccine and are asymptomatic only allowed to work with the following fully vaccinated rates: <ul> <li>40% - Allowed to operate with a capacity of 60 employees</li> <li>60% - Allowed to operate with a capacity of 80 employees</li> <li>80% - Allowed to operate with a capacity of 100 employees</li> </ul> </li> </ul>				





<ul> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>
Prohibited Activities
<ul> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>
Standing Orders
<ul> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time</li> </ul>

by the Director General of Health

**Permitted Activities** 

Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

Brief Description
• Inter-district movement (based on district borders determined by the State Government) and inter-state movement is <b>not allowed</b> except for long-distance couples, long-distance children and individuals approved to travel by MOH and PDRM.
<ul> <li>The Royal Malaysian Police (RMP) is responsible for exercising control over infected areas with the assistance of ATM, APM &amp; RELA. Entry and exit routes of NRP areas are closed and entry is controlled by the RMP.</li> </ul>
<ul> <li>Movement for individuals who are fully vaccinated is allowed based on the vehicle capacity.</li> </ul>
Meanwhile, for those who have not been fully vaccinated:
➤Only two (2) household representatives are allowed out only to get food supplies, medicine, dietary supplements and basic necessities
➤A maximum of three (3) people only including the patient are allowed out to seek health care services, medical, screening tests, vaccination programs, safety or emergency.
• The number of passengers allowed in a taxi and e-hailing is limited to only <b>two (2) people</b> including the driver, the passenger must sit at the back.
• The number of people <b>allowed</b> in a vehicle carrying goods as well as for the economic or industry activity chain (except for worker transport) is dependent on the commercial vehicle registration license.
• The number of people <b>allowed</b> in a Department Vehicle or an Official Post Car is based on the capacity of the vehicle.
<ul> <li>Activities and services at all airports and ports are allowed to operate 24 hours.</li> </ul>



Authorities.

# NATIONAL RECOVERY PLAN (NRP) – PHASE 1 SOP UPDATED : 17 SEPTEMBER 2021



X M,	NSC OF DATED . 17 SE
	Permitted Activities
•	Permitted Essential Service sectors Purchasing / obtaining essential goods and services Obtaining healthcare treatment & medicine Conducting Official Government business.
	Prohibited Activities
•	Inter-district movement in NRP areas and inter-state movement without permission from the RMP Movement in and out of NRP areas without permission from the RMP Please refer to the List of Prohibited Activities
	Standing Orders
•	Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local

Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report

 Other orders issued from time to time by the Director General of Health

and MOH risk assessment.

<b>Effective Period</b>	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

Activity	Brief Description
21. Movement Control	<ul> <li>Unloading activities involving non-essential goods in the factories are limited to delivery and receipt of goods or cargo in existing stockpile available for import and export purposes only with a limited number of employees</li> </ul>
	• Unloading activities involving essential goods are not subject to this restriction and operates as usual.
	<ul> <li>Public land and sea transportation services such as worker transport, bus stops, express buses, LRT, MRT, ERL, monorail, ferries, and other public transport are allowed to operate based on 50% of the vehicle capacity (operational hours and frequency is subject to the Ministry of Transport).</li> </ul>
	<ul> <li>Movement in cases of death, natural disaster is allowed after obtaining permission from the RMP.</li> </ul>
	<ul> <li>Movement for disaster or humanitarian relief by NGOs must obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the affected area and the assistance must be channelled through the Disaster Operations Control Center in that area.</li> </ul>
	<ul> <li>Inter-district and inter-state movement for the purpose of COVID-19 vaccination in Vaccination Centres (Pusat Pemberian Vaksin [PPV]) in a district or state outside their residential area is allowed by showing appointment details through the MySejahtera app, online or SMS.</li> </ul>
	• State Assemblymen and Members of Parliament <b>are</b> allowed to cross districts and states to visit their respective constituency without organizing any event.
	<ul> <li>Movement for Short Term Business Travellers under the One Stop Centre (OSC) Initiative for official or business purposes is allowed after obtaining permission from the RMP.</li> </ul>



and services

# NATIONAL RECOVERY PLAN (NRP) – PHASE 1 SOP UPDATED : 17 SEPTEMBER 2021



			~~~		l
	_	 			•

Permitted Essential Service sectorsPurchasing / obtaining essential goods

**Permitted Activities** 

- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
Lifective Feriou	As prescribed in the	remitted mours	As prescribed in the	MOVELLIELL	Conditional
	brief description	for Activities	brief description		

Activity	Brief Description
22. Civil Service	Subject to the current orders of the Chief Secretary to the Government (KSN).
	• Implement a <b>full Work From Home (WFH) arrangement</b> excluding frontliner services, security, defense and enforcement
	<ul> <li>Attendance at the Office is allowed only for essential services and not exceeding 40% at any one time based on priority to work processes that cannot be implemented by WFH such as the payment of contracts / invoices / salaries, payment / distribution of monthly / periodic aid to citizens, maintenance / security of the premises, ICT technical management for system maintenance and online meets and document preparation involving Cabinet.</li> </ul>
	Government service counters are allowed to physically operate from 1 July 2021 onwards involving:
	a) Services that cannot be rendered online;
	b) Counter staff capacity does not exceed 50%; and
	c) Physical attendance of customers is only through appointments.
	Attendance to the office must be accompanied by an official order document and employee pass.
23. Private Sector	<ul> <li>All essential service sectors approved by the relevant Ministry or Agency can operate during the NRP period subject to an approval letter of the relevant Ministry effective 1 June 2021. The movement of workers is subject to the registration or operating approval letter or employee pass or employer confirmation letter.</li> <li>Employee attendance capacity for the private sector in the essential services including operations and</li> </ul>
	management is limited to 60%.
	16





### **Permitted Activities**

- · Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

	Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
$\neg$		brief description	for Activities	brief description		

Activity	Brief Description
24. Meetings	Meetings must be conducted via video conferencing.
25. Seminars, Workshops, Courses, Training and Lectures	<ul> <li>Seminars, workshops, courses, training and lectures are not allowed except for ongoing internal training that can be conducted in training areas through the Camp Based Training method.</li> <li>Seminars, workshops, courses, training and lectures conducted online are allowed.</li> <li>Critical interviews which must be conducted face-to-face and online are allowed.</li> </ul>





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period As prescribed in the brief description Permitte

prescribed SOP.

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

•	ACTIVITY AND PRO	ACTIVITY AND PROTOCOL							
	Activity	Brief Description							
	26. Business and Services	<ul> <li>Restaurant operators including those in hotels, sports and recreational clubhouses, eateries, dining outlets, food trucks, roadside hawkers, mobile hawkers, food courts, hawker centres, roadside stalls or kiosks, are allowed to operate between 6:00am to 10:00pm.</li> </ul>							
		<ul> <li>Food sale activities are by takeaway, drive through or delivery EXCEPT for dine-in services for fully vaccinated customers. Dine in services for social functions are not allowed.</li> </ul>							
		Park & dine services are not allowed.							
		• Grocery stores, convenience stores, personal care stores and mini marts are <b>allowed</b> to operate between <b>8:00am to 8:00pm</b> .							
		<ul> <li>Daily necessity stores such as hardware stores, vehicle workshops, baby goods stores and religious goods are allowed to operate between 8:00am to 8:00pm.</li> </ul>							
		<ul> <li>Healthcare services such as hospitals, clinics, and medical laboratories can operate 24 hours or in accordance with their operational license.</li> </ul>							
d		Pharmacies can operate from 8:00am to 8:00pm.							
u S)		<ul> <li>Petrol stations can operate from 6:00am to 8:00pm except for petrol stations on highways which can operate 24 hours.</li> </ul>							
е		• Supermarkets, hypermarkets, and departmental stores can be open from 8:00am to 8:00pm.							
al		<ul> <li>Book and stationery stores, computer and telecommunications stores are allowed to operate from 8:00am to 8:00pm.</li> </ul>							
or rt		<ul> <li>Veterinarians and pet food stores are allowed to operate from 8:00am to 8:00pm.</li> </ul>							
rt e		<ul> <li>Laundry services, self-service laundromats and optical stores are allowed to operate from 8:00am to 8:00pm. Self-service laundromats must ensure an employee is on the premises with adherence to the prescribed SOP.</li> </ul>							





UPDATED: 17 SI
Permitted Activities
<ul> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>
Prohibited Activities
<ul> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>
Standing Orders
<ul> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time</li> </ul>

by the Director General of Health

_						
	<b>Effective Period</b>	As prescribed in the	<b>Permitted Hours</b>	As prescribed in the	Movement	Conditional
		brief description	for Activities	brief description		

	Activity	Brief Description		
	27. Markets	<ul> <li>Day markets and public markets can operate from 6:00am to 4:00pm subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.</li> </ul>		
		<ul> <li>Controlled Fresh Markets (Pasar Segar Terkawal – PST) are allowed to operate from 7:00am to 2:00pm.</li> </ul>		
		<ul> <li>Permanent Farmers Markets (Pasar Tani Kekal – PTK), MyFarm Outlets (MFO) and Local Farmer Organization Complexes (Komplex Pertubuhan Peladang Kawasan – PPK) are allowed to operate from 6:00am to 4:00pm.</li> </ul>		
		<ul> <li>Wholesale markets are allowed to operate from 12:01am to 6:00am and 11:00am to 4:00pm with compliance to SOPs and supervision of RELA or LA officers.</li> </ul>		
		<ul> <li>The morning market and farmers market are allowed to operate from 7.00 am to 11.00 am with compliance with SOPs and supervision of RELA or LA officers.</li> </ul>		
		<ul> <li>Night markets and weekly markets are allowed to operate subject to the Local Authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.</li> </ul>		
d (s)		<ul> <li>Customers who wish to enter morning market, farmers' market, night market and weekly market areas MUST show a COVID-19 Vaccination card/ Digital Certificate which proves that the customer is fully vaccinated.</li> </ul>		
ง   เป	28. Mining and Quarrying	The operation of mines and quarries and the maintenance work of mines and quarries allowed in accordance to the Mining and Quarrying SOPs		
r t	29. Agriculture, Fisheries,	<ul> <li>Refer to the List of Essential Services by Sector that is allowed to operate.</li> <li>Fishing activities for sustenance purposes are allowed.</li> </ul>		
э	Livestock, Farming and Commodities	19		





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period As prescribed in the brief description Permitted Hours for Activities As prescribed in the brief description Conditional

•	ACTIVITY AND PROTOCOL			
	Activity	Brief Description		
	30. Education	<ul> <li>All schools and educational institutes under MOE, private educational institutes under the school category and centres such as tuition centres, language centres, skill centres, counselling centres and others registered under MOE are to be closed.</li> </ul>		
		• All in-person <i>Pengajaran dan Pembelajaran</i> (PdP) activities are not allowed and must continue to be conducted through the <i>Pengajaran dan Pembelajaran di Rumah</i> (PdPR) method.		
		<ul> <li>International school and expatriate school students involved with international examinations are allowed to attend to sit for their examination according to the examination schedule set by the international examination body.</li> </ul>		
		<ul> <li>All Public &amp; Private Higher Educational Institutions, Vocational Institutes, other schools under the Ministry of Education (MOE), tahfiz centers and other educational institutes are to be closed. HEIs under the purview of the Ministry of Higher Education (MOHE) can continue online.</li> </ul>		
		• All Skills Training Institutes, schools other than under the MOE, including tahfiz centers and other educational institutions is subject to the relevant Ministry/ Agency.		
d s)		<ul> <li>All HEIs under the supervision of MOHE are opened in stages to students who are fully vaccinated but however actual admission is subject to the capacity of the HEI</li> </ul>		
е		<ul> <li>All face-to-face PdP Teaching and Learning activities in HEIs are allowed for students who are fully vaccinated by adhering to the SOP. PdP hybrid mode will be implemented for students who are on campus while PdP online mode will continue for students who have not yet returned to campus</li> </ul>		
al		<ul> <li>International examinations and professional bodies as well as research activities which require laboratory</li> </ul>		
or rt		facilities at HEIs are <b>allowed</b> in accordance with the relevant HEI SOP and movement must be accompanied by confirmation from the Ministry of Higher Education (MOHE) or relevant HEI.		
е		• Students in boarding school, universities or educational institutes are allowed to be in the boarding school, university or institution and continue hybrid learning.		



# **UPDATED: 17 SEPTEMBER 2021**



# NATIONAL RECOVERY PLAN (NRP) – PHASE 1 SOP

	Permitted Activities
	Permitted Essential Service sectors Purchasing / obtaining essential goods
•	and services Obtaining healthcare treatment &

- medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- **Emergency Ordinance (Prevention and** Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

**Effective Period** As prescribed in the **Permitted Hours** As prescribed in the Movement Conditional brief description for Activities brief description

	Activity	Brief Description
	31. <i>Tabikas</i> , Childcare Centers, Kindergartens, Daycare Centers	<ul> <li>Tabikas, childcare centers, daycare centers, private kindergartens, kindergartens in private, international and expatriate schools as well as mind development centers for children between the ages of 4 and 6 are allowed to operate for children whose parents and guardians are working. Operators in these centres need to be fully vaccinated.</li> </ul>
	and Residential Daycare Centers	<ul> <li>Residential care centers or rehabilitation centers for children, People with Disabilities, senior citizens, women and multi-purpose care centers are <b>allowed</b> to operate in accordance with the SOPs prescribed under the relevant Ministry, Department or Agency.</li> </ul>
		<ul> <li>Parents or guardians sending children to childcare centers are allowed to in accordance with the vehicle capacity.</li> </ul>
	32. Religion	• Prayer activities at mosques and <i>surau</i> s are <b>allowed</b> for fully vaccinated individuals subject to the regulations and SOPs prescribed by the State Religious Authority.
   t		• The Muslim akad nikah only are <b>allowed</b> in Religious Departments / Agencies with attendance in accordance with State Religious Authority directives.
)		Muslim funeral arrangements are <b>allowed</b> in accordance with State Religious Authority directives.
•		• Prayer activities at Non-Muslim Houses of Worship are <b>allowed</b> for fully vaccinated individuals subject to the regulations and SOPs prescribed by the Ministry of National Unity (KPN).
֓֞֝֞֝֞֞֜֞֝֓֓֓֓֓֓֓֓֓֓֜֟		• The registration of marriages for non-Muslims at the National Registration Department (NRD), Houses of Worship and Religious Associations is <b>allowed</b> with attendance according to NRD directives.
t		<ul> <li>Non-Muslim funeral arrangements are allowed in accordance with the Ministry of National Unity directives.</li> </ul>
∍		21



Authorities.

# NATIONAL RECOVERY PLAN (NRP) – PHASE 1 SOP UPDATED: 17 SEPTEMBER 2021



UPDATED: 17 SE
Permitted Activities
<ul> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>
Prohibited Activities
<ul> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>
Standing Orders
<ul> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local</li> </ul>

 Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report

 Other orders issued from time to time by the Director General of Health

and MOH risk assessment.

_						
	<b>Effective Period</b>	As prescribed in the	<b>Permitted Hours</b>	As prescribed in the	Movement	Conditional
		brief description	for Activities	brief description		

Activity	Brief Description
33. Sports and Leisure	For individuals who <b>have not</b> yet completed or received full vaccination, these are the following activities allowed:
	<ul> <li>Individual sports and recreational activities can be carried out in outdoor areas including outdoor public parks with compliance to physical distancing of at least 1 to 3 meters and conducted within the same district from 6:00am to 8:00pm. Such activities include jogging, exercising, cycling, skateboarding, inline skating and the like.</li> </ul>
	<ul> <li>The operations of all indoor sports and recreational facilities including gym, fitness centres, etc are LIMITED only to required management purposes (finance, maintenance and the like) with compliance of not exceeding 30% workforce capacity including management and operations.</li> </ul>
	The operations of outdoor public parks are <b>SUBJECT</b> to the Local Authorities (LA).
	<ul> <li>Participation of Malaysian technical officer coach athletes to tournaments or competitions or matches abroad SUBJECT to the approval of the Malaysian Immigration Department (WITH KBS/ MSN support)</li> </ul>
	<ul> <li>Hosting of tournaments / competitions organised by the National Sports Council (MSN) private Malaysian Football League matches by the Malaysian Football League (MFL) using the SPORTS BUBBLE model without the attendance of spectators or supporters.</li> </ul>



### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

**Effective Period** 

As prescribed in the brief description

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

### **ACTIVITY AND PROTOCOL**

### LIST OF ESSENTIAL SERVICES ALLOWED TO OPERATE

- 1. Food and beverage, including for animals
- 2. Healthcare and medication including supplements, personal care and animal clinics as well as veterinary services
- 3. Water
- 4. Energy
- 5. Security and safety, defense, emergencies, welfare and humanity support
- 6. Waste management and public sanitation and sewerage
- 7. Transport through land, water or air
- 8. Port, shipyard and airport services and operations including unloading, *laiter* transport, cargo handling and pilotage *(pemaliman)*, and storage or bulk commodity
- 9. Communications including media, telecommunications and internet, post and courier and broadcasting (only for the purpose of conveying information, news and the like)
- 10. Banking, insurance, *takaful* and capital markets (60% entire capacity subject to the Financial Services Sector SOP by Bank Negara Malaysia)
- 11. Community credit and pawn shops
- 12. eCommerce and information technology
- 13. Production, distillation, storage, supply and distribution of fuels and lubricants
- 14. Hotel and accommodation (only for the purpose of quarantine, segregation, work for the essential services and not tourism purposes)
- 15. Critical construction, maintenance and repair
- 16. Forestry services (limited to enforcement) and wildlife
- 17. Legislature and the judiciary
- 18. Lawyers and commissioner of oaths
- 19. Accounting services.
- 20. Professional and consultancy services (subject to the relevant Professional Body regulatory authority)
- 21. Logistics limited to delivery of essential services





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

**Effective Period** 

As prescribed in the brief description

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

### **ACTIVITY AND PROTOCOL**

### **ESSENTIAL SERVICES ACCORDING TO SECTOR**

### A. Manufacturing (60% worker capacity)

- 1. Aerospace (components and maintenance, repair and overhaul MRO)
- 2. Food and beverage
- 3. Packaging and printing materials only related to food and health goods
- 4. Personal care items and detergents
- 5. Health care and medical products
- 6. Personal safety items, personal protective equipment (PPE) including rubber gloves and fire safety equipment
- 7. Components for medical devices
- 8. Electrical and Electronics (global economic chain importance)
- 9. Oil and Gas including petrochemicals and petrochemical products
- 10. Machinery and equipment related only to health and food
- 11. Textiles for PPE production only
- 12. Production, refining, storage, supply and distribution of fuels and lubricants





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

**Effective Period** 

As prescribed in the brief description

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

### **ACTIVITY AND PROTOCOL**

### **ESSENTIAL SERVICES ACCORDING TO SECTOR**

### B. Agriculture, Fisheries, Livestock, Farming and Commodities (Optimal Capacity)

- 1. Agriculture, fisheries and farming as well as its supply chain
- 2. Farming and commodities as well as its supply chain (palm oil, rubber, pepper and cocoa)

### C. Construction

- 1. Critical maintenance and repair work.
- 2. Public infrastructure construction works.
- 3. Building construction work that provides approved employee accommodation on the construction site or houses workers in approved Centralized Worker Quarters (CLQ).
- 4. Construction works implemented by G1, G2, G3 or G4 contractors.
- 5. Individual residence renovation works.
- 6. Government funded construction projects.
- 7. Land inquiry works.
- 8. Professional/ consultancy services involved in the construction sector.
- 9. Supply chain services involved in construction works allowed to operate.





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

**Effective Period** 

As prescribed in the brief description

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

### **ACTIVITY AND PROTOCOL**

### **ESSENTIAL SERVICES ACCORDING TO SECTOR**

### D. Distributive Trade

### With No Vaccination Condition

- 1. Shopping complexes are **OPEN only** for supermarkets, hypermarkets and departmental stores **INCLUDING** all listed essential services.
- 2. Supermarkets and hypermarkets.
- 3. Departmental stores
- 4. Pharmacies, personal care, convenience stores and mini marts.
- 5. Restaurants
- 6. Laundry (including self-service)
- 7. Pet care and pet food stores
- 8. Eyeglass and optical goods stores
- 9. Hardware stores
- 10. E-commerce (for all product categories)
- 11. Wholesale and distribution (only for all categories of essential service)
- 12. Vehicle, maintenance and spare part workshops
- 13. Other Specialty Retail Stores (petrol stations)
- 14. Books and stationery stores
- 15. Computer and telecommunication stores





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

**Effective Period** 

As prescribed in the brief description

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

### **ACTIVITY AND PROTOCOL**

### **ESSENTIAL SERVICES ACCORDING TO SECTOR**

### D. Distributive Trade

### With the Condition of Fully Vaccinated Customers

- 1. Car wash centers
- 2. Electrical and electronic stores
- 3. Home and kitchen appliance stores
- 4. Furniture stores
- 5. Sports equipment stores
- 6. Vehicle accessory stores
- 7. Vehicle distribution and sale centers
- 3. Clothing, fashion and accessory stores
- 9. Jewellery stores
- 10. Hairdressers and beauty centers/salons (for basic haircut services only)
- 11. Florists/nursery stores
- 12. Outdoor equipment stores
- 13. Property showroom galleries
- 14. Photography equipment/services stores
- 15. Used / 2<sup>nd</sup> hand stores
- 16. Souvenirs and handicraft stores
- 17. Antique shops
- 18. Toy stores
- 19. Carpet stores
- 20. Creative industry equipment and content stores
- 21. Cosmetics, Skincare and perfume stores
- 22. Tobacco stores (including vape and e-cigarettes)





### **Permitted Activities**

- · Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

**Effective Period** 

As prescribed in the brief description

**Permitted Hours** for Activities

As prescribed in the brief description

Movement

Conditional

### **ACTIVITY AND PROTOCOL**

### **ESSENTIAL SERVICES ACCORDING TO SECTOR**

#### E. Others

Any services, works, industry and business as determined by the Government after consultation with the authority regulating the service, work, industry and business in question.

ANY ACTIVITY NOT STATED IN THIS SOP IS PROHIBITED.





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period As prescribed in the brief description Permitted Hours for Activities As prescribed in the brief description Conditional

Activity	Brief Description				
LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)					
1. Economic Activities	<ul> <li>Spas, reflexology, massage centres, wellness as well as pedicure and manicure services.</li> <li>Cyber café and cyber centre operations.</li> <li>Maritime Training Centers and Aviation Training Centers.</li> <li>Casino</li> </ul>				
2. Social Activities	<ul> <li>Government and private sector Official or Non-Official events.</li> <li>Social Events such as ceremonies, celebratory events, akad nikah or engagement celebrations, weddings, receptions, aqiqah ceremonies, doa selamat, tahlil, anniversaries, birthday celebrations, reunions, retreats and other social gatherings.</li> <li>In-person seminars, workshops, courses, training, conferences, talks, exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE).</li> </ul>				





Permitted Activities				
<ul> <li>Permitted Essential Service sectors</li> <li>Purchasing / obtaining essential goods and services</li> <li>Obtaining healthcare treatment &amp; medicine</li> <li>Conducting Official Government business.</li> </ul>				
Prohibited Activities				
<ul> <li>Inter-district movement in NRP areas and inter-state movement without permission from the RMP</li> <li>Movement in and out of NRP areas without permission from the RMP</li> <li>Please refer to the List of Prohibited Activities</li> </ul>				
Standing Orders				
<ul> <li>Regulation 16 P.U. (A) 293/2021.</li> <li>Act 342.</li> <li>Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.</li> <li>Subject to conditions issued by the NSC and MOH.</li> <li>Orders and rules under the Local Authorities.</li> <li>Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.</li> <li>Other orders issued from time to time by the Director General of Health</li> </ul>				

	-				
Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional

	Activity	Brief Description		
LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)				
	3. Tourist and Cultural Activities	<ul> <li>Public tourist attractions such as zoos, farms, aquariums, edutainment centers, extreme, adventure, nature parks, etc.</li> </ul>		
		Theme Parks, Family Entertainment Centres, indoor playgrounds and karaoke including family karaoke		
		Inter district and state travels for tourist activities		
		<ul> <li>Overseas tourist activities by citizens and domestic tourism activities that involve foreign tourists entering Malaysia.</li> </ul>		
	4. Sports and Recreational Activities	<ul> <li>All sports and recreational activities take place in the fitness center &amp; gym including fitness studios EXCEPT for the National Sports Council (Council), State Sports (MSN Negeri) and teams under the Malaysian Football League</li> </ul>		
		<ul> <li>Sports and recreational activities performed EXCEEDING the prescribed capacity of spectators or supporters allowed in sports and recreation venues</li> </ul>		
,   		<ul> <li>Organizing local tournaments or competitions or matches and international EXCEPT indoor tournament competitions organized by the National Sports Council (and tournament organized by the Malaysian Football League)</li> </ul>		
.		<ul> <li>Participation of Malaysian technical officer coaches athletes to tournaments or competitions or matches abroad WITHOUT the approval of the Malaysian Immigration Department (and KBS/ MSN support)</li> </ul>		
		<ul> <li>Sports and recreational activities conducted outside or beyond areas where movement control is in force UNLESS permission is obtained PDRM</li> </ul>		
, I		30		





### **Permitted Activities**

- Permitted Essential Service sectors
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business.

### **Prohibited Activities**

- Inter-district movement in NRP areas and inter-state movement without permission from the RMP
- Movement in and out of NRP areas without permission from the RMP
- Please refer to the List of Prohibited Activities

### **Standing Orders**

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

<b>Effective Period</b>	As prescribed in the	<b>Permitted Hours</b>	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

### **ACTIVITY AND PROTOCOL**

Activity	Brief Description
LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)	
5. Entertainment Activites	Night Club or pub
6. Other Prohibited Activities	<ul> <li>Any activity that can cause the attendance of many people in one place, rendering physical distancing and compliance with orders from the Director-General of Health difficult.</li> <li>Other matters as decided by the Government from time to time.</li> </ul>

DISCLAIMER: This unofficial translation is based on the original document which is written in the Malay language. Should there be any inconsistency or difference between this translation and the original document, kindly note that the original document is the governing and prevailing version.