



ALAYSIA AVSIA					(11.25.80		
Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional	
 Purchasing / obtaining essential goods and services. 	ACTIVITY AND PRO	OTOCOL		•			
 Obtaining healthcare treatment & medicine. 	Activity	<u> </u>	В	rief Description			
Conducting Official Government business.	1. Areas Involved	PERLIS, SARAWAK, TERENGGANU, PAHANG, MELAKA, SELANGOR, F.T. KUALA LUF.T. PUTRAJAYA.					
Prohibited Activities							
Inter-district movement in NRP areas except with permission as stated in the		* For Sarawak, please	e refer to the National	Recovery Plan – Sarawak S	SOP Phase 3		
Phase 3 NRP SOP. • Please refer to the List of Prohibited		** For areas enforced dates the EMCO ends	•	SOP in those areas are in e	effect until the	ir respective	
Activities	2. Effective Period	2. Effective Period Commencing 16 August 2021 (commencing 12:01 am)					
Standing Orders		*F T		-(
 Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and Control of Infectious Diseases) 	*For Terengganu, it commences on 17 September 2021 (12.01am) **For Pahang, it commences on 24 September 2021 (12.01am).						
(Amendment) 2021.Subject to conditions issued by the NSC and MOH.		***For Melaka, Selanç (12.01am).	gor, F.T. Kuala Lumpu	ır and F.T. Putrajaya it comı	mences on 1 C	october 2021	
Orders and rules under the Local Authorities.	3. Full Vaccination	Individuals who have b	peen fully vaccinated ar	e individuals who have met th	e following crite	eria:	
 Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 		AstraZeneca (Oxfo	ord AstraZeneca), Cord	(such as Cormirnaty (Pfizer BonaVac (Sinovac), Spikevax (Notes that have passed the 14th day	Moderna) and C	Covilo	
		•	•	dose (such as COVID 19 Jans question must have passed the	,	•	

injection.





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Activity	Brief Description
4. General Health Protocol	• It is mandatory for the license holder and premise owner to provide a MySejahtera QR code and a customer attendance registration book.
	 Hand sanitizers are to be provided at entrances and to ensure its use before entry.
	 Use of the MySejahtera app is mandatory in areas with extensive internet access. Use of the customer attendance registration book is only allowed for areas without internet access or for other reasonable reasons (senior citizens, no smartphone and others).
	 The license holder and premise owner to ensure customers check-in to the premises using MySejahtera or to manually write down their name and telephone number if there is no internet access.
	• It is mandatory for employers, workers, customers and visitors to check in with MySejahtera or to manually write down their name and telephone number legibly before entering the premises including at Government, private sector and individual offices.
	 For shopping centres, supermarkets or departmental stores, customers only need to scan their body temperature once at the entrance to the complex and not at every business premise within one complex.
	 A person with a body temperature of above 37.5 degree Celsius is not allowed to enter the complex and premises.
	 The owner of the complex and premises outside the complex must ensure that only customers with the status "Low Risk" including "Casual Contact Low Risk" in the MySejahtera app or a COVID-19 Vaccination Card are allowed inside their respective complex / premises.
	• The license holder and premise owner to ensure control on the entry and exit movement of customers on the premises with at least 1 meter physical distancing.





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	ACTIVITY AND PROT	DCOL			
	Activity	Brief Description			
	4. General Health	 Individuals aged 18 and below are not encouraged to be in public areas and facilities. 			
Protocol		 The license holder and premise owner to limit the number of customers on the premises with physical distancing of at least 1 meter radius at any given time. 			
		• Every premise must display the maximum number of customers at any given time. The use of a queue numbering system is encouraged for customers entering a premise.			
		All building owners must provide a QR code for each floor.			
		• Employees, suppliers and customers are required to wear face masks correctly in accordance with MOH recommendations while on the premises.			
d (To ensure there is VENTILATION AND a good VENTILATION SYSTEM on the premises based on the ventilation and indoor air quality guidelines issued by the Department of Occupational Safety and Health (DOSH). 			
,		• It is mandatory to wear face masks especially while in congested public areas except for the following activities and areas:			
l		a) Hotel rooms or privately paid accommodation involving members of the same household.b) Individual workspaces.			
r I		c) Outdoor sports and recreational activities.d) Own vehicles involving members of the same household.			
/		e) Indoor or outdoor areas and public places without any other individual.f) While eating and drinking in public without any other individual (other than in restaurants or			
		eateries).			



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	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS				
Activity	Brief Description				
5. Inter-District and Inter-State Movement for Long Distance Married Couples (PJJ)	 Long-distance married couples are allowed to cross districts and states for the purpose of meeting their respective partners with the condition that both must have been fully vaccinated with PDRM confirmation and produce: A copy of the husband and wife's identity card A copy of the marriage certificate/ card A copy of the husband and wife's COVID-19 Vaccination Card/ Digital Certificate A copy of documentary evidence of the husband/ wife's residence or employer confirmation letter. Showing a permission letter approved by PDRM when passing roadblocks (SJR). 				
6. Inter-District and Inter-State Movement for Parents/ Guardians with Long Distance Children (Below 18 Years)	 Parents/ guardians who have children under the age of 18 residing in a different district or state are allowed to cross districts and states to meet their respective children with the condition that both parents / guardian must be fully vaccinated with PDRM confirmation and produce: A copy of the parents' identity card and child's birth certificate/ document A copy of the parents' / guardian's COVID-19 Vaccination Card/ Digital Certificate The child's schooling information (if relevant) Showing a permission letter approved by PDRM when passing roadblocks (SJR). 				



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7. Citizens and Foreigners Returning/ Arriving from Overseas	 Citizens and foreign travellers with a residence in Malaysia (including PR and Malaysia MY Second Home) returning or arriving from abroad who are fully vaccinated are allowed to undergo mandatory quarantine at home and will be given a digital Home Surveillance and Observation Order (HSO) subject to risk assessment by the Ministry of Health (MOH) and further details issued by MOH. Showing evidence of a negative RT-PCR test report that is valid and conducted 3 days before departure. Having a valid and complete COVID-19 vaccination certificate (dependent on the type of vaccine). No symptoms during the health screening conducted at Malaysia's International Arrival Gate. Having a suitable residence to carry out quarantine.
	 Individuals returning / arriving from abroad who have not been fully vaccinated or vaccinated at all must undergo quarantine at a designated quarantine centre subject to further details issued by the Ministry of Health (MOH).
	 The mandatory quarantine period for travellers from all countries is 14 days and can be extended for another 7 days if required based on the risk assessment result conducted on the 14th day
	 Travellers are required to conduct a daily self-assessment through the Home Assessment Tool (in the MySejahtera application and this assessment must be continued until the end the quarantine period which is either 14 days or 21 days from the date of arrival.
	 Travellers are required to undergo a RT PCR COVID 19 detection test upon arrival at PMA. Repeat of the RT PCR COVID 19 detection test must be conducted on day 10, or day 18 for travellers who have to undergo quarantine for 21 days.
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Activity	Brief Description					
8. Religion	 Prayer activities in mosques and suraus for fully vaccinated individuals are allowed subject to the regulations and SOPs prescribed by the State Religious Authority. 					
	 Prayer activities in Non-Muslim Houses of Worship (RISI) for fully vaccinated individuals are allowed subject to the regulations and SOPs prescribed by the Ministry of Unity. 					
9. Tourism	Tourism activities are only allowed in the same state only that involving hotels and <i>homestays</i> .					
Activities	 Guests who have been fully vaccinated are allowed domestic tourism activities by submitting COVID- 19 Vaccination Card/ Digital Certificate upon checking-in. 					
	 Hotel and homestay operators need to ensure individuals who wish to enter the premises MUST show a COVID-19 Digital Vaccination Certificate proving the individual have been fully vaccinated. 					
	 Couples who have received a complete vaccination are allowed to bring children aged 18 years and below for tourism activities in hotels and homestays by adhering to general health protocols. 					
	The tourism bubble on Langkawi Island is allowed for tourists who are fully vaccinated with compliance with the Island Domestic Tourism Bubble SOP – Langkawi.					



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10. Cruise Ships	 Cruise Ships are allowed with 50% ship capacity provided all ship crew and passengers have been fully vaccinated Pub and nightclub activities are not permitted. 		
11. Manufacturing and Construction Sector, Mining and Quarrying	 For the manufacturing and construction sector that have achieved a fully vaccinated rate of the workforce as follows: a) 80 -100%: Allowed to operate with 100% workforce capacity. b) Less than 80%: Allowed to operate with up to 80% workforce capacity only. RTK Antigen tests to be conducted on workers every 2 weeks with the cost borne by the employer. 		



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Activity	Brief Description
12. Spa, Wellness and Massage	 Spa, wellness and massage center business operations are allowed for fully vaccinated visitors and operators.
Centers	• Employees and customers must be fully vaccinated, are not a COVID-19 positive case, not a close contact to a positive case and non-symptomatic.
	 Only allowed for customers with appointments. Walk-ins are not allowed.
	• The wearing of gloves (disposable types), a face mask, and face shield while conducting activities.
	 Replacing (including gloves, bed or mattress or chair coverings) and sanitizing equipment including face shields for every customer.
	Ensuring the ventilation system is maintained on a scheduled basis.
	Audits by MOTAC including:
	Spa operators must declare the total number of fully vaccinated employees and produce this to MOTAC before they are allowed to operate.
	An SOP Self-Compliance Program especially for ventilation on the premises.
	Spot check and scheduled audits conducted by MOTAC.
	➤ COVID-19 screening tests for symptomatic employees.



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1		•		•		
4		brief description	for Activities	brief description		

	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS
Activity	Brief Description
13. Sports and recreation	 All sports and recreational activities including physical contact or non-contact, performed individually or in groups in an OUTDOOR area or INDOOR are allowed but RESTRICTED to individuals who are FULLY VACCINATED only from 6.00 am to 12 midnight subject to movement control regulations in effect.
	 Operation of all OUTDOOR sports and recreational facilities are allowed to OPEN (with compliance with the General SOPs of the Sports and Recreation Sector WITH supervisory control. Attendance of employees is not more than 80% workforce including management and operations Utilisation of these facilities are only for FULLY VACCINATED individuals for activities with physical contact and individuals who have received a complete vaccination are also allowed to bring children under the age of 18 for such activities with strict SOP compliance.
	 Operation of all INDOOR sports and recreation facilities are allowed with compliance to 50% area utilization capacity WITH supervision. Attendance of employees are not more than 80% workforce including both management and operations staff. Utilization of facilities are only allowed among individuals who are fully vaccinated only for activities with physical contact and individuals who have received complete vaccinations are also allowed to bring children under the age of 18 for such activities in strict compliance with the SOP.



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1		•		•		
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	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS
Activity	Brief Description
13. Sports and recreation	 Sports and recreational activities or exercises that are in contact or not in physical contact performed in groups in a controlled manner and WITH supervision are subject to 50% area utilisation capacity, or not exceeding 250 people at any one time including parents, instructors, coaches (whichever lower). Individuals who are fully vaccinated are also allowed bring children under the age of 18 for the activity with strict SOP compliance.
	• The organization of all contact or non-physical contact tournaments or competitions at the state/ national district/community level WITH PERMISSION from the Ministry of Youth and Sports (KBS) only.
	• The organization of tournaments/ competitions/ mass sporting events WITH the permission of KBS LIMITED with participation not exceeding 250 people at any one time.
	 Organizing international level tournaments or competitions according to the SPORTS BUBBLE model subject to KBS PERMISSION only.
	• The attendance of spectators/ supporters to sports and recreation venues are SUBJECT to 30% area/ seating capacity or 10,000 attendees (whichever is lower) LIMITED to FULLY VACCINATED individuals aged 18 and above only. Spectators/ supporters must wear a face mask and there are to be no eating or drinking activities while at the sports and recreation venue.
	 The operations of all public outdoor and partially-outdoor sports and recreational facilities including swimming pools/ water sports and recreational premises (outdoor/ partially-outdoor) are subject to the Local Authorities (LA)/ Relevant Authority.



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	ALLOWANCES FOR FULLY VACCINATED INDIVIDUALS
Activity	Brief Description
14. Official Government and Private Sector Events	 Official Government and private sector events including launches and the like is allowed with the following conditions: The organizer and attendees must be fully vaccinated, are not COVID-19 positive cases, are not a close contact to a positive case and do not have symptoms. Non-vaccinated individuals must undergo a pre-event test using a self-test kit (saliva) before attending, witnessed by the organizer or with confirmation from a medical practitioner. Only involving 50% of the premise area/ hall/ venue capacity. Any food provided must be in packed form.
15. Seminars, Workshops, Courses, Training and Talks	 Seminars, workshops, courses, training and talks are allowed with the following conditions: The organizer and attendees must be fully vaccinated, are not COVID-19 positive cases, are not a close contact to a positive case and do not have symptoms. Non-vaccinated individuals must undergo a pre-event test using a self-test kit (saliva) before attending, witnessed by the organizer or with confirmation from a medical practitioner. Only involving 50% of the premise area/ hall/ venue capacity. Any food provided must be in packed form.





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ACTIVITY AND PROTOCOL

of the vehicle.

	Activity	Brief Description
	16. Movement	Inter-district movement within the same state is allowed .
	Control	 Inter-state movement (based on district boundaries set by the State Government) is not allowed except for long -distance spouses, long-distance children and individuals who have approved travel permission by MOH and RMP.
		 Selangor, F.T. Kuala Lumpur and F.T. Putrajaya are considered as one infection area.
		 The Royal Malaysian Police (RMP) is responsible for exercising control over infected areas with the assistance of ATM, APM & RELA. Entry and exit routes of MCO areas are closed and entry is controlled by the RMP.
		• Movement for individuals who have been fully vaccinated is allowed based on the capacity of the vehicle.
		Individuals are allowed to bring children 18 years of age and under with adherence to general health protocols.
ן נ		However, for those who have not been fully vaccinated:
;		Only three (3) people from the same household are allowed to go out to only obtain food supplies, medicine, supplements and basic necessities.
ı		A maximum of three (3) people including the patient is allowed to go out to obtain healthcare services, medication, test screening, vaccination program, safety or emergency.
r H		• The number of passengers allowed in a taxi and e-hailing is limited to only three (3) people including the driver, the passenger must be seated at the back.
,		• The number of people allowed in a vehicle carrying goods as well as for the economic or industry activity chain including worker transport is dependent on the commercial vehicle registration license.
		• The number of people allowed in a Department Vehicle or an Official Post Car is based on the capacity

• Activities and services at all airports and ports are **allowed** to operate 24 hours.





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• Public land and sea transportation services such as bus stops, express buses, ferries and other public 16. Movement Control transport are **allowed** to operate based on full vehicle capacity. • Unloading activities on premises, at factories and ports are allowed. • Movement in cases of death, natural disaster is **allowed** after obtaining permission from the RMP. • Movement for disaster or humanitarian relief by NGOs must obtain permission from the State Disaster Management Committee or District Disaster Management Committee in the affected area and the assistance must be channelled through the Disaster Operations Control Center in that area. • Inter-district and inter-state movement for the purpose of COVID-19 vaccination in Vaccination Centres (Pusat Pemberian Vaksin [PPV]) in a district or state outside their residential area is allowed by showing appointment details through the MySejahtera app, online or SMS. • State Assemblymen and Members of Parliament are allowed to cross districts and states to visit their respective constituency. • Movement for Short Term Business Travellers under the One Stop Centre (OSC) Initiative for official or business purposes is **allowed** subject to permission from the RMP. Crossing states and districts for long distance married couples who have been fully vaccinated are allowed between Phase 3 and Phase 2 states with the RMP permission and presenting below: > Copy of couples identification cards Copy of marriage certificate/card Copy of proof of residence of husband/ wife or employer's confirmation letter.



the Director General of Health

NATIONAL RECOVERY PLAN – PHASE 3 SOP UPDATED : 30 SEPTEMBER 2021



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 Conducting Official Government business. 	17. Civil Service	 Civil Service Subject to the current orders of the Chief Secretary to the Government (KSN). Government office operations are conducted on a hybrid basis through physical presence at the office and Work From Home (WFH) using the following approach: 					
Prohibited Activities							
 Inter-district movement in NRP areas except with permission as stated in the Phase 3 NRP SOP. 		Attendance at the office does not exceed 80% of the total (not including frontliners, security, defer and enforcement services) and 20% WFH on rotation.					
Please refer to the List of Prohibited Activities		➤ Counter services are open subject to the current orders of the Chief Secretary to the Government (KSN).					
Standing Orders		> Attendance to the off	ice must be accompani	ed by an official order docume	ent and employ	ee pass.	
• Regulation 16 P.U. (A) 293/2021.							
Act 342.Emergency Ordinance (Prevention and	18. Private	Inter-state movement of	workers is <mark>subject to th</mark>	ne employee pass or employe	r confirmation	<mark>letter.</mark>	
Control of Infectious Diseases) (Amendment) 2021.	Sector	Employee attendance c	apacity for the private s	sector is limited to 80%.			
 Subject to conditions issued by the NSC and MOH. Orders and rules under the Local 		 All private/ non-Govern fully vaccinated as follow 		wed to operate with the cond	ition that the e	employees are	
Authorities.		a) 80% to 100% : Allo	owed to operate with 10	00% workforce capacity.			
 Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. 		b) Less than 80%: Al	lowed to operate with w	orkforce capacity of up to 80%	% .		
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Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

Activity	Brief Description
19. Meetings	 Face-to-face meetings are allowed for fully vaccinated individuals WITH 50% capacity of meeting room. Non-vaccinated individuals must attend meetings through video conference. Meetings are encouraged to be carried out through video conferencing.
20. Interviews	Critical interviews which must be conducted face-to-face and online are allowed.





Permitted Activities

- Purchasing / obtaining essential goods and services.
- Obtaining healthcare treatment & medicine.
- Conducting Official Government business.

Prohibited Activities

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- Please refer to the List of Prohibited Activities

Standing Orders

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
- Other orders issued from time to time by the Director General of Health

Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional	
	brief description	for Activities	brief description			

Activity	Brief Description
21. Business and Services	 Restaurant operators including those at hotels, sports and recreation club houses, eateries, food stalls, food trucks, roadside hawkers, mobile hawkers, food courts, hawker centers, roadside food stalls or kiosks are allowed operate from 6.00 am to 12.00 midnight.
	• Food sale activities can be on a dine-in , take-away , drive-through or delivery basis . Dine-in services for social celebratory events are not allowed
	 Dine-in activities must be with physical distancing of at least 1 meter subject to the MDTCA NRP Phase 3 – Distributive Trade SOP.
	• Healthcare services such as hospitals, clinics, medical laboratories, veterinary hospitals and veterinary clinics can operate up to 24 hours or in accordance with their operating permit license.
	 Petrol stations including convenience stores at petrol stations are allowed to operate from 6.00am to 12.00 midnight except for petrol stations on highways which can operate 24 hours.
	 All distributive trade sectors are allowed operate from 6.00am to 12.00 midnight or in accordance with the terms of the license.



Unofficial Translation

MALAYSIA	(Section Habitation)	
	Permitted Activities	Effe
andObtmedCon	chasing / obtaining essential goods l services. aining healthcare treatment & dicine. nducting Official Government	<u>ACTI</u>
bus	Prohibited Activities	
exce Phase • Plea	r-district movement in NRP areas ept with permission as stated in the se 3 NRP SOP. ase refer to the List of Prohibited vities	
	Standing Orders	
Act 3Eme Con (AmSubj	ergency Ordinance (Prevention and	
Auth Subj Dyna MOI Othe	ers and rules under the Local norities. ject to the Hotspot Identification for amic Engagement (HIDE) report and H risk assessment. er orders issued from time to time by Director General of Health	23. A Live Com Man Con

Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
ACTIVITY AND PROTOCOL					

ACTIVITY AND PROTOCOL	
Activity	Brief Description
22. Markets	 Daily markets and public markets are allowed to operate from 6:00am to 4:00pm subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.
	 Controlled Fresh Markets (Pasar Segar Terkawal – PST) are allowed to operate from 7:00am to 2:00pm.
	 Permanent Farmers' Markets (Pasar Tani Kekal – PTK), MyFarm Outlets (MFO) and Local Farmer Organization Complexes (Komplex Pertubuhan Peladang Kawasan – PPK) are allowed to operate from 6:00am to 6:00pm.
	 Wholesale markets are allowed to operate from 12:01 am to 6:00am and 11:00am to 4:00pm subject to the local authorities (LA) with compliance to SOPs and supervision of RELA or LA officers.
	 Farmers' markets and morning markets are allowed to operate from 7:00am to 1:00pm.
	 Night markets and weekly markets are allowed to operate in accordance with their license/permit up to 12:00 midnight with compliance to SOPs and supervision of the authorities as well as RELA/LA officers.
23. Agriculture, Fisheries, Livestock, Farming,	 Agriculture, fisheries, livestock, farming, commodities and logging as well as their supply chains are allowed to operate.
Commodities, Logging, Manufacturing and Construction	Manufacturing and construction as well as their supply chains are allowed to operate.
24. Mining and Quarrying	 Mining and quarry operations are allowed subject to the Mining and Quarrying SOP.



UPDATED: 30 SEPTEMBER 2021



Permitted Activities

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Prohibited Activities

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- Other orders issued from time to time by the Director General of Health

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	Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
1		brief description	for Activities	brief description		

-	ACTIVITY AND PROTOCO	· -
	Activity	Brief Description
	25. Education	 All private educational institutions operating as Centres such as Language Center Tuition Center, Center Skills, Mind Development Center Training Center and other registered centers under the Ministry of Education Malaysia (operating face to face with rotation basis of 50% class capacity)
		 Reopening of all schools under the MOE and educational institutions registered under MOE to conduct face-to-face PdP Teaching and Learning sessions is subject to the decision of the MOE based on risk assessment advice and views from the Ministry of Health Malaysia and the National Security Council
		 The opening of Primary Schools: a. Special Needs Students (MBK) in National Special Education Schools and Special Integrated Education Programs (PPKI) attend without rotation; b. Private Pre-school and kindergarten students attend without rotation; and c. Other students conduct Pengajaran dan Pembelajaran at Home (PdPR).
		 The opening of Secondary Schools: a. Second Semester Form 6, Second Year International Baccalaureate Diploma and Third Semester Pre-University Program in National Sports Schools (SSM) students attend without shifts; b. MBK in National Special Education Secondary Schools/ National Special Vocational Secondary Schools and PPKI attend without shifts; c. Students of the Pre -University Program at SSM and students of the SPM public examination class, Higher Religious Certificate Malaysia (STAM), Malaysian Vocational Certificate (SVM), and Sijil Tinggi Persekolahan Malaysia (STPM) in full boarding schools at Full Boarding School, Religious National Secondary School, Government Aided Religious School (Full Boarding Art School and Sports Schools attend without rotation.



UPDATED: 30 SEPTEMBER 2021



Permitted Activities

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- Conducting Official Government business.

Prohibited Activities

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Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

L	<u>ACTIVITY AND PROTOCO</u>	<u>)L</u>
	Activity	Brief Description
	25. Education	 d. International General Certificate for Secondary Education (IGCSE) O-Level, A-Level and Australia Higher School Certificate and International Baccalaureate Diploma Programme international examination students attend without rotation;
		e. Other international examination students attend without rotation;
		f. Public examination students for SPM, STAM, SVM, STPM in public and private day schools attend with rotation; and
		a. Other students conduct PdPR.
		Matriculation College
		Students in the 2 semester system and four semester system (Sem3) will have PdP at the college / PdPR. Semester 1 students of the 4 semester system will have classes via PdPR.
		Teacher's Training Institute (IPG)
		a. PdP continues online until 6/7 November 2021 for students Preparatory Program for Bachelor of Teaching (Degree Program) Bachelor of Education (and Postgraduate Program in Education) and PdP Prime Mode will be implemented in a hybrid face-to-face on the IPG campus starting 7/8 November 2021
		b. PdP is continued online for students of the Diploma in Teaching Program Malaysia (and PDPP Course Mode During Holidays (PdP hybrid/face-to-face will be implemented from 11/12 December 2021.



UPDATED: 30 SEPTEMBER 2021



Permitted Activities

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Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional	
	brief description	for Activities	brief description			

Activity	Brief Description
25. Education	<u>Crossing States</u>
	 Students/Pupils who are involved are allowed to cross states to go to schools/educational institutions by using a confirmation letter from MOE/MARA or relevant ministry/agency.
	• The movement to and from the school/educational institution for students/pupils who are involved can be accompanied by a guardian.
	 The movement of teachers or lecturers to schools/educational institutions to cross states for the purpose of PdP is allowed with a confirmation letter from MOE / MARA or relevant ministry/agency.
	 Students/Pupils crossing states from Peninsular Malaysia to Sabah, Sarawak and F.T. Labuan or vice versa must comply with the current COVID-19 screening and quarantine rules.
	Movement Control for Students/Pupils Returning to Dormitories
	 Movement for the admission of students/pupils to dormitories is allowed with a confirmation letter from MOE / MARA or relevant ministry/agency for the purpose of crossing states.
	• Students/Pupils in dormitories must undergo a COVID-19 Self-Test Kit three (3) times, once before registration, on the 6th day and on the 14th day in the dormitory.
	 IPG students are encouraged to perform the COVID 19 Self -Kit Test the day before returning to IPG or perform swab test at a health facility and inform the IPG of the test results.









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Prohibited Activities

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- Please refer to the List of Prohibited Activities

Standing Orders

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- Other orders issued from time to time by the Director General of Health

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	Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
4		brief description	for Activities	brief description		

	Activity	Brief Description
	25. Education	• The skills training sector and industry training centers including vocational colleges, TVET, etc. are allowed to operate commencing 15 October 2021.
		• Schools other than those under the MOE, <i>tahfiz</i> centers and other educational institutions are subject to the relevant Ministry/Agency.
		 All HEIs under the supervision of MOHE are opened in stages to students who are fully vaccinated and have passed the effective period after full vaccination, however actual admission is subject to the capacity of the HEI.
		 All Pengajaran dan Pembelajaran (PdP) activities in HEIs conducted face-to-face/in groups/in gatherings are allowed for students who are fully vaccinated and have passed the effective period after vaccination with strict compliance to SOPs. PdP hybrid modes will be implemented for students on campus. Online PdP modes will be continued for students who have not yet returned to campus.
		 International examinations and professional bodies as well as research activities which require laboratory facilities at HEIs are allowed in accordance with the relevant HEI SOP and movement must be accompanied by a confirmation letter from the relevant HEI.
		 Students in boarding schools, universities or educational institutes are allowed to be in the boarding school, university or institution and continue hybrid learning.



UPDATED: 30 SEPTEMBER 2021



Permitted Activities

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Prohibited Activities

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Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional	
	brief description	for Activities	brief description			

	Activity	Brief Description
	26. Tabikas, Childcare Centers, Kindergartens,	 Childcare Centers and Daycare Centers under the Department of Social Welfare (JKM) are allowed to operate in accordance with prescribed SOPs.
	Daycare Centers and Residential Daycare Centers	• Tabikas, private kindergartens, kindergartens in private, international and expatriate schools as well as mind development centers are allowed to operate in accordance with prescribed SOPs.
	G G M G M G M G M G M G M G M G M G M G	 Residential care centers or rehabilitation centers for children, People with Disabilities, senior citizens, women and multi-purpose care centers are allowed to operate in accordance with the SOPs prescribed under the relevant Ministry, Department or Agency.
	27. Religion	 Activities at mosques and suraus are allowed in accordance with State Religious Authority directives.
) 		• The Muslim akad nikah is allowed in accordance with State Religious Authority directives.
;		• Muslim funeral arrangements and cemetery visits are allowed in accordance with State Religious Authority directives.
I		 Non-Muslim House of Worship activities are allowed in accordance with the Ministry of National Unity (KPN) directives.
]		• The registration of marriages for non-Muslims at the National Registration Department (NRD), Houses of Worship and Religious Associations is allowed with attendance according to NRD
′		directives.
		 Non-Muslim funeral arrangements and non-Muslim cemetery vists are allowed in accordance with KPN directives.
		22





Permitted Activities

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Standing Orders

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- Orders and rules under the Local Authorities.
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Effective Period	As prescribed in the	Permitted Hours	As prescribed in the	Movement	Conditional
	brief description	for Activities	brief description		

Activity	Brief Description
28. Sports and Leisure	For individuals who have not yet completed or received full vaccination, these are the following activities allowed:
	 All non-contact sports and recreational activities carried out INDOORS or OUTDOORS, must comply to physical distancing of at least 1 to 3 meters and from 6.00am to 12.00 midnight subject to the current effective movement control order.
	 The operations of all OUTDOOR sports and recreational facilities with compliance to the General Sports and Recreation Sector SOP WITH supervisory control. The attendance of workers should not exceed 80% workforce capacity encompassing management and operations.
	 Operation of all INDOOR sports and recreation facilities with compliance to 50% capacity of area utilization WITH control supervision. Attendance of employees is not more than 80% workforce covers management and operations.
	 The operations of public sports and recreational facilities are SUBJECT to the Local Authorities (LA). The entry of Malaysian athletes / coaches / officials / technicians to overseas tournaments or competitions or matches is SUBJECT to regulations by the Department of Immigration, Malaysia.
	 The entry of foreign athletes/ coaches/ officials/ technicians into Malaysia is SUBJECT to compliance with the regulations for the entry of foreigners into Malaysia.





Permitted Activities

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- Conducting Official Government business.

Prohibited Activities

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- Please refer to the List of Prohibited Activities

Standing Orders

- Regulation 16 P.U. (A) 293/2021.
- Act 342.
- Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021.
- Subject to conditions issued by the NSC and MOH.
- Orders and rules under the Local Authorities.
- Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment.
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Effective Period

As prescribed in the brief description

Permitted Hours for Activities

As prescribed in the brief description

Movement

Conditional

Activity	Brief Description
29. Creative Industries and Entertainment	 Development and broadcasting of creative content through recordings or live broadcasts Broadcasting through recording or live shows to convey information, or entertainment with fully vaccinated audience with 70% capacity of the studio's space. Creative content filming activities in and outside studios Busking.
	 Lounge hotel performances are allowed with 50% capacity of the premise area and physical distancing. Cinema activities are allowed provided employees and viewers have fully vaccinated with a 80% capacity of cinema screening hall space Live performance activities such as musical theatre, music and comedy with pre-registration for a fully vaccinated audience as well as a 70% audience capacity according to the premise's space



Authorities.

• Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. • Other orders issued from time to time by

the Director General of Health

NATIONAL RECOVERY PLAN – PHASE 3 SOP UPDATED : 30 SEPTEMBER 2021



Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
Purchasing / obtaining essential goods and services.	4.0TIV/ITV/ 4.1D. D	•	ioi Activities	brief description		
Obtaining healthcare treatment &	ACTIVITY AND P	ROTOCOL				
medicine.	Activity		Brief	Description		
Conducting Official Government business.	30. Tourist and Cultural	Only tourist and cultural ac the premise area as well as		state are allowed to operate elevant SOPs:	with 50% capa	city of visitors of
Prohibited Activities	Activities					
Inter-district movement in NRP areas		Public tourist attractions such as zoos, farms, aquariums, snorkeling, diving, fishing, edutainmen centers, recreational parks, extreme / adventure / nature parks, etc.				
except with permission as stated in the Phase 3 NRP SOP. • Please refer to the List of Prohibited		✓ Artwork, cultural and heritage premises such as museums, libraries, art galleries, cultural centres or villages, cultural performance stages, etc.			tural heritage art	
Activities		✓ Theme Parks and F	amily Entertainment C	entres.		
Standing Orders		Other tourist and cultural	activities OTHER than	n those under the Negative	List must follo	ow the available
 Regulation 16 P.U. (A) 293/2021. Act 342. Emergency Ordinance (Prevention and 		Tourist and Cultural Sector	SOPs which are curre	ntly effective.		
Control of Infectious Diseases) (Amendment) 2021.	31. Other Activities	Other activities are allowed	d except for those deci-	ded upon by the Government	rom time to tin	ne.
Subject to conditions issued by the NSC and MOH.						
 Orders and rules under the Local 						





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Permitted Activities	Effective Period	As prescribed in the brief description	Permitted Hours for Activities	As prescribed in the brief description	Movement	Conditional
 Purchasing / obtaining essential goods and services. Obtaining healthcare treatment & medicine. Conducting Official Government business. 	ACTIVITY AND PROTOCOL Activity Brief Description					
	LIST OF PROHIBITED ACTIVITIES (NEGATIVE LIST)					
Prohibited Activities	1. Entertainment	Activities at nightclubs or pubs.				
 Inter-district movement in NRP areas except with permission as stated in the Phase 3 NRP SOP. Please refer to the List of Prohibited Activities 	Activities					
	2. Social Activities	 Social Events such as ceremonies, celebratory events, akad nikah or engagement celebrations, weddings, receptions, aqiqah ceremonies, doa selamat, tahlil, anniversaries, birthday celebrations, reunions, retreats and other social gatherings. In-person activities related to Meeting, Incentives, Conventions and Exhibitions (MICE). 				
Standing Orders						
Regulation 16 P.U. (A) 293/2021.Act 342.						
 Emergency Ordinance (Prevention and Control of Infectious Diseases) (Amendment) 2021. Subject to conditions issued by the NSC and MOH. Orders and rules under the Local Authorities. Subject to the Hotspot Identification for Dynamic Engagement (HIDE) report and MOH risk assessment. Other orders issued from time to time by the Director General of Health 	3. Tourist and Cultural Activities	Inter-state tourist activities.				
		Overseas tourist activities. Demonstrate activities that involve foreign to write activities Malaysia.				
	_	Domestic tourist activities that involve foreign tourists entering Malaysia.				
	4. Sports and Recreational Activities	Sports and recreational activities EXCEEDING the prescribed capacity.				
		 Organizing any tournament/ competition/ sports and recreation event WITHOUT KBS permission. 				
		 Sports and recreational activities conducted outside or across areas where a movement control order is in force UNLESS PDRM permission is obtained. 				
	5. Other Prohibited Activities	 Any activity that can cause the attendance of many people in one place, rendering physical distancing and compliance with orders from the Director-General of Health difficult. 				

• Other matters as decided by the Government from time to time.